Conway Council on Aging Minutes, Meeting of June 4, 2025

Present: Gail Connelly, Hank Horstmann, Pat Kocot, Kathy Llamas, Pat Lynch, Carolyn Thayer, Robin Yerkes

Item 1: APPROVAL OF MINUTES The minutes of the May 7 meeting were approved.

Item 2: FINANCE REPORT

- The current balances were not available, but Carolyn informed us that without the Wells Trust grant, we would have no money available for the June foot clinic; we will have to use funds allocated for yoga as well as the town appropriation.
- We agreed that we will ask the town for more money for the fiscal year 2027.

Item 3: ACTIVITIES REPORTS

- Durable Medical Equipment Hank said that everything was "wonderful."
- Foot Clinics Pat K informed us that the chairs Kate purchased cost \$249 each, not \$200 and that Kate had purchased them from Amazon, so the receipt included sales tax, which the town will not pay. The chairs should have been ordered through the town account. After much discussion, we agreed that Patsy will talk to Kate about both issues. In addition, she decided to eliminate the ½-day nurse, which was chaotic, and increase the clinic time by one hour, to be changed to 8:30-4:30.
- Healthy Bones & Balance Classes Well attended when Gary is in town.
- **Senior Meals** One June meal will be based on when strawberries are available; it will be a strawberry social, perhaps on June 19. Carolyn and Pat K do the strawberry picking themselves.
- Walking Group The time for June will remain at 10:00 according to Phylis Dacey.
- Yoga Well attended.

Item 4: OLD BUSINESS

• Carolyn is still working on a holiday bus trip of some sort, gathering information on locations and prices. Kathy will work on it with her.

Item 5: NEW BUSINESS

Robin reported that she had received calls from older residents asking for help getting
their trash to the Transfer Station. Volunteers would be needed for this, which is an
ongoing problem. According to the town administration, TS attendants are not paid to
help residents, although some do so. Robin will talk to Véronique about changing this
policy. One question was whether help for elderly/disabled residents would be
discriminatory.

Next meeting: August 6