Conway Council on Aging Minutes, Meeting of May 7, 2025

Present: Gail Connelly, Hank Horstmann, Pat Kocot, Kathy Llamas, Pat Lynch, Carolyn Thayer; Winston Burt, guest. Absent: Robin Yerkes

Item 1: APPROVAL OF MINUTES The minutes of the April 2 meeting were approved.

Item 2: FINANCE REPORT

Here are the current balances: Foot Clinic Yoga General Fund \$184.03 \$1,372 \$1,876.80

Item 3: COA ACTIVITIES REPORTS

- **Durable Medical Equipment** Hank contacted TRIAD, which will take our excess equipment. He will speak with Véronique about having an equipment shed installed at the Transfer Station.
- Foot Clinics Pat K said that things were "chaotic" on Monday because one of the nurses was delayed, so appointments got backed up, but it was OK; no one minded waiting.
- Healthy Bones & Balance Classes Well attended when Gary is in town.
- Senior Meals The May 29 meal will be a picnic at the Sportsman's Club. One June meal will be based on when strawberries are available; it will be a strawberry social.
- Walking Group The time for June will remain at 10:00.
- Yoga Well attended.

Item 4: OLD BUSINESS

• Resource Fair If South County has a fall fair, Kathy will reach out to them at that time. We can then publicize it in *Currents*.

Item 5: NEW BUSINESS

- Carolyn suggested a Christmas bus trip of some sort. Kathy will work on it with her.
- Carolyn requested that we cancel the July meeting. All agreed.
- Pat L asked Mr. Burt if he had anything he'd like to bring up. He mentioned that he felt isolated at times. Members made suggestions, such as attending the lunches. Pat K told him he could attend classes, meals, and events at any senior center in the state.

Next meeting: June 4