

**Conway Council on Aging  
Minutes, Meeting of March 5, 2025**

Present: Gail Connelly, Hank Horstmann, Pat Kocot, Kathy Llamas, Pat Lynch, Carolyn Thayer, Robin Yerkes

**Item 1: MINUTES** The minutes of the December 4 meeting were approved.

**Item 2: FINANCE REPORT**

Here are the current balances:

Foot Clinic	Yoga	General Fund
\$3,630.32	\$2,026	\$1,876.80

**Item 3: COA ACTIVITIES REPORTS**

- **Durable Medical Equipment** Hank said that everything was going well. He needs to clear out equipment. He will donate to TRIAD what he doesn't need.
- **Foot Clinics** Pat L reported that she has applied for the Wells Trust Grant; we'll hear from them in April. Pat K reported that 23 clients, 2 of them new, were served at the March clinic and that the April clinic is full. She also said that Kate recommended we add a 2<sup>nd</sup> half-day nurse in future. Carolyn noted that clinics are costing us up to \$1,000 a month. Pat L added that we can't keep trying to serve more clients; we have to set a limit. We can't afford a 2<sup>nd</sup> nurse now; Pat K will bring this up again in May. Pat K reported that Kate wants us to buy two reclining chairs at a cost of @ \$200 each.  
MOTION: To permit Kate to buy two reclining chairs at \$200 each, for which she will be reimbursed. MOTION PASSED
- **Healthy Bones & Balance Classes** Well attended when Gary is in town. Participants have the option of attending the Amherst Zoom classes when he isn't here.
- **Senior Meals** The March 13 meal will be a corned beef & cabbage dinner; March 27 will be a maple breakfast. Robin made a request that the tables be moved closer together for the purposes of conversation. Carolyn acknowledges that she has had similar requests and they will move the tables closer and see how that goes.
- **Yoga** Well attended.

**Item 4: OLD BUSINESS**

- **Hybrid Programming** Kathy is tabling this for now because she is busy and having hand surgery March 16.

**Item 5: NEW BUSINESS**

- Kathy reported on the online BU classes in behavioral health she has been taking for certification. She is now certified for "behavioral health in aging." The next she will take is "care management." We acknowledged that these could be useful so that we could offer help in locating resources, as well as in other ways.
- Pat L told the group that Chris Waldo is putting an article in *Conway Currents* requesting donations of land or offers to sell land in order to erect affordable and senior housing. This raised questions, such as: Will this be for both low-income people as well as

seniors? Will Conway residents be given preference? Pat will contact Chris and ask him. She will also ask that we be kept in the loop about results of his notice and any future plans, such as forming a committee.

- Kathy expressed outrage over the town's lack of consideration for its older adult population. We should have a senior center. Pro: That would be wonderful. Cons: The town has no usable building. The COA has no funds for staffing. Pat L pointed out that only three people had applied for the property tax work-off program, so we couldn't expect to get volunteer staff that way.

**Next meeting:** April 2