

**Conway Council on Aging  
Minutes, Meeting of November 5, 2025**

Present: Gail Connelly, Hank Horstmann, Pat Kocot, Kathy Llamas, Pat Lynch, Carolyn Thayer, Robin Yerkes

**Item 1: APPROVAL OF MINUTES** The minutes of the September 3 meeting were approved.

**Item 2: FINANCE REPORT**

Balances:

<b>Foot Clinics</b>	<b>Yoga</b>	<b>Town Appropriation</b>
\$4,507.33	\$2,680	\$2,788

The remaining funds for the foot clinics will run out by April 2026. Before that happens, we will need to request more money from the town. We will revisit this in January.

**Item 3: ACTIVITIES REPORTS**

- **Durable Medical Equipment** Hank reported that the town wants him to dispose of as much of the equipment stored in the town office cellar as possible, claiming that it was in poor condition and useless. Other than that, he has been busy with equipment loans.
- **Foot Clinics** Pat K is dealing with nurses' complaints that they don't have enough time for charting, which they try to do in between clients. This charting is for the purpose of Foot Care by Nurses. She has reduced the clinic hours to 9:00 a.m.-3:00 p.m. Carolyn asked whether we will be billed for the time after 3:00 for nurses to chart; we should not pay for time that is not spent with clients.
- **Healthy Bones & Balance Classes** Well attended when Gary is in town, which he has been for September and October.
- **Senior Meals** The holiday dinner at the Whately Inn is on December 11; the cost is \$25 per person. The COA will pay the inn \$28.00 per person in addition to tax and gratuities. This will be paid for out of the town appropriation.
- **Yoga** Well attended.

**Item 4: OLD BUSINESS**

- A holiday bus trip proved to be too expensive; the lowest price was \$179 per person. Robin said that she would drive a van if we rented one. Carolyn asked if she had considered liability. This idea has to be pursued separately, not as a COA trip. Further discussion of a COA trip was tabled until next year.
- Pat L announced that she had received just two responses to the *Currents* notice of games days. She will rerun the ad in the December issue. One woman who replied seemed desperate to find things to engage her mother. Pat offered suggestions such as LifePath's respite program.

**Item 5: NEW BUSINESS**

- Pat L expressed her concerns about the senior tax work-off program and the lack of work available to applicants. The town administrator has failed to reach out to other departments and committees to fill their needs for volunteers and was not planning on

including a notice of the 2026 program in the December issue of *Currents*, despite the fact that no mention was made of the December deadline in her November TA Notes.

- Before adjourning, we discussed whether we wanted to cancel any winter meetings, since two members couldn't attend Zoom meetings. We will cancel the January meeting with the option of cancelling February as well, which we did this year.

**Next meeting:** December 3