



Volume 7, Number 9 - September 2026

Notes from the Town Administrator

A quick update on the mile-square sidewalk question posed a few months ago: The Selectboard would like to hold a public forum to get feedback in person before moving forward.

I want to thank everyone who volunteers for the town by serving on our boards and committees. It is not an exaggeration to say that Conway, along with many other small towns, simply could not function without you! As we move back into the fall and the school year and schedules become firmer, please review the list of openings below and if any of them interests you, don't hesitate to contact the chair of the committee for more information about how the committee is structured and its goals for the future. Please note that for elected positions, the committee or board in question may recommend to the Selectboard an appointment to fill the remainder of the vacant term until the next election, which always happens on the Thursday following Annual Town Meeting. If positions are not elective, then members are appointed by the Selectboard.

Agricultural Commission: Inactive because there are no members. If interested please contact the [town administrator](#).

Board of Assessors: 1 vacancy (*elected*)

Board of Health: 1 vacancy (*elected*)

Cable Advisory Committee: 3 vacancies

Capital Improvements Planning Committee: 3 vacancies

Community Preservation Committee: 2 vacancies

Cultural Council: 3 vacancies

Festival of the Hills Committee: 2 vacancies

Mass-in-Motion/Age-Friendly Conway Committee: 1 vacancy

Parks and Recreation Committee: 1 vacancy

Zoning Board of Appeals: 2 vacancies

Thank you, and I wish you a lovely end of summer!

Véronique

Festival of the Hills

By Hazel Goleman

Do you love the Festival of the Hills? Would you hate to see this beloved Conway tradition come to an end? Then we need your help to make sure this year isn't the last!

As a lifelong Conway resident, I know just how important the Festival of the Hills is to our community. It's one special day each year when we can all come together, enjoy each other's company, and celebrate the beauty of the magical hills we call home. But each year it becomes harder to keep the festival going. Many of our longtime committee members and organizers have retired, and without new people stepping into these roles, we simply won't be able to put on the festival for much longer. Losing this tradition would be a devastating loss for our community.

It takes a village to keep a tradition like this alive, and we need our village to step up! Joining the festival committee or becoming an activity coordinator may not be as big a commitment as you think. Meetings and planning generally take just two to four hours a month, with a little more time, energy, and enthusiasm needed during festival weekend. Contact hello@festivalofthehills.com to learn more about the vacant activity coordinator positions and ways you can help.

Volunteer for Festival Weekend In addition to the committee members and activity coordinators working behind the scenes, the festival relies on approximately 140 volunteers during the weekend to make everything run smoothly. From pre-festival setup and

serving fried dough and other goodies, to selling merchandise, chaperoning kids' games, directing parking, and helping the Green Team keep the festival environmentally conscious, there's a role for everyone.

Volunteer shifts are just two hours, so you can lend a hand to your community and still have plenty of time to enjoy the festival yourself. In fact, being part of the team behind the scenes is one of the most fun ways to experience the Festival of the Hills. Sign up to volunteer at festivalofthehills.com/volunteer/.

Parking Coordinators Needed! Every year the Festival of the Hills welcomes 2,000–3,000 visitors from Conway, surrounding towns, and even from out of state. And of course they all have to get here somehow! We are incredibly fortunate to have the use of South River Meadow, generously made available to us by the state. Because the meadow is a protected space, parking must be carefully organized: We can't simply have cars being parked wherever anyone pleases! The entrance to the meadow is one-way for both pedestrians and vehicles, making traffic direction essential for everyone's safety.

This year the Festival of the Hills Committee is looking for

- One to three people to serve as heads of parking
 - Eight additional volunteers to direct traffic in two-hour shifts
- We'll handle setting up the parking rows. You'll simply help collect donations, direct visitors to parking spaces, and make sure everyone can safely enter and exit the meadow.

If you're willing and able to provide this important service to our community, please visit the Festival of the Hills website or email hello@festivalofthehills.com to express your interest. Let's make sure the Festival of the Hills continues for generations to come. It takes a village – and we can't do it without you!

Call for Artists!

Conway's Festival of the Hills is seeking artists for the Festival of the Hills Art Exhibition to be held at the Field Memorial Library on October 4. All Conway artists are cordially invited to enter up to five pieces. Please join us for this event. Applications are available at festivalofthehills.com. Queries and applications can be sent to the art show coordinator at conwayfestivalarts@gmail.com

Annual Festival of the Hills Bake Sale

Saturday, October 3, 9:00 a.m.-2:00 p.m., Town Common

The annual Saturday FOH bake sale is looking for donations of baked goods: cookies, pies, cakes, savory and sweet breads, and muffins. The food must be wrapped and labeled for nuts, GF, etc. Food can be dropped off the morning of the sale after 8:00 a.m. We will also have coffee, tea, and cider for sale. All proceeds from the bake sale are for the benefit of the Festival of the Hills Scholarship Fund for Conway graduating seniors.

No time to bake? Please stop by and purchase some baked goods for the weekend, holiday company, or your freezer. Thank you for continuing to support the festival and Conway students. Call Gail Connelly at 369-4287 if you have any questions.

Firemen's Auxiliary Turkey Dinner

The Conway Firemen's Auxiliary will be hosting its annual turkey dinner on Saturday, October 3, at the Conway Grammar School. This will be a traditional turkey dinner with all the fixings, including pie! There will be one sitting at 5:00 p.m. Pickup time for take-out dinners is 6:00 p.m. **No early pickups!** Reservations are required for both. The cost is \$20 per person. Call 369-4936 for reservations or stop in at Baker's Country Store, 101 River Street in Conway.

Conway Crafters Circle Reconvenes

Beginning September 21 join us every Monday from 3:15-5:00 p.m. at Field Memorial Library. Come meet your neighbors, enjoy good company, and be inspired! Drop-ins are welcome. We are friendly and offer ideas and assistance. Bring any kind of project to work on. Call Risa Sudolsky at 369-4781 with any questions.

National Good Neighbor Day September 26-28

The weekend of September 26-28, 2026, marks the second annual Massachusetts Good Neighbor Day effort, organized by the Massachusetts Coalition to Build Community and End Loneliness. The coalition is encouraging communities, organizations, and individuals statewide to host activities that strengthen connections, encourage kindness, and foster a deeper sense of belonging in the Commonwealth.

Locally, the Franklin Regional Council of Governments is organizing neighborhood gatherings across the region. Increasing social connectedness is a priority of FRCOG's community health improvement plan, because isolation and loneliness impact people of all ages and walks of life in our region. Good Neighbor Day is a reminder that we can all contribute to making this a better place to live, and even the smallest steps help.

Want to plan an event in your neighborhood? FRCOG has resources such as invitations, signs, and activity suggestions for local Good Neighbor Day organizers at bit.ly/GND-CHIP.

You can find additional information about MA Good Neighbor Day at endlonelinessma.com/gnd. For more information email or call Jen Audley jaudley@frcog.org, 413-774-3167 x 126, or Phoebe Walker walker@frcog.org, or 413-774-3167 x 103.

Cultural Council Grant Funding Deadline

The Commonwealth has set an October 15 deadline for organizations, schools, and individuals to apply for grants that support cultural activities in the community. Proposals for community-oriented arts, humanities, and science programs are due October 16.

The Conway Cultural Council supports programs in the arts, humanities, and sciences that are of benefit to the community. The council is part of a network of 329 Local Cultural Councils serving all 351 cities and towns in the Commonwealth. The LCC Program is the largest grassroots cultural funding network in the nation, supporting thousands of community-based projects in the arts, sciences, and humanities every year. The state legislature provides an annual appropriation to the Massachusetts Cultural Council, a state agency, which then allocates funds to each community.

For local Conway Cultural Council guidelines and information about applications please visit massculturalcouncil.org/local-council/conway/

Franklin County Regional Dog Shelter Fundraiser

On Saturday, September 12, from 9:00 a.m. to 12:00 noon, there will be a Pet Emergency Education fundraiser for the shelter sponsored by Happy Hounds Center, 203 Long Plain Road, South Deerfield, MA. The certificate program will include pet first aid, choking, allergic reactions, poisoning, shock, burns, wound care, and more. The \$74.95 cost includes certificate, e-book or class textbook, and a two-year online subscription to the animal resource center.

The life you save could be your pet's. For more information petemergencyeducation.com.

Thank You from Tom Ricardi and Family

I would like to thank the people of Conway who helped us through the loss of my wife, Annette. Many thanks to the angels of Pioneer Valley Hospice, whose caring and kindness helped us greatly through this emotional time. Thanks to Conway Sportsman's Club, with special gratitude to Ken and Cyndie Ouimette. Thanks to St. Mark's congregation for all their help with the service.

Thank you so much,
Tom Ricardi and Family

Firemen's Auxiliary Seeks New Members

The Conway Firemen's Auxiliary is dedicated to supporting the Conway Fire Department. We are a small volunteer organization that raises funds through events, donations, and online campaigns in order to purchase new equipment for the Fire Department, improve and maintain the Fireman's Relief Association building, and to support the Firemen's Auxiliary Scholarship Fund and other causes. When disaster hits and the Fire Department is called on, we are behind the scenes providing the firefighters with refreshments and the supplies they need to continue their work. Annually we put on a turkey dinner on Festival of the Hills weekend and organize the Halloween Rag Shag Parade. If you are looking for a way to support your local community and have some time to spare, we welcome you to check out our group. We have meetings once a month for approximately eight months a year and as needed when duty calls as well as one or two fundraisers a year. No connection to the Fire Department is necessary to join. Contact heidi@integbuild.com.

Ambulance Department

Are you an EMT of any level who lives or works in Conway? Have you ever had an interest in becoming an EMT or giving back to your community? Did you know that the Ambulance Department provides assistance with EMT training and will pay for your EMT license if you answer calls with the department? If you answered yes to any of these questions, please consider joining the Conway Ambulance Department. There are no scheduled shifts; you respond when available. For additional information contact Ambulance Director Gemma Vanderheld or Assistant Director Chris Herrmann at 369-4235 x 9 or email us at ambulance@conwayma.gov.

Solar Farm Update

by George Forcier, Planning Board Chair

The Planning Board is nearing the end of the public hearing phase of its review of an application by BlueWave Solar for a 20-acre, dual-use solar farm on Roaring Brook Road, land owned by Ronald Boyden. The process began in May.

BlueWave proposes leasing the land from Boyden for about 25 years while he would continue to farm the land under the 10-foot high solar panels that would be spaced about 20 feet apart, currently envisioned to be used for cattle grazing.

Major issues still under discussion in mid-August involved whether panels should be allowed on slopes over 15 degrees, where to locate the equipment pad, which includes a battery storage canister, and how much to screen the panels from the view of travelers along Route 116 and from abutters.

When the board finishes gathering all comments, questions, and information from its members, other town officials, the public, and BlueWave, the public hearing phase will be closed and the board

will begin its deliberations. At that point no additional comments or information may be gathered. **The next public hearing session will be August 31.** Recordings of previous public hearing sessions and related documents from BlueWave and the Planning Board's consultant are available on the town website, conwayma.gov.

Solar Survey

The Town of Conway is working with UMass Clean Energy Extension to conduct a survey of residents' preferences regarding solar energy development. Survey results help ensure future solar development will be in line with community preferences. This is not related to any currently proposed solar projects. The survey can be completed online via the QR code at right, or go to tinyurl.com/3sdjbx3r. Printed copies of the survey are also available in the Town Hall and the Field Memorial Library and may be returned to the Town Hall dropbox. For more information about the community solar planning process, contact the Conway Sustainability Committee c/o bgirshman@gmail.com or visit <http://ag.umass.edu/solarplanning>. Please respond by September 15 - thank you!



South River Meadow Odyssey

On Sunday, October 18, from 3:00-5:00 p.m. the Open Space Committee is sponsoring a guided tour of South River Meadow's cultural history, its ecology, and the changing river. This special program features short talks about the native trees planted in 2022 and our eight new interpretive signs. Refreshments provided!

Swimming Pool News

On Sunday, September 6, the Swimming Pool Committee will be showing an outdoor family-friendly movie at 7:30(ish). Bring a blanket and a neighbor. Notices posted throughout town will specify the film. Free popcorn!

Many thanks to all those who contributed to the Swimming Pool fund. We couldn't maintain the pool without support.

Road Closure for Ashfield Fall Festival

Main Street in Ashfield will be closed to all traffic between Baptist Corner Road and Norton Hill Road during Fall Festival on Saturday, October 10, and Sunday, October 11, from 9:00 a.m. to 6:00 p.m. Detours will be posted. Plan your route accordingly, and check ashfieldfallfestival.org for more information.

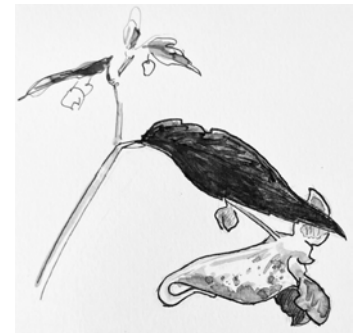
Lighted Boat Parade on Ashfield Lake

On Saturday, September 12, from 6:00 p.m. on there will be a celebration of art, culture, and our rural landscape at Ashfield Lake. Free entertainment includes Double Edge Theatre, No Loose Braids, the Ashfield Community Band, a juggler, a fire performer, and glitter tattoos! At 7:30 p.m. there will be a parade of lighted artworks on the lake. Food will be available for purchase. More information is at ashfield.org/publicart.

Field Guide to Conway: Jewelweed (*Impatiens capensis*)

Other names: Spotted Touch-me-not, Lady's-Earring, Jack-jump-up-and-kiss-me, Snapweed, Quick-in-the-hand
by Courtney Gilligan & Marilyn Webster; illustration by Hannah Harvester

As you move about Conway, have you noticed the small orange flowers speckled with rusty-red spots dangling below leaves on tall hollow stems like pendant earrings? Meet Jewelweed, a native annual, which has been blooming in shaded, moist areas, including roadsides, forests, edges of streams, and wetlands – and a fair few yards – since July.



They tempt Ruby-throated Hummingbirds, who sip the nectar deep in Jewelweed's long spurs as they prepare for their long migration in September. According to naturalist and conservationist Susan Shea, scientists believe that Jewelweed "flowers have evolved their design and high sugar content to attract hummingbirds."

However, hummingbirds are not the only ones attracted to this nectar. Bumblebees, the primary insect pollinator, and butterflies regularly visit Jewelweed. Insects that can't reach into the spur make a hole in the tip and "steal" nectar without pollinating the flower. Fortunately the flowers continually replenish their nectar!

Late in the season, if conditions have been dry or the plant has been grazed, Jewelweed has a backup plan to ensure reproduction: An inconspicuous, self-pollinating flower grows in leaf axils on the lower portions of the plant.

After the flower is pollinated, seeds develop in green five-part capsules. Once mature, the plump capsules spring open at the slightest touch and fling the seeds up to two meters. It's easy to be startled, even if you know what's about to happen. Beneath the seed coat, the edible seeds are robin's egg blue. Ruffed Grouse, White-footed Deermice, Short-tailed Shrews, and immature stink bugs all enjoy these seeds.

Meanwhile, White-tailed Deer, Snowshoe Hares, Black Bears, North American Beavers, chrysomelid beetles, leaf miners, caterpillars, aphids, grasshoppers, and katydids feast upon the whole plant.

Jewelweed serves as a host plant for various moth caterpillars. Moths lay their eggs in the plant's stem so their young will have food as they emerge in their caterpillar form. Gall midges act similarly but also inject hormones along with the eggs. This causes Jewelweed to form galls on the leaves and in the flower buds that provide shelter and food for their larvae.

If all that isn't reason enough to appreciate Jewelweed, their oval-shaped leaves repel water. Covered in microscopic hairs that trap a thin layer of air, water droplets transform into silver beads. When submerged in water, the underside of the leaf shimmers like quicksilver.

Friends of the FML Update

Special Announcement The Friends are proud to announce the installation of three sculptures by Phyllis Jeswald in the Friends' Garden at the library. The installation marks the development of the shade garden into a blooming and maturing space that gracefully welcomes the artist's sculpture. All are welcome to visit and enjoy the garden, which is located under the trees to the left of the building.

Thank You Thank you to all who have been responding with donations to the Friends' annual appeal letter. We appreciate your support and welcome your contributions toward helping the library meet more of the needs of our community. Please let us know what you'd like to see the library provide in programming, events, books, media, etc. All ideas are welcome!

Book Donations for the Friends' Fall Book Sale We begin preparing for this great event by asking for donations of books and puzzles in good condition. All genres are sought with the exception of self-help books. Our sale is only as good as the books you generously provide! Bring your books to the library during open hours, Monday 3:00-6:00 p.m., Wednesday 2:00-7:00 p.m., and Saturday 10:00 a.m.-2:00 p.m.

Used Book Cart The Friends' book cart, located in the rotunda, is now filled with books you can purchase. All purchases go to fund events and programs at the library. Browse the cart and find an unexpected treasure or something of interest for which you've been looking.

September 18-21, Story Walk *My America* by Karen Katz will be set up in Veterans Memorial Park across from Town Hall. You can walk from one sign to the next to read the story. Activity kits will be available in a plastic container, first come, first served. Just help yourselves.

Library Boogie, Saturday, September 19, 11:00 a.m. This is a lively musical puppet show by Tom Knight that celebrates books, stories, and the joy of reading. With catchy songs, colorful puppets, and plenty of audience participation, this family-friendly program brings the magic of the library to life for children and adults alike. This special event is made possible by a cultural council grant and the support of the Friends.

October Story Walks There will be two walks in October. The first, on Festival of the Hills weekend from Friday, October 2, to Monday, October 5, is *Because of an Acorn* by Lola M. Schaefer. It will be set up along the path to the book sale at the library. Our second, on Friday, October 16, to Monday, October 19, in Veterans Memorial Park across from Town Hall, will end the season! Look for more information in the next issue of *Conway Currents*. We are able to provide story walks with the generous support of the Union 38 Family Network.

Museum and Park Passes The Friends are pleased to fund seven passes with no admission fee: MASS MoCA in North Adams, Historic Deerfield, the Eric Carle Museum of Picture Book Art in Amherst, our newly added pass for the Norman Rockwell Museum, Wistariahurst in Holyoke, the Pioneer Valley Symphony Orchestra, and the Clark Art Institute in Williamstown. DCR passes offer free admission and parking at any Massachusetts State Park. Note that the Smith College Museum of Art as well as the Mead Art Museum and the Beneski Museum of Natural History at Amherst College are free to all without a pass. Do take advantage of these wonderful places to visit.

From the Director of the FML

The Field Memorial Library is pleased to announce the following:

- Call us about home delivery of library materials.
- We are currently exhibiting a small selection of paintings by Conway resident Thad Danielson.
- Resuming September 21: Conway Crafters' Circle, 3:00 p.m.
- Reminder: The library lift is available for anyone wishing to avoid the front steps. Please call for assistance.
- Please call for more information about any of our updates and programs.

Chris Caldwell, Director, Field Memorial Library
director@fieldmemoriallibrary.org
369-4646 fieldmemoriallibrary.org

Sir Reggie's Homemade Quiz

Animal Expressions Relating to Humans

Example: What are bird digits? Answer: Pigeon toes

1. You might see these at a casino table, but they can't see you.
2. Equine coiffure?
3. Rabbits have two pairs of these, but most humans have just one pair.
4. Humans sometimes shed these to fake sadness.
5. Bovine coiffure?
6. 1920s expression for something that's the absolute best.

Answers are on page 23.

Update from the Board of Health

Fall Vaccines September is the right time to plan ahead for flu season and to ask your healthcare provider about the updated COVID-19 vaccine. Both vaccines are typically available at local pharmacies and health centers beginning this month. Getting vaccinated before winter gives your immune system time to build protection before respiratory viruses become more active. This is especially important for older adults, young children, pregnant women, and anyone with an underlying health condition. If cost or access is a barrier, MassHealth and most private insurance plans cover both vaccines at no cost.

The Centers for Disease Control and Prevention (CDC) recommends Respiratory Syncytial Virus (RSV) protection for older adults, pregnant individuals, infants, and high-risk young children. Check with your provider. Unlike flu and COVID vaccines, RSV vaccination does not have to be repeated if you've already received it once.

Suicide Prevention Month September is National Suicide Prevention Month. Let's acknowledge together that mental health struggles are real and common. Some people may find it difficult to talk about this, leaving them isolated and alone when we most need support and company. Let's relax any stigma and shame around this and remind each other that we can talk openly when there is a concern. If someone you know seems withdrawn, hopeless, or is talking about not wanting to be here, take it seriously. Ask directly, listen without judgment, and help them connect with support. The 988 Suicide and Crisis Lifeline is available 24 hours a day, seven days a week by call or text. You don't have to be in crisis to reach out: 988 is there for anyone who needs to talk.

National Prostate Health Month September is also National Prostate Health Month — a timely reminder for men, particularly

those over 50 or with a family history of prostate cancer, to talk with their doctor about screening. Prostate cancer is one of the most common cancers in men, and when it is caught early, outcomes are significantly better. If it's been a while since your last checkup, this is a good nudge to make that appointment.

Wishing everyone a healthy and safe September!

Information from the Conway BOH is focused on our shared public health. Consult your healthcare provider for your personal healthcare guidance. For the most up-to-date information, see the town website and BOH webpage conwayma.gov/g/42/Board-of-Health

Conway Council on Aging

Council on Aging meetings are held on the first Wednesday of the month at 9:00 a.m. in Town Hall. The next meeting will be September 2. For more information, contact Patricia Ann Lynch, COA chair, at 369-4284 or email patricialynch@earthlink.net.

Senior Calendar for September

“First Friday” Walk-in Wellness Clinics Clinics are held on the first Friday of the month in Conway Town Hall from 9:00 a.m. to 12:00 noon. Regional public health nurses Lisa White, RN, and Meg Ryan, RN, staff the clinic. There are no out-of-pocket costs to residents for this service, which is provided through the town's membership in FRCOG Cooperative Public Health Service. For more information, call 413-774-3167 x 156 (Lisa) or x 158 (Meg).

Monthly Foot Care Foot clinics are usually held on the first Monday of the month in Town Hall BY APPOINTMENT ONLY. Clinic hours are 9:00 a.m. to 3:00 p.m. The fee is \$25.00. A 48-hour notice is required for cancellations; without such notice, you will be responsible for the fee. NOTE: Reservations are taken at each month's clinic for the following months. Reserve a space now

for the November or December clinic. For information or to schedule an appointment, call Pat Kocot at 369-4248 or 413-775-3629.

Senior Meals In most months meals are held at Town Hall on the second and last Thursdays of the month. Meals may be eaten in or picked up at noon. For reservations, more information, or to be added to our email or phone list for announcements, call Carolyn Thayer at 413-559-0282.

Senior Strength & Balance Classes Classes meet on Tuesday from 9:00 to 9:45 a.m. and Friday from 9:00 to 9:30 a.m. on Zoom. Each class includes upper body, lower body, and core strength exercises with dumbbells and balance training. This Healthy Bones & Balance program is sponsored by RSVP. Contact leader Gary Fentin at 413-530-1703 for information or for the Zoom link.

Yoga for Seniors Led by Jody Smith-Soles on Wednesdays in person and on Zoom. Class times and locations: mat yoga 10:00-11:00 a.m. at the library, chair yoga 11:30 a.m.-12:15 p.m. at the UCC. Call Jody at 413-824-9435 for information or for the Zoom link.

Senior Services

Durable Medical Equipment Loans The COA has items of durable medical equipment available for loan, including wheelchairs, transfer chairs, walkers, crutches, canes, tub and shower chairs, commodes, and raised toilet seats. Call Hank Horstmann at 413-522-9240 to borrow equipment. NOTE: Please, when loaned equipment is no longer needed, call Hank to return it.

SHINE Counseling The SHINE (Serving the Health Insurance Needs of Everyone) Program provides free health insurance information and counseling to all Massachusetts residents with Medicare and their caregivers. People who have Medicare or who are about to become eligible for Medicare can meet with a counselor to learn about benefits and options available. A counselor will review programs that help people with limited

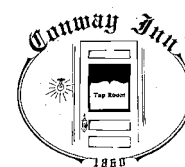
income to pay health care costs.. SHINE counseling is available by calling LifePath at 773-5555 or by contacting Meg Ryan, one of Conway's public health nurses, at 774-3167 x 158.

Transportation for Medical Appointments & Shopping The Shelburne Senior Center provides curb-to-curb van transportation within Franklin County for seniors 60 and over for in-county medical appointments and grocery shopping. Call the center at 625-2502 to make an appointment at least 48 hours in advance or for information about reservations and fees. An application with a copy of a photo ID is needed to be pre-approved for ridership. For rides to out-of-county medical appointments, call the FRTA at 774-2262 x 163 for information and reservations.

Currents Advertisements & Notices

Huge Barn Sale - in the big red barn at the Lee Farm one mile up Cricket Hill Road. Over 2000+ sq. ft. of thousands of items: Antique furniture, books, vintage Edison and Victrola records, glassware, tinware, enamelware, kayak, old trunks, pictures & frames, many collectibles, farm tools and misc hardware, wooden boxes & cabinets, antique horse/ox harness hitches, assorted lumber, and much more. Something for everyone. Most items under \$10, many under \$5. Sat. and Sun. Oct 3-4, 8 a.m.-3 p.m.

The Conway Inn - Open for pizza, chicken wings, and breadsticks, Friday and Saturday, 4 - 10 p.m.; Sunday 5 - 8 p.m. Call 413-369-4428 for takeout. Live music jams, second Friday 7 p.m. and third Thursday - starts around 6 p.m. - each month! Look for the blue flag on the porch.



Baker's Country Store - open seven days a week for all-day take-out breakfast and lunch: Monday-Friday 6 a.m.-6 p.m.; Saturday 7 a.m.-5 p.m.; Sunday 7 a.m.-3 p.m. Always find a variety of homemade desserts and baked goods and a large selection of last-minute items. Local peaches, plums, blueberries



and raspberries are in; and also local corn, tomatoes, cukes and more! Enjoy an ice cream cone or a smoothie. Check us out on Facebook: [facebook.com/Bakers-Country-Store](https://www.facebook.com/Bakers-Country-Store) for today's specials or call 413-369-4936.

Natural Roots Farm - We are a horse-powered community supported farm (CSA) located along the South River right here in Conway. **Become a member of the farm! Sign up for our 2026 CSA season. We offer flexible 10 week or full-season 22 week share options in regular and large sizes.** Details on our website:

www.naturalroots.com. The wider community is welcome to shop for vegetables, Tues & Fri, 3:00 -6:30, June - October. It's like a farmer's market every week! Our farm store is open to the public year-round, self-serve during daylight hours. We offer eggs from our own pastured hens as well as other local items including beef, chicken, pork, dairy, baked goods, honey, maple products, coffee, tea, ice cream, snacks, beverages and more! Enjoy this beautiful, bountiful farm and the vibrant community that we feed. Natural Roots, 888 Shelburne Falls Rd., Conway, MA 01341, 413-369-4269, naturalrootscsa@gmail.com.

Farm Stand Open!! - Sweet Acorn Farm at 676 South Shirkshire Road in Conway has just opened a farm stand. We've got farm fresh eggs, sweet harvested honey and home grown vegetables. Peaches are ready and red raspberries will be ripening soon. We're very excited to share what has been produced on the farm so come by and check it out! More will be added daily - your support is appreciated!

Help Wanted: Chicken and Goat Sitting - We're looking for someone to care for our chickens and goats when we're away. Feeding, watering, collecting eggs, making sure everyone is put away for the night, etc. Experience preferred but not required. Time commitment: no more than an hour twice daily. If interested, email drew.cronyn@gmail.com or call 520-539-0264.

Personal Care Aide/Caregiver - needed in center of Conway. Multiple shifts. Requires no help feeding and no heavy lifting. Current rate is \$19-20+/hour depending on experience. Must pass a CORI check. Please contact David at 413-768-8751.

A Familiar Face, Now in Real Estate - My name is Mike Ambs, and many of you know me from my years living and raising a family in Conway. I'm excited to share that I've started a career in real estate. Real estate is about more than transactions: it's about people, life changes, and finding the right path forward. Whether you're ready to make a move or simply exploring your options, I'll take the time to listen, understand your goals, and provide thoughtful guidance every step of the way. I'd love the opportunity to be a resource for you, your family, and your friends.

mikeambs@kw.com, Keller Williams Pioneer Valley, 267.235.2101. Thank you for your support!

Bright Moments Fabrication - specializing in custom metal work. Need a trellis for your garden? Or maybe you need your rototiller mended. Big jobs and small jobs welcome. Give me a call and let's chat about it! Brian Allen: operating out of Conway 908.246.3608.

If you grow, pick, or eat apples - you know that September is the month when orchards really come into their own. We carry a variety of picking buckets and bags, with comfortable shoulder harnesses leaving both hands free to pick. We recently stocked up on Baldwin wooden orchard ladders, individually handmade in Maine, and we have all sizes of aluminum tripod ladders in stock, as well. Prefer to keep your feet on the ground? Try one of our Corona Fruit Pickers! The telescoping handle adjusts from 7'-12' and features gentle prongs and a cushioned basket to keep delicate fruit safe from branch to bucket. Call or stop by to talk to our knowledgeable sales staff, and don't forget to grab a copy of our latest catalog while you're here! Shop where the pros shop, and thanks for buying locally! OESCO, Inc. (Orchard) M-F: 7-5; 369-4335



Jan & John Maggs Antiques and Art - 17th-century English oak furniture, Queen Anne and Georgian jewelry, paintings, carpets, and small antiques in our shop in Pumpkin Hollow. Although our open flags aren't often visible, we're in the office, at



our computers, or on the phone daily, doing business all over the world. We welcome visitors and shoppers, and we encourage anyone interested in what goes on in this big black barn to call 413-369-4256 or email jmaggs@jmaggs.com to arrange a visit - or simply stop in when you see the blue doors on the front of the barn. We're always happy to show visitors around and answer questions about the things we sell. www.jmaggs.com

Debra Hoyle Studio and Gallery - Collage and gel printing workshops are available at the air conditioned and accessible studio at 46 Main Street on individually scheduled Saturday afternoons. Typically 3 hours and all supplies are included for \$65. per person. No experience needed! Call or text 413-325-5579 for more info. Be sure to participate in or attend the Festival of the Hills events on October 3 & 4. The art show will be up once again in the beautiful Field Memorial Library on Sunday, Oct. 4, from 10-4, and Deb will be showing a few pieces. Are you a Conway artist who has never shown at the festival or used to show pieces there? Consider sharing your work with the community, and visit the town website for information on how to do this. There's always an inspiring variety of art work being exhibited by our neighbors and friends! [instagram.com/debhoyle.art.rockpaperscissors](https://www.instagram.com/debhoyle.art.rockpaperscissors)

Calm Computing - Tech help, made local. Having trouble with your computer, Wi-Fi, printer, or phone? Calm Computing provides friendly, down-to-earth tech support right here in Western Mass. Whether it's setting up a new computer, solving email issues, getting your smart TV online, or just making things "work like they should," we make technology simple again. We offer in-home visits, phone, and remote support with no long waits or confusing jargon, just patient, practical help.



Serving Conway and surrounding towns for over a decade. Calm Computing LLC (413) 548-5358 • CalmComputing.net – Your local tech experts – calm, clear, and close by.

Eastern and Somatic Therapies - and Western Mass Equine Therapy for mental health offers private sessions and retreats in therapeutic yoga, qigong, connection, intimacy and yoga therapy

as bodywork and dialogue, reiki, as well as Yoga & Reiki with Horses. Sessions are available in person or virtually. Yoga with Horses Saturdays 10 - 11 a.m. Sign up by Friday 5 p.m. Yoga & Reiki with Horses Glamping Retreats for your summer guests. Volunteers Needed! Contact Gina to express your interest. www.ginambarrett.com

Smith Landscaping



Call us at 413-325-4062 for your tree removal, snow plowing or brush hogging needs!

Wilder Hill Press - Printmaking Workshop, Saturday, October 3, 2026. 9 a.m.- 4 p.m. Learn the art of relief printmaking on wood in this intensive 1-day workshop in our beautiful studio amid the gardens of Conway Natives Nursery. 351 South Shirkshire Road, Conway, MA. Pre-registration required. Contact Lilian Jackman 413-772-9065. lilianjackman@gmail.com. Visit conwaynatives.com for more information.

Open Studio at Hannah Harvester Fine Art! - Saturday August 22, 1-6 p.m. 46 Delabarre Ave. Hannah is known for her landscape paintings of Conway in oils and soft pastel and is a beloved art teacher for children and adults. Come see her latest local landscapes and enjoy her "by donation" table, where a large variety of Hannah's original fine art is available for purchase by free will donation. Preview her work at www.HannahHarvester.com

Conway Natives Nursery - Native Plants, Locally Grown! 351 South Shirkshire Road, Conway, MA; Nursery open Sundays 9-5; Find us at the Ashfield's Farmer's Market every Saturday 9-1. Healthy, hardy native perennials and shrubs grown right here in the hills of Conway. Transform your yard into a native plant sanctuary this year, benefitting pollinators, birds and the planet. Visit Conway Natives to tour the shade and sun demonstration gardens, awesome stone work, and the print shop and Wilder Hill Press gallery on site.



Landscape design and installation services, cut flowers in season.
Sound gardening advice based on years of experience. 413-772-9065;
lilianjackman@gmail.com; conwaynatives.com

Davenport's Mobil Service Station - has been locally owned and operated by the Davenport family since 1981. Celebrating 45 years in business this year! We have an automotive service shop selling brand-name, competitively- priced tires. Pick up a soft drink, chips, lottery or the *Recorder* - Find us at 269 Mohawk Trail in Shelburne Falls. Hours: Mon - Fri: 6:00 a.m. - 7:00 p.m. Sat: 7:00 a.m. - 7:00 p.m. Sun: 8:00 a.m. - 7:00 p.m. 413-489-3740.

Mosaic Art Workshops for Adults - Christine Kenneally, Conway resident and mosaic artist, with 18+ years teaching experience, is offering workshops at her home studio on North Poland Rd. Small classes, personalized instruction, creativity coaching. Upcoming Workshops include: **Mosaic Stepping Stones:** September 19, October 3, November 14, 10-4 (lunch included) **Mosaics for Beginners:** Four week series on Thursday evenings, beginning October 8. **Mosaics Inspired by Nature:** Six week series on Wednesday mornings beginning September 16. Details and registration: www.christinekenneally.net

Preserve the Past, Nourish the Future - story collection, personal archives, death doula. Sady Sullivan helps preserve personal and family stories during times of big change. I've built an approach that takes traditional oral history methods and weaves in modalities for healing, end-of-life preparedness, and embodied practices for grief. I work with clients individually to weave my offerings into a unique package that will meet your needs. Book a free 15-minute consult to talk about how we may work together: sadysullivan@pm.me
413-268-3342 sadysullivan.net

Sir Reggie's Homemade Quiz Answers

1. Snake eyes
2. Ponytail
3. Buck teeth
4. Crocodile tears
5. Cowlick
6. Bee's knees



Town of Conway
P. O. Box 240
Conway, MA 01341

Presort-STD
US POSTAGE PAID
PERMIT No. 701
Greenfield, MA 01301

Conway Currents
residents, is funded by the Town of Conway,
our advertisers, and generous donations from
our readers. To have an article published in
Currents
by the 15
, the newsletter for Conway
, please an ad or a notice, contact Louise at
linbeckett@crocker.com
of the preceding month.
newsletter@conwayma.gov
Thanks for your support of

ECRLOT
BOXHOLDER
Conway, MA 01341