



Fire Chief Passes the Pager



Fifty-eight years after he first picked up a hose at age 18 to fight fires with the Conway Fire Department and after 45 years as chief of the department, Robert Baker has begun a well-deserved

retirement. The day after the

Conway Selectboard appointed Deputy Chief Christopher Herrmann as fire chief, Baker handed over his pager to his second in command. This formally marked the end of being on call 24 hours a day to respond not only to fires but to the wide variety of emergency calls the department answers. “I haven’t gotten used to it,” Baker told the *Greenfield Recorder*.

Himself a part of the 18-member volunteer department since he joined as a junior firefighter at age 14, Herrmann has been fighting fires for 23 years, the last two as deputy chief. His priority for the department, he says, is to increase the number of firefighters. With a department staffed by volunteers, not all members are available to meet calls when they come in during a workday. The larger the pool of trained volunteers, the more capable the department will be to meet the call of duty.

Annual Citizen’s Caucus

Just a reminder that the Annual Citizen’s Caucus will be held in the general purpose room at Town Hall on Thursday, March 19, at 7:00 p.m. The offices to be filled, incumbents, and terms of office are available on the town website, conwayma.gov.

Swimming Pool News

The “Equinox Plunge” at the pool has been canceled. Fear not, the pool will open on May 22! See you then.

Knitting and Stitching Circle

By Risa Sudolsky

The Field Memorial Library is happy to announce a new knitting and stitching circle on Mondays 3:15-5:00 p.m. at the library. Come meet your neighbors and enjoy good company! We can teach you to knit, or you can bring any kind of project to work on.

Call Risa with any questions: 369-4781. Hope to see you soon!

Opening for Youth Sports Director

The Conway Parks and Recreation Committee is seeking applicants for the position of youth sports director. The director oversees the organization of soccer, basketball, and baseball programs for children in kindergarten through sixth grade. Tanya Campbell will be stepping down from the position in June after several years of dedicated and successful leadership. We sincerely thank her for her hard work and commitment to Conway's youth sports programs. For more information, please contact the committee at parksandrec@conwayma.gov.

Celebrate Pi (π) Day with the AFC Committee

March 14 (3/14) is National Pi (π) Day, the annual celebration of the mathematical constant π (pi, approximately 3.14), a never-ending number – and Albert Einstein's birthday. Across the nation, Pi Day is celebrated by eating actual pie, a tradition started by physicist Larry Shaw in 1988. The United States House of Representatives supported its designation in 2009.

On March 14 from 3:00 to 5:00 p.m. the Age-Friendly Conway Committee invites one and all to come to the UCC building at 44 Whately Road to help continue this time-honored – and delicious – tradition with us. Pi is the ratio between the circumference of a circle and its diameter, so eating a slice of a pie cut using the mathematical constant of pi is a perfect way to celebrate the day! We will provide some pies, but we encourage those attending to bring any type of pie you wish: fruit, cream, custard, chiffon, meringue, savory pot pies or quiche, and even pizza pie. What better way to spend a late-winter afternoon than with pie and good company?

Thank You from Mary Parker

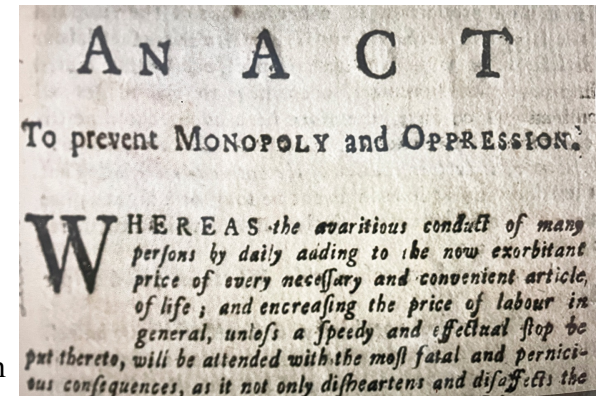
I want to express my deepest gratitude to the community for the outpouring of support following the loss of my husband, Chris Rose. The flowers, cards, and donations to the pool and dog shelter are appreciated. The kindness that has been extended and the sharing of "Chris stories" has been a beacon of light during my dark days. Thank you for holding me and the family in your hearts.

A special thank you to the Conway Fire Department for the amazing rescue of my senior horse that fell on ice in January. The quick response and calm and caring handling of what could have been a horrible situation are sincerely appreciated.

Thank you. Mary Parker

Conway Historical Society News

Please join the Conway Historical Society as we start our year-long celebration of the 250th anniversary of the Declaration of Independence with “Conway Life in 1776,” a presentation by Philip Kantor, on Monday, March 23, at 7:00 p.m. at the 50 Main Street museum. Using local diaries and town records, we’ll examine what work, social, commercial, and spiritual life was actually like in Conway and its neighboring communities during this time period. Free and open to the public; donations gratefully accepted. Light refreshments will be provided. Visit us at conwaymasshistory.org!



The Enabling Act of the Provincial Congress of Massachusetts

FCTS Aviation Program Earns FAA Certification

Franklin County Technical School's Aviation Maintenance Technology program has been officially certified by the Federal Aviation Administration as an Airframe training facility, opening the door for graduates to enter a high-demand industry. Students completing the program will now be eligible to test for their Airframe certificate upon graduation. The school plans to pursue Powerplant certification next, which would qualify students to work on aircraft engines as well. FCTS graduates will be able to take the Airframe exam at age 18, an opportunity that otherwise requires either 36 months of experience or costly private schooling. FCTS is among only a few vocational high schools

nationwide with FAA certification, giving students job opportunities across the country. For more information see our website www.fcts.us/or contact Mike McIntyre, Aviation Maintenance Technology, mmcintyre@fcts.us.

Scholarships

Conway Festival of the Hills Scholarship

Festival of the Hills Scholarships are available to all graduating high school seniors from Conway who submit complete applications, regardless of school attended or postgraduate plans. Primary consideration is given to a student's community service, extracurricular activity, and academic achievement. Financial need, work history, and Festival of the Hills service are also considered. **The deadline is Thursday, April 30.** Please note: No application received after this date will be considered. Applications should be mailed to: Conway Festival of the Hills Scholarship, PO Box 431, Conway, MA 01341. Questions? Please contact Phyllis Jeswald: pjeswald1@gmail.com, 369-4410.

Conway Firemen's Auxiliary Scholarship

The Conway Firemen's Auxiliary annually awards up to two scholarships of up to \$500 each. Applicants must be a Conway resident and a senior in high school. Primary consideration will be given to students who participate in community service, work, or extracurricular activities and who are planning to further their education in college, trade school, or a certificate program. Secondary circumstances the auxiliary will consider are grades and family financial situation. **The deadline for applications is the first Friday in May.** Applications are available through the town website: conwayma.gov/p/59/Scholarships. Submit completed applications to Conway Firemen's Auxiliary, PO Box 46, Conway, MA 01341.

Germain Scholarship This Charitable Trust was established in 1985 under the will of Mark Walter Germain and is known as the "Mark Boice Germain and Mildred Boice Germain Fund." He directed that this fund be established ". . . to grant funds to those Conway residents whose parents or guardians cannot afford such child's college expenses, and any applications that such applicants have made for other private and government scholarships have resulted in an insufficient amount of funds to allow the furtherance of their education without additional monetary support." **Completed applications must be received no later than noon on Friday, April 17, 2025.** Visit [conwayma.gov/files/Germain-Scholarship Application 2025-26.pdf](http://conwayma.gov/files/Germain-Scholarship%20Application%202025-26.pdf)

The Ryan Scholarship

Attention parents: The Ryan Scholarship is now available to both college students and post-high school students. The Ryan Scholarship, sponsored by the Friends of the Field Memorial Library (FML), is accepting applications from Conway residents who are current high school seniors or were Conway residents when they graduated from high school from 2022 through 2025 and who are looking to expand their education and/or certification. The \$3,000 scholarship is made directly to the student. **The application deadline is May 30.** Information is on the FML website: fieldmemoriallibrary.org. If you have questions about college student applications or want to learn more about the Ryan Scholarship, contact Thad Bennett, coordinator, at theyanscholarship@gmail.com or at 802-579-7675. **Note:** If you have received a Ryan scholarship in the past, you may not reapply for two years.

Conway Sportsman's Club Scholarship Our scholarships are awarded to any graduating senior within Franklin county regardless of post-graduate plans. **The deadline is April 20th.** Applications postmarked after April 20th will not be considered. All applications will be reviewed by our scholarship panel and

winners announced in early May. The 2026 application is available on our website conwaysportsmansclub.org/. For more information please contact Mike Haley 413-537-9149 or Tom Pleasant 413-369-4712.

UCC Conway Scholarship

The United Congregational Church of Conway will award two scholarships to graduating high school seniors in 2026. This scholarship is not limited to just those continuing on to college; it includes those who may be pursuing a more nontraditional career path, work study, or training. Recipients will be chosen strictly on the basis of character, not on academic record or financial need. Students may obtain applications by contacting Tina Burnett at 369-8035 or 16xcmom@gmail.com. Completed applications **must be postmarked by April 10** and mailed to UCC Conway, Attn: Scholarship Committee, PO Box 214, Conway, MA 01341.

Wells Trust Scholarship Applications are now available for academic scholarships, as well as health and agriculture awards, funded by the Fred W. Wells Trust. Anyone who has resided or whose parents have resided in Ashfield, Bernardston, Buckland, Charlemont, Conway, Deerfield, Gill, Greenfield, Hawley, Heath, Leyden, Monroe, Montague, Northfield, Rowe, or Shelburne for not less than two years prior to the date of application is eligible to apply for funding. Awards are determined by an independent scholarship committee whose members consider, among other factors, each applicant's scholastic ability, need, character, leadership ability, integrity, and participation in work and/or extracurricular activities. Applications can be obtained from town clerk's offices, high school guidance offices, Greenfield Community College, Greenfield Savings Bank Vice President and Trust Officer Prudence Blond, and online at wellstrustscholarship.com. With questions, contact Ms. Blond at pblond@greenfieldsavings.com or 413-775-8243. The mailing address at Greenfield Savings Bank is 400 Main Street, PO Box

1537, Greenfield, MA 01302. **Completed applications must be postmarked by March 20.**

Rabies Vaccine Clinic

Save the date! The Spring Rabies Clinic for both dogs and cats, offered by the Friends of the Franklin County Regional Dog Shelter, will be on April 1, 10:00 a.m.-12:00 noon, at the Franklin County Fairgrounds. No appointment required. Cost is \$20.00 per shot per pet; cash only, please. Remember to bring your previous rabies certificate in order to receive a three-year vaccine. Dogs must be leashed. Flexi/extendable leashes are not allowed. Cats must be in carriers.

Board of Health Update

As we head into March, we look forward to longer days and the first signs of spring. This is a great time to refresh healthy habits and prepare for the seasonal changes ahead.

National Colorectal Cancer Awareness Month March is National Colorectal Cancer Awareness Month. Screening can find cancer early when it is easier to treat. Guidelines recommend screening for most adults beginning at age 45 or earlier if you have colon cancer in your family or certain genetic conditions. Talk with your healthcare provider about the right option for you.

Respiratory Illness Awareness Colds, flu, and other respiratory illnesses often continue into early spring. If you're feeling unwell, please consider staying home; in particular stay away from older adults or those with medical conditions. Simple measures like washing your hands frequently and improving indoor ventilation are effective ways to reduce the spread of germs.

Tick Season Preparation In western Massachusetts, tick activity increases as temperatures rise above freezing. When you're outdoors, wear long sleeves and pants, use EPA-approved insect repellent, and then do tick checks when you come inside. Early prevention is key in reducing the risk of tick-borne illness.

Well Water and Septic System Care Melting snow and spring rains can impact private wells and septic systems. Consider yearly testing for bacteria and other contaminants. Keep up on septic system maintenance to protect both your household and our shared waterways.

Food Safety at Home As we begin spring cleaning, remember to check your refrigerator and pantry for expired items. Keep your refrigerator at 35°F–38°F to maximize shelf life without freezing your produce. Keep your freezer at 0°F. Before and after handling food, wash your hands, utensils, and surfaces and be sure to cook meats to safe internal temperatures to prevent foodborne illness.

We wish you a safe and happy March.

Information from the Conway BOH is focused on our shared public health. Consult your healthcare provider for your personal healthcare guidance. For the most up-to-date information, see the town website and BOH webpage conwayma.gov/g/42/Board-of-Health.

Friends of the Field Memorial Library Update

Chili Cook-Off The Chili Cook-Off attracted six contestants, who brought their best recipes and skills to the competition. Over thirty-two attendees sampled and voted for their favorite chili. This year's champion, Jack Lochhead, prepared a vegetarian chili using "impossible meat"! Second-place winner was Jennifer Coliskey with a sweet and spicy chili, and Jeanne Thomas placed third with her family's recipe. Everyone enjoyed a warm community gathering on a cold winter afternoon. Thank you to all who participated! The Friends hope to host another Chili Cook-Off next year.

Free Museum and Park Passes The Friends are pleased to fund seven museum and park passes with no admission fee. MASSMoCa in North Adams will admit two adults and two children under 16, Historic Deerfield provides entrance for four adults, the Eric Carle Museum of Picture Book Art will admit two adults and four children, Wistariahurst Museum in Holyoke admits two adults, as does the Pioneer Valley Symphony Orchestra, and the Clark Art Institute in Williamstown will admit one adult as well as active military, veterans, and teachers without a pass and with ID. Our newly added pass for the Norman Rockwell Museum provides two adult discounted tickets for \$10 each; children under 18 are free. DCR offers free admission and parking at any Massachusetts State Park. To find park locations and programs, visit mass.gov/visit-massachusetts-state-parks/locations. Also, the Smith College Museum of Art, the Mead Art Museum, and the Beneski Museum of Natural History at Amherst College are free to all without a pass. Do take advantage of these wonderful places.

Food Access Program The food access program for Conway residents is located in the entrance lobby of Town Hall. Take what you need and give what you can. Donated nonperishable food items have been keeping up with a growing demand from those who need it, but the variety of what we offer could be improved. Please think of items that could make a meal or a side dish. Food may be picked up and donations brought to Town Hall during open hours: Monday 9:00 a.m.-5:00 p.m., Tuesday 8:30 a.m.-4:30 p.m., Wednesday 8:30 a.m.-3:00 p.m., Thursday 8:30 a.m.-4:30 p.m. (closed Friday-Sunday). These days may change for holidays



Field Guide to Conway:

Red-Winged Blackbird (*Agelaius phoeniceus*)

Folk names: *One-one, Red-wing*

by Courtney Gilligan & Marilyn Webster; illustration by Hannah Harvester

Any day now, Red-winged Blackbirds will be returning from their winter homes. Their nasal *conk-la-REE!*, sung from perches on broad-leaved cattails or telephone lines, is a welcome harbinger of spring.

Male blackbirds arrive in late February to mid-March and establish their territory among the cattails, sedges, and bur-reeds in open wetlands. The females arrive in early April, and almost half of them return to the previous year's territory. They build a nest low above water by weaving a platform of strips of vegetation, such as grasses and willow bark, forming a cup with mud and lining it with fine, dry grasses. They fiercely defend these nests, often attacking large birds.



As with many birds, Red-winged Blackbirds are named for the adult plumage of the male birds: their glossy black bodies and red epaulets (shoulder feathers) tinged with yellow. The species name *phoeniceus* comes from the Greek word *phoinikeos*, meaning “crimson, red, dark-red, purple.” (Ancient Phoenicians brought crimson dyes made from shellfish to Greece.) Female Red-winged Blackbirds, with their streaked breasts, white eyebrows, and a touch of yellow around the beak, look like large, striped sparrows.

The showy red feathers are the result of a varied diet of carotenoid-rich seeds, berries, and insects. In males these carotenoids are expressed as red and yellow pigmentation, while females utilize the carotenoids for nourishment in the egg for future offspring. Females are attracted to richly colored epaulets, as these indicate

that the male is good at foraging and finding good habitat. Changes in habitat can lead to variations in coloring.

The male Red-winged Blackbirds can display or conceal their red shoulder feathers. In addition to showing off their colorful plumage to attract mates and defend their territory, when they are in full song display, they fluff up their shoulder feathers to make the patches larger and more visible. However, if they are in a relaxed state or want to keep a low profile, they can cover their red feathers with black ones.

The genus name *Agelaius* comes from Greek and means “flocking.” Red-winged Blackbirds often migrate in flocks with other blackbird species, such as Common Grackles, European Starlings, Brown-headed Cowbirds, and Rusty Blackbirds. They are also communal roosters with the same species during the non-breeding season. Given an unconscious bias against female birds, it's unclear to us whether the females also migrate and roost with other species. Please let us know what you notice.

Hired Help Needed for Two Town Gardens

Pollinate Conway!, a volunteer group supported by the Open Space Committee, offers a paid position for ecologically focused garden care at Veterans Memorial Park and the Town Common garden (aka “library island”) from early to mid-May into early November. This position involves watering the gardens and doing additional maintenance, such as edging and weeding for an average of two to three hours of work per week. Knowledge of native plants is preferred.

For more information, please send an email to pollinateconway@gmail.com.

Eating Around Town

by Kate French

Recipe provided by Matt Gravel of Orchard Street. Matt's dog, Maisy, likes to sample this recipe!

Red-Cooked Anise Beef

2-3 lbs whole beef chuck, uncut
2 tablespoons peanut oil

Sauce:

4 tablespoons soy sauce
2 tablespoons dry sherry
2 tablespoons sugar
1 ½ teaspoons salt
4 whole star anise
¼ cup water



Heat oil in deep pan over high heat. Throw in beef and brown for 2-3 minutes on all sides. Add sauce, cover, and simmer for one hour, turning meat occasionally to prevent sticking. Add water if necessary or set lid ajar if too watery. Rotate meat and simmer for one hour more. This goes well served with steamed broccoli and white rice or steamed new potatoes.

NOTE: Star anise can be found in stores that carry Asian products, including in the spice aisle of most supermarkets.

From Conway's Open, a cookbook celebrating the town's 250th anniversary in 2017. Available at OESCO.

Splendid Book Chat

by Aimee Anderson

Late winter greetings. The first selection for this month's chat is *The Epileptic Bicycle* by Edward Gorey (Dodd, Mead & Company, 1969). This book of absolute silliness begins when two dreadful siblings, Embley and Yewbert, are suddenly distracted from bonking each other with croquet mallets by the arrival in their garden of a riderless bicycle. After battling over ownership of it, they both hop on, and the bicycle — which seems to have a mind of its own — takes them on a strange journey across turnip fields, through puddles and barns, during which they meet odd characters and encounter dangers and mishaps. The text is typical of Gorey: dark and whimsical and made more so by the author's wonderful, kooky artwork, which you may recognize from the BBC show *Mystery!* on PBS. My children were delighted by the story and the wittily captioned illustrations, and we laughed and laughed. I recommend a few passes through the book to catch all the strange and wonderful bits and pieces that make up the charming experience of reading an Edward Gorey book.

This month's second selection is a beloved, all-time favorite, *The Hobbit* by J.R.R. Tolkien (Ballantine Books, 1937). This book relates the amusing, exciting, dangerous, wild adventure of Bilbo Baggins, a simple, happy hobbit from the Shire. Bilbo, who fully intends to spend his days quietly and forever in his own snug home and garden, is, to his everlasting amazement, whisked away by the wizard Gandalf the Grey on a journey to recover lost treasure guarded by a terrifying dragon. Bilbo is accompanied by a baker's dozen of dwarves. The journey is long and arduous, and on the way we get to know the dwarves and their desperate plight to regain their stolen treasure and lost lands. We meet characters both cruel and kind and finally the cunning and dangerous dragon, Smaug. Through all the twists and turns of this delightful story is the constant thread of friendship, formed in happy circumstances and strengthened in difficult ones. And throughout, we watch

Bilbo, with the aid of Gandalf and the dwarves, transformed from a timid hobbit to a courageous adventurer. In my opinion *The Hobbit* sits at the top of the fantasy genre. I couldn't enjoy it more.

Note: There are two major film versions of *The Hobbit*: an animated feature released in 1977 and the three-film extravaganza released starting in 2012. In their own ways, both versions are a visual feast, but, as always in my opinion, the book is much the best.

Please join me next month for another Splendid Book Chat.

Senior Snowshoe Hikes

Hilltown Land Trust is pleased to once again partner with All Out Adventures in offering a series of senior snowshoe treks this winter. Join us Wednesday mornings for one- to three-mile snowshoe walks along beautiful snow-covered trails through the DAR State Forest in Goshen. We will have two treks per day, departing at 10:00 a.m. and noon, divided into multiple groups by ability level and interest. Please arrive fifteen minutes early to sign in and get geared up. Beginners are encouraged to attend!

In the event of insufficient snow cover, we will hike together instead. Snowshoes, poles, and traction aids will be provided free of charge. There is no cost to attend, although a donation of \$5-\$20 in support of All Out Adventures programming is appreciated.

Please check alloutadventures.org/programs#OurCalendar for more dates and locations. Preregistration is through All Out Adventures by email at info@alloutadventures.org or phone at 413-584--2052.

Dates for Hikes

- March 5
- March 12
- March 19

GCC Spring Senior Symposia

All remaining spring symposia will be presented in the first-floor meeting room of the John W. Olver Transit Center. Thanks to the mayor's office, the garage parking fee will be waived, so park free on any floor. Registration, at \$10 per talk, will be entirely online. Registration is free for those who wish to attend but cannot afford the fee. Please mark "scholarship registration" when you register for a program. All symposia take place from 2:00-4:00 p.m.

Thursday, March 5 Attorney and radio host Bill Newman will inform us about the complex topic of civil rights.

Wednesday, March 18 Josh Shanley will return to discuss "The Lasting Impact of the 1936 Connecticut River Flood."

Tuesday, April 7 Jarice Hanson will be back with her new historical monologue "Martha Gellhorn: In Her Own Words."

Wednesday, April 22 Dale Monette returns to share his photographs in "I See You: Stories of Quabbin Wildlife."

Descriptions of the talks and biographies of the speakers are available on our website, communityed@gcc.mass.edu

Conway Council on Aging

Council on Aging meetings are held on the first Wednesday of the month at 9:00 a.m. in Town Hall. The next meeting will be March 4. For more information, contact Patricia Ann Lynch, COA chair, at 369-4284 or email patricialynch@earthlink.net.

Senior Calendar for March

"First Friday" Walk-in Wellness Clinics Clinics are held on the first Friday of the month in Conway Town Hall from 9:00 a.m. to 12:00 noon. Regional public health nurses Lisa White, RN, and Meg Ryan, RN, staff the clinic. There are no out-of-pocket costs to residents for this service, which is provided through the town's

membership in FRCOG Cooperative Public Health Service. For more information, call 413-774-3167 x 156 (Lisa) or x 158 (Meg).

Monthly Foot Care Foot clinics are usually held on the first Monday of the month in Town Hall BY APPOINTMENT ONLY. Clinic hours are 9:00 a.m. to 3:00 p.m. The fee is \$25.00. A 48-hour notice is required for cancellations; without such notice, you will be responsible for the fee. NOTE: Reservations are taken at each month's clinic for the following month. Reserve a space now for the April or May clinic. For information or to schedule an appointment, call Pat Kocot at 369-4248 or 413-775-3629.

Senior Meals In most months meals are held at Town Hall on the second and last Thursdays of the month. Meals may be eaten in or picked up at noon. For reservations, more information, or to be added to our email or phone list for announcements, call Carolyn Thayer at 413-559-0282.

Senior Strength & Balance Classes Classes meet on Tuesday from 9:00 to 9:45 a.m. and Friday from 9:00 to 9:30 a.m. on Zoom. Each class includes upper body, lower body, and core strength exercises with dumbbells and balance training. This Healthy Bones & Balance program is sponsored by RSVP. Contact leader Gary Fentin at 413-530-1703 for information or for the Zoom link.

Yoga for Seniors Led by Jody Smith-Soles on Wednesdays in person and on Zoom. Class times and locations: mat yoga 10:00-11:00 a.m. at the library, chair yoga 11:30 a.m.-12:15 p.m. at the UCC. Call Jody at 413-824-9435 for information or for the Zoom link.

Senior Services

Durable Medical Equipment Loans The COA has items of durable medical equipment available for loan, including wheelchairs, transfer chairs, walkers, crutches, canes, tub and

shower chairs, commodes, and raised toilet seats. Call Hank Horstmann at 413-522-9240 to borrow equipment. NOTE: Please, when loaned equipment is no longer needed, call Hank to return it.

SHINE Counseling The SHINE (Serving the Health Insurance Needs of Everyone) Program provides free health insurance information and counseling to all Massachusetts residents with Medicare and their caregivers. People who have Medicare or who are about to become eligible for Medicare can meet with a counselor to learn about benefits and options available. A counselor will review programs that help people with limited income to pay health care costs.. SHINE counseling is available by calling LifePath at 773-5555 or by contacting Meg Ryan, one of Conway's public health nurses, at 774-3167 x 158.

Transportation for Medical Appointments & Shopping The Shelburne Senior Center provides curb-to-curb van transportation within Franklin County for seniors 60 and over for in-county medical appointments and grocery shopping. Call the center at 625-2502 to make an appointment at least 48 hours in advance or for information about reservations and fees. An application with a copy of a photo ID is needed to be pre-approved for ridership. For rides to out-of-county medical appointments, call the FRTA at 774-2262 x 163 for information and reservations.

Currents Advertisements & Notices

Rates for ads up to 150 words are: one month \$8.50, three months \$16.50; six months \$26.50, twelve months \$45.50. For cost of longer ads or to include images (limited), call or email Louise at 413-559-1180 or lmbeckett@crocker.com.

Pay by checking account or credit card through the town's website <https://conwayma.gov/> > How do I . . . ? > Pay for > Newsletter Advertising; or send a check to made out to **Town of Conway with Conway Currents in the memo section, PO Box 240, Conway, MA 01341**. Please send the text of your advertisement to Louise by email

at lmbeckett@crocker.com. **Deadline is the 15th of the preceding month.** If you want to discuss your ad or have any questions, please call or email lmbeckett@crocker.com.

Personal Care Aide/Caregiver - needed in center of Conway. Help with personnel tasks including toileting and dressing. Motorized wheelchair-bound elderly woman managing medications independently requires no help feeding and no heavy lifting. We continue to need backup PCAs to fill in when someone needs a day off or has an emergency at home. Evening and day shifts available with variable hours depending on the shift. We currently work with MA Health and Tempus. Tempus offers many free professional development classes under its union contract including CNA training with certification and first aid. Current rate is \$20/hour. Must pass a CORI check. The population in Conway is getting older and we all may need help in the future! Please contact David at 413-768-8751.

The Conway Inn - Open for pizza, chicken wings, and breadsticks, Friday and Saturday, 4 - 10 p.m.; Sunday 5 - 8 p.m. Call 413-369-4428 for takeout. Live music jams, second Friday 7 p.m. and third Thursday - starts around 6 p.m. - each month! Look for the blue flag on the porch.



Baker's Country Store - open seven days a week for all-day take-out breakfast and lunch: Monday-Friday 6 a.m.-6 p.m.; Saturday 7 a.m.-5 p.m.; Sunday 7 a.m.-3 p.m. Always find a variety of homemade desserts and baked goods and a large selection of last-minute items. Check us out on Facebook: [facebook.com/Bakers-Country-Store](https://www.facebook.com/Bakers-Country-Store) for today's specials or call 413-369-4936. **Corned Beef & Cabbage Dinner** with veggies and dessert March 21; sit in 5 p.m.; take out 5:30 p.m. \$30.00/dinner. Visit Bakers or call 413-369-4936 to reserve.

Natural Roots Farm - We are a horse-powered community supported farm (CSA) located along the South River right here in Conway. **Become a member of the farm! Sign up for our 2026 CSA season. We offer flexible 10 week or full-season 22 week share options in regular and large sizes.** Details on our website: www.naturalroots.com. The wider community is welcome to shop for vegetables, Tues & Fri, 3:00 -6:30, June - October. It's like a farmer's

market every week! Our farm store is open to the public year-round, self-serve during daylight hours. We offer eggs from our own pastured hens as well as other local items including beef, chicken, pork, dairy, baked goods, honey, maple products, coffee, tea, ice cream, snacks, beverages and more! Enjoy this beautiful, bountiful farm and the vibrant community that we feed. Natural Roots, 888 Shelburne Falls Rd., Conway, MA 01341, 413-369-4269, naturalrootscsa@gmail.com.

House Above The Hollow - Need accommodations for visiting family or friends? House Above The Hollow is a charming one-bedroom apartment in a lovely Greek Revival home overlooking the historic Pumpkin Hollow. For more info visit [airbnb.com](https://www.airbnb.com) House Above The Hollow.

Realtor on Main Street, Conway Center - Geoffrey Baker, licensed realtor with Cohn and Company in Greenfield. As the days grow brighter and warmer, the housing market is showing signs of turning a corner, so staying ahead of the curve and meeting the future now is always a smart strategy. Let me help you make your move, whether buying or selling. Proud to support my community and children's arts education, 20% of all my commissions go to Amherst Ballet Theatre Company, 65 Sunderland Road. 413-296-5225, geoffrey@cohnandcompany.com.

Now's the Time! - If you're considering a move in 2026, now is the time to call your realtor for pre-listing advice, pre-buying guidance and coaching on how to be ready for the Spring thaw in the residential real estate market. Don't have a realtor yet? I'm a longtime Conway resident and love working with fellow Conwegians! Sarah Newman, Realtor with Coldwell Banker Community Realtors; MA Real Estate Salesperson License #9561615, MA Registered Architect License #9849 [sarahnewmanrealtor.com](https://www.sarahnewmanrealtor.com); Sarah.Newman@CBCCommunityRealtors.com; 413-548-6525

March is here - so we're all starting to think about spring cleanup and garden prep, while still living with winter every day! Come to OESCO and check out our selection of rakes, shovels, spades, hoes, and specialized garden and landscape tools, from a variety of manufacturers. We also have an extensive selection



of work gloves to meet every occasion: insulated, waterproof, high-visibility, latex- and nitrile-palm, chainsaw, and much more, in a wide range of sizes, including kids' sizes! As always, our shelves are full of books and reference guides to inspire you as you look ahead to the coming year – you might enjoy *Planting for Pollinators* or *Weedless Gardening* as you work on this year's planting plans. Call or stop by to talk to our knowledgeable sales staff. Shop where the pros shop, and thanks for buying locally! OESCO, Inc. M-F: 7-5; 369-4335

Jan & John Maggs Antiques and Art - 17th-century English oak furniture, Queen Anne and Georgian jewelry, paintings, carpets, and small accessories in our shop in Pumpkin Hollow.



Although our open flags won't be visible during the winter months, we're in the office, at our computers, or on the phone daily. Our "Climbing the Walls" show of paintings and other wall art is still on view, and there's plenty more to see, as well. We invite you to visit us online at jmaggs.com or in person by calling or emailing to arrange a visit. We're always happy to show visitors around and answer questions about the things we sell. 413-369-4256; jmaggs@jmaggs.com.

Calm Computing - Tech help, made local. Having trouble with your computer, Wi-Fi, printer, or phone? Calm Computing provides friendly, down-to-earth tech support right here in Western Mass. Whether it's setting up a new computer, solving email issues, getting your smart TV online, or just making things "work like they should," we make technology simple again. We offer in-home visits, phone, and remote support with no long waits or confusing jargon, just patient, practical help.



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Introduction to Porcelain - with Megan Hart: Wednesdays beginning February 25, 4:00-6:00 for 6 weeks at my studio in Conway.

Experience the subtle delicate approach of throwing with porcelain. Unlike stoneware, porcelain has a fine grained composition that creates a unique sensation in throwing and allows for intricate details. Must have some throwing experience and be able to center the clay.

Wheel throwing for the novice - advanced with Megan Hart: Beginning Monday, March 4, 4:00-6:00 for 8 weeks at my studio in Conway. We will focus on throwing consistent stoneware forms along with pulling handles and adding spouts. Decorative glazing techniques will be introduced. All materials and firings are included. Classes are small, 4 people which allows for a lot of individual attention. For more information and to register contact hartpottery@gmail.com or call 413 522 6707.

Block Printing with Two Colors! - Saturday March 21, 1 - 4 p.m. in Conway. If you've ever done block printing, here's a chance to play with more than one color. Artist Hannah Harvester will teach the multi-block technique for printmaking. Depending on participants we may also touch on reduction prints and Chine-Colle. Don't know what that means? Come find out! Space is limited. \$55 per person includes instruction and all materials. Reserve your spot at www.hannahharvester.com - see the "Classes" page - or contact hannahharvesterfineart@gmail.com to learn more. At Hannah Harvester Fine Art Studio, 46 Delabarre Ave in Conway.

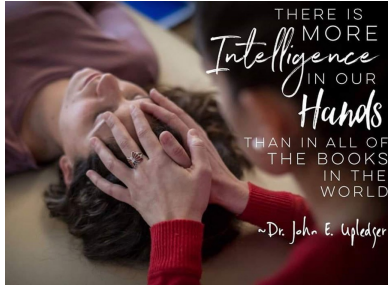
Mosaic Art Workshops for Adults - Christine Kenneally, Conway resident and mosaic artist, with 18+ years teaching experience, is offering workshops at her home studio on North Poland Rd. Small classes, personalized instruction, creativity coaching. Upcoming Workshops include:

- Mosaic Stepping Stones: April 11 and May 16, 10-4 (lunch included)
- Mosaics for Beginners. Six weeks on Tuesday mornings beginning May 5.
- Mosaics Inspired by Nature. Six weeks on Wednesday mornings beginning May 6.

Details and registration: www.christinekenneally.net

Debra Hoyle Studio and Gallery - welcomes visitors by chance or by appointment. *Collage workshops are available* for beginners and experienced artists, and gift certificates for these are a great idea. Come with a friend and try something new! Contact Deb at 413-325-5579 for info. or to set up a time. Debra recently became an artist member of the Amp It Up! program at Northampton Center For the Arts. 2026 will be full of multi-disciplinary exhibits and events @ www.nohoarts.org! [instagram.com/debhoyle.art.rockpaperscissors](https://www.instagram.com/debhoyle.art.rockpaperscissors)

Eastern and Somatic Therapies - and Western Mass Equine Therapy for mental health offers private sessions and retreats in therapeutic yoga, qigong, connection, intimacy and yoga therapy as bodywork and dialogue available in person or virtually. Gina M. Barrett, MIA, C-IAYT, ERYT 200, RP II is an award winning multi book author who provides workshops and professional development trainings. Until April 1st, take advantage of Gina's reiki special: 30 minutes for \$49! Equine therapy begins in April. Subscribe to our mailing list for the announcement of equine yoga classes, reiki with horses and our April Open House. Learn more and schedule at www.ginabarrett.com.



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