



Volume 6, Number 7 - July 2025

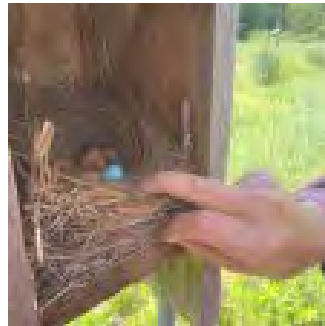
## A Day in the Life of a Bluebird Trail Monitor

by Katie Clarke Waddell

Last year my husband, Robert Catlin, and I installed 28 bluebird/swallow boxes around Conway. It was a labor of love that could have happened only with the cooperation of my wonderful landowner neighbors, our friend Steve Thomas, who made all the boxes for free, and Robert, who helped me site the boxes and put them up. Nestbox monitoring is a fair amount of work. From April through July I monitor the boxes every couple of days. We fledged around 50 swallow and 54 bluebirds last summer. Here's what a day in my life looked like during the week of May 21-28.

It was a rough week of cold, wet weather. My mind was especially on the boxes at South River Meadow. Some boxes had been plagued by house sparrows. I have trapped some, but others keep coming in their wake. Three nests didn't make it. This first round of fledglings is going to be small. It's early in the season, though, and bluebirds usually have at least two rounds of nesting!

I know from experience that bluebird parents are tough and persistent. I removed the nests with dead nestlings, and in each case bluebirds are already building nests for a second try. I love to see the swallow and bluebird mothers on top of their eggs or nestlings giving me the fish eye, refusing to move, and guarding their young tenderly and determinedly. What a delight and privilege it is to get to a close view of their lives!



You don't need to be a bluebird expert to be able to set yourself up small to start, learn from other people, and rally with a small community to build a bluebird trail. This year we have 40 boxes roughly divided – as usual – about equally between bluebird and tree swallow nests. Feel free to contact me if you have property with open meadow space and are interested in cultivating bluebirds: [kclarkewaddell@gmail.com](mailto:kclarkewaddell@gmail.com).

## Festival of the Hills Needs Help

by Hazel Goleman

Do you love fried dough? Would you love to eat some at the Festival of the Hills this year? If you answered “yes,” then we need your help! As of right now, the festival will not offer fried dough because no one has signed up to coordinate it. No fried dough?! The festival board is calling on our community members to step up and help out by filling this critical role as well as a few others:

- *Fried Dough Activity Coordinator:* This position requires ServSafe certification. Don't have it but want to sign up? The festival board will cover the cost of your course enrollment.
- *Publicity Coordinator:* To send out press releases and run radio ads.
- *Program Advertising Coordinator:* To reach out to our generous patrons who advertise in the festival program.
- *Exhibitor Coordinator:* To book our wide variety of exhibitors, such as the beloved Tom Ricardi and his birds, Joe's Skin and Bones Found Treasures, and more.
- Two to three board members, including a treasurer, are needed to help keep the whole festival running smoothly!

Please consider joining a great group that meets biweekly in the summer, leading up to the 2025 FOH on October 5. Positions are held for two to three years. Job descriptions and manuals for these positions are available upon request and will soon be accessible on

the festival website. Our beloved festival won't happen without more help. If you have skills you think might be helpful for any of the above or even just general enthusiasm, please email [hazel.goleman@gmail.com](mailto:hazel.goleman@gmail.com).

As the youngest member of the board and a lifelong Conway resident, I know just how important this traditional event is to our community and how much work our volunteers put into it. It would be a shame to see the festival come to an end due to a lack of support. I've seen firsthand how the town's older generations have stepped up and carried on this tradition every year, but it is time for our younger community members to take the torch and give them a much-needed break! I know we all have busy lives, but planning this event is faster and easier with more hands on deck. All we ask of you is a few hours of your time each month and help during festival weekend. The foundation of the festival is set; all we have to do is come together and make it happen.

## Festival of the Hills!

**Annual FOH Bake Sale:** Saturday, October 4, 9:00 a.m. to 2:00 p.m., Town Common in front of the library

The annual Saturday FOH bake sale is looking for donations of baked goods: cookies, pies, cakes, breads, muffins, and the like. The food must be wrapped and labeled for nuts, GF, etc. Food can be dropped off the morning of the sale after 8:00 a.m. We will also have coffee, tea, and cider for sale. All proceeds from the bake sale are for the benefit of the Festival of the Hills Scholarship Fund for Conway graduating high school seniors.

No time to bake? Please stop by and purchase some baked goods for the weekend, holiday company, or your freezer. Thank you for supporting the festival and Conway students. Call Gail Connelly at 369-4287 if you have any questions.

**Call for Artists!** Conway's Festival of the Hills is seeking artists for the Festival of the Hills Art Exhibition to be held at the Field Memorial Library on October 5. All Conway artists are cordially invited to enter up to five pieces. Please join us for this event. Applications are available at [festivalofthehills.com](http://festivalofthehills.com). Queries and applications can be sent to the art show coordinator at [conwayfestivalarts@gmail.com](mailto:conwayfestivalarts@gmail.com).

**Calling All Crafters!** If you are a crafter interested in participating in the Craft Fair at the 2025 Conway Festival of the Hills, October 5, please obtain a crafter application form by visiting the FOH website, [festivalofthehills.com](http://festivalofthehills.com) >"Events," >"Craft Fair", or by contacting the Craft Fair coordinator, Amy Rioux, at [conwaycrafters@yahoo.com](mailto:conwaycrafters@yahoo.com) or 413-336-1360.

All crafts must be handmade by the exhibitor. No manufactured, imported, or made-from-kits goods are permitted. Applications must be postmarked by August 15 and will be replied to by August 29. Crafts will be juried for craft balance. Crafters must provide their own canopy tent, tables, chairs, and other means of display. The fee for a 12' x 12' crafter space on the ball field is \$50, which supports the FOH Scholarship Fund for graduating seniors from the town of Conway.

**Festival of the Hills Scholarship Recipients** We are pleased to announce that the following Conway seniors were recipients of 2024 (awarded in 2025) Conway Festival of the Hills scholarships: Leila Bosman, Mary Burt, Hannah Davis, Aidan Galt, Caroline Makosiej, Dyna Menard, Lilly Novak, Collin West, and Izak Wormgoor. A total of \$8,700 was awarded to these nine students, all graduating from Frontier Regional High School.

Festival of the Hills scholarships are available to all graduating high school seniors from Conway who submit complete applications. Consideration is given to a student's community/school involvement, academic standing, financial need, work history, and Festival of the Hills service. Scholarship

applications are available on the festival website, [festivalofthehills.com](http://festivalofthehills.com), or on the Town of Conway website, [conwayma.gov](http://conwayma.gov).

## Ashfield FilmFest

“These are the times that try men’s [our] souls,” Thomas Paine wrote in his pamphlet “The American Crisis” in 1776. On the occasion of the 250th anniversary of the American Revolution, the Ashfield FilmFest introduces a special history prize of \$1,000 this year only for the short film that best addresses the idea attributed to philosopher George Santayana: “Those who cannot remember the past are condemned to repeat it.” The challenge will be to think outside the box. Themes could range from lighter treatments, such as “how to best set a toaster oven to avoid burning toast for a second or third time,” to weightier subjects such as “constitutional crisis.” In 1787 Thomas Jefferson wrote this about Shay’s Rebellion: “I hold it that a little rebellion now and then is a good thing, and as necessary in the political world as storms in the physical.”

As always, the FilmFest welcomes all films that are five minutes or less in length, family friendly, and with some connection to western Massachusetts. You can submit your film through [FilmFreeway](http://FilmFreeway). For more information see the [Ashfield FilmFest](http://Ashfield FilmFest) website. All the films are eligible for cash prizes (between \$250 and \$500), and winners also receive a piece of art made by local artisans. The submission deadline is August 31, but it’s never too early to submit your film!

The FilmFest is scheduled for September 19 and 20 at Ashfield Town Hall. On Friday night we will screen an engaging feature film with participation from the filmmakers and the audience. Saturday is the short film competition gala, at which community members gather to watch a juried collection of community-created films with big sound on a big screen.

Mark your calendars for the event! Amateurs and established filmmakers, young and old, are encouraged to submit films. YOU could be the one to take home the coveted Audience Choice Award, the Youth Award, or this year’s special history prize. Contact Lynn R. Dole, [lrdoe@gmail.com](mailto:lrdoe@gmail.com), with questions.

## Notes from the Town Administrator

Thank you to everyone who attended Annual Town Meeting this year. As a reminder, the warrant, warrant “lite” voter guide, FY26 budget, and Annual Report are all listed on the town’s website, [conwayma.gov](http://conwayma.gov), under the Town Meeting tab. If you have any questions about the budget, I am always available as well.

As we enter the second year since the floods, I want to thank everyone for their patience with the town. The Highway Department is now almost fully staffed and is working hard this season on quite a few roads in town. The list of roads under construction is also on the website, under the Highway Department tab.

If you didn’t receive the robocall on June 12 concerning the closure of North Poland Road during construction of the permanent new bridge, it means you are not on our Emergency Alert System list. Please contact me with your name, address, and phone number and let me know if you would like to receive voice, text, or email messages or any combination of the three.

Let’s hope for clear skies on the Fourth of July!

Best, Véronique

## News from the Board of Health

**Air Quality** Wildfires in Canada can affect your health in Franklin County! Wildfires create tiny particles of air pollution that travel hundreds of miles. We inhale the pollution particles, which can go deep into our respiratory system. These particles are so small that the width of the average human hair is at least thirty times larger!

Short-term health effects could include irritation of eyes, nose, throat, and lungs, which can worsen existing respiratory and cardiac conditions. Areas with long-term exposure to higher levels of these particles have higher cardiovascular and respiratory hospital admissions and deaths.

Knowing local air quality can empower people to make informed health decisions. An Air Quality Index (AQI) reading between 101 and 150 suggests moderate pollution, so you may choose to reduce outdoor activities or wear an N95 mask. When the AQI exceeds 150, outdoor activities should be avoided.

Over twenty air quality sensors have been installed across Franklin County, thanks to funding from the Massachusetts Department of Environmental Protection (one will be installed in Conway). Data from these sensors is included in local weather and air quality reports. See a map of local sensors on [purpleair.com](http://purpleair.com).

**Recovery Support Resources** Recovery meetings and coaches are available to Conway residents in recovery from substance use disorder through the town's opioid settlement funds and additional grant funding awarded to the Cooperative Public Health Service. Meetings are nondenominational and open to all pathways to recovery. Meeting format is focused on peer support and invites participants to reflect on and share what they are doing for their recovery. Topics are chosen by meeting participants. Recovery coaches offer 1:1 support. This involves mentoring, connecting participants to the recovery community and resources, and creating a climate of recovery.

Meetings and coaches are provided by the Recover Project at [recoverproject.org](http://recoverproject.org). Find dates, times, and locations of local weekly All-Recovery Meetings and coach drop-in hours on the BOH webpage at [conwayma.gov/g/42/Board-of-Health](http://conwayma.gov/g/42/Board-of-Health) or pick up a flyer from the town office.

**Moms Do Care** [momsdocare.org](http://momsdocare.org) is a statewide program designed to provide support for pregnant and parenting people impacted by

substance use disorder. The program is available to those who are 18 or older, have a history of substance misuse, and are pregnant or parenting a child 36 months old or younger. The location closest to Conway is the Moms Do Care program at Baystate Franklin Medical Center.

*Information from the Conway BOH is focused on our shared public health. Please consult your health care provider for your personal health care guidance. For the most up-to-date information, please see the town website and the BOH webpage at [conwayma.gov](http://conwayma.gov).*

## Thank You to the Fire Department and Auxiliary

We want to extend our heartfelt thanks to the firefighters who responded to the recent fire at our 100-year-old barn. Although we sadly lost several pieces of haying equipment, your quick action saved two of our tractors – and for that, we are incredibly grateful. Your courage and professionalism made a tough day a little easier. Thank you also to the Firemen's Auxiliary; we are blessed to have this organization in our town.

We were overwhelmed by the many people that reached out to us with offers of bringing equipment, helping with haying, rebuilding, the list goes on and on. We are blessed to live in Conway.

Gratefully, Pete and Lora Hanas

## Swimming Pool News

The celebration of the 75th anniversary of the Conway Swimming Pool and last day of school at Conway Grammar School brought a wonderful sense of Conway community on a gorgeous Friday evening in June. Celebrating were young and old, many meeting and greeting neighbors for the very first time. Some enjoyed the sights and sounds, while others tossed a ball, took a swim, learned

yo-yo tricks, and enjoyed a picnic provided by the Conway Swimming Pool and Parks and Recreation committees. We thank all who volunteered as well as the Conway Cultural Council for granting funds for the yo-yo wizard and Greenfield Savings Bank for donating ice cream.

## UCC Camperships

Are you going to camp this summer? UCC of Conway is offering some money to help with expenses. We will be awarding six \$50.00 "camperships" to any boy or girl attending either a day or an overnight camp. Preference will be given but not limited to those who live in or are affiliated with Conway. If you are interested, please email [uccconway@gmail.com](mailto:uccconway@gmail.com) or send a written request to UCC of Conway, PO Box 214, Conway, MA 01341. Happy camping!

## Friends of the FML Red Gate Farm Scholarship

The Friends of the Field Memorial Library is offering scholarship aid to Red Gate Farm 2025 Summer Programs. Children who live in Conway and need financial aid to attend the program are eligible and encouraged to apply. Simply apply online: [redgatefarm.org/summer](http://redgatefarm.org/summer). The age range for children attending the elementary school summer farm program is five to ten years. The child needs to be five years and ten months old by July 1, 2025. The summer program is now open for registration on a first-come basis.

## Friends of the FML Update

**Museum Passes** The Friends of the Field Memorial Library has free passes available for several museums and parks. Come see what is available by looking at our pass board located near the circulation desk. Each pass enables admission of a varying number of people. Please check with the librarian to reserve a pass and to find out what it will cover. Passes are a one-week loan for maximum community use. We request that passes be returned

during the library's open hours. We have passes for MassMOCA, the Eric Carle Museum, Historic Deerfield, the Clark Museum, Wistariahurst Museum, the Pioneer Valley Symphony, and a DCR pass to any state park.

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**Saturday, July 12, 2:30-4:00 p.m., Celebration of the Library's 124<sup>th</sup> Anniversary** A New Blue Jazz Ensemble will perform a free outdoor concert at the library. We have the great good fortune to host this spectacular group of performers again. This program is supported by the Massachusetts Cultural Council, a state agency, and is accessible to all. Bring chairs; the performance will be held rain or shine, inside or outside of the library depending on the weather! Refreshments will be provided.

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**July 19-20, Story Walk** The walk will be set up in Veterans Memorial Park opposite Town Hall on Saturday and stay up until 3:00 p.m. on Monday. July's story is *Somewhere in the Ocean* by Jennifer Ward. You can walk from one sign to the next to read the story. Activity kits will be available in a plastic container, first come, first served. Just help yourselves. More story walks will happen on the third weekend of each month. We are able to do this with the generous support of the Union 38 Family Network.

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**Wednesday, July 23, 2:30 p.m., Story Time** Come to our Story Time for children 6 years old and under (but all are welcome). On the fourth Wednesday of each month from 2:30 to 3:00 p.m., stories, songs, and other fun activities will be hosted in the library's children's room or possibly outside during warmer months. Story readers will be a Friends volunteer and/or Amy Battisti and staff from the Union 38 Family Network and Frontier Regional School district.

## From the Conway Historical Commission

The Bardwell's Ferry Bridge has been closed since August 2023 due to deterioration in the approach span at the Conway end of the historic 1882 iron truss bridge. The state has committed to fully paying (including with federal funds) for needed repairs. The state's current plan is to begin advertising for bids in October 2026.

That may be for the needed safety repairs to the 31-foot approach span and for full repainting and redecking of the bridge itself. Continued pressure by the townspeople and Representative Natalie Blais might result in an earlier bid award for at least the Conway approach span and thus an earlier bridge reopening.

The *Greenfield Gazette & Courier* newspaper (1841-1932) report below, dated Monday, September 3, 1883, which describes a court case between the towns of Conway and Shelburne about that short span, provide more details about the history of the bridge. NOTE: There is no present-day conflict between the two towns.

“This was an action of contract to recover for one-half the cost and expenses of a wooden bridge, about 30 feet long with the abutment, at the Conway end of the new iron bridge at Bardwell's Ferry. The whole cost was \$585.50. There was also an account by Conway against Shelburne for repairs of \$50.13. It appeared by the agreed statement offered that in 1868 the County Commissioners ordered the [original, covered] bridge to be built by Conway and Shelburne jointly. They ordered the bridge from a pier to be built on a flat ledge on the Conway side to the Shelburne side, and that about 30 feet from that ledge, which was 27 feet below the level of the road, to the Conway bank, was to be built by the town of Conway as a bridge, or filled in, as they chose. Conway chose to build a 30 foot bridge. In 1882 the wooden bridge, 200 feet long, was blown into the river, and this new iron bridge built by the two towns. The town of Shelburne denied its liability to help rebuild the 30 foot bridge. The town of Conway then built it and now asks Shelburne to pay its one-half, on the ground that the Legislature of 1875 enacted that the two towns should jointly maintain and repair the bridge at Bardwell's Ferry. Judge Staples decided that the bridge mentioned in the Act meant the 200 foot wooden bridge that stood there when the act was passed and did not include the 30 foot bridge and gave judgment for the [defendant]. The plaintiff appealed and the matter will be decided by the Supreme Court in September.”

The majority of the Supreme Court judges were not of the opinion that the lower court's judgment should be overturned. Therefore, the lower court's ruling in Shelburne's favor was sustained.

## History Chats

Members of the town Historical Commission, a municipal committee separate from the nonprofit Conway Historical Society museum, have resumed their monthly history discussions. These informal discussions take place on the fourth Friday of each month from 1:00-4:00 p.m. in the Town Hall General Purpose Room. Advance notice helps us to compile our research about neighborhoods and properties but is not required before stopping by. We also welcome opportunities to conduct oral-history interviews with anyone interested in sharing their memories. For more information, please contact commission member Bill Burnett at [maplefarm116@gmail.com](mailto:maplefarm116@gmail.com) or 413-768-1353.

## Conway Historical Society News

This year's summer exhibit, "The Great Calamity," opens on July 6 at the Historical Society Museum, 50 Main Street. Devoted to the natural disasters impacting life in Conway and the rest of New England from the 18th century to the present, it includes floods, blizzards, fires, tornadoes, hurricanes, and even a volcanic eruption. The museum is open from 1:00 to 4:00 p.m. on Sundays July through August and during the Festival of the Hills.

Our annual summer picnic will be held at 6:00 p.m. on Friday, July 18, at the historic Flagg's Mill, 576 Shelburne Falls Road, at the generous invitation of the new owner, Sandor Farkas. Bring a lawn chair and a dish for the potluck. Keep an eye on our Facebook page for announcements.

Join the society! Membership is still just \$10.00 for individuals and \$18.00 for families. We welcome new members and volunteers to help with research and cataloging, event production, or managing our social media.

## Splendid Book Chat

by Aimee Anderson

Greetings. This month's selection is the dazzling *Master and Commander* series of historical novels by Patrick O'Brian (W. W. Norton & Company). Set during the Napoleonic Wars, the series follows two friends, Royal Navy officer Jack Aubrey and ship's surgeon Dr. Stephen Maturin, through the adventures and hardship of Britain's war with France. Aubrey, a highly skilled sailor and leader, seeks glory for his country and promotion for himself. Maturin, a physician, naturalist, and spy, works diligently for his nation's cause – the defeat of Napoleon – for secret reasons of his own. In the first novel in the series, *Master and Commander* (1969), Aubrey, after learning he has been appointed to the rank of master and commander (effectively captain) of HMS *Sophie*, invites Maturin to join the crew as ship's surgeon. Dr. Maturin accepts Aubrey's invitation, and thus begins an epic friendship that threads its way through all twenty-one novels of the series. With their developing friendship as a backdrop, the characters are thrust into some of the most exciting events of the epic global wars between France and a series of European coalitions, which began when Britain declared war on France.

These books are well researched, containing a wealth of information about naval ships and their crews, the joys and hardships of sailing around the world in often raging seas, sights of unfamiliar lands, and much, much more. But beyond the grand events of the war, the reader's interest is piqued by the unfolding of smaller events in the main characters' lives and how their friendship anchors them in times of trouble.

After reading the first novel in the series, I was hooked on the story and binged the rest of the books as fast as I could find them. Note: To date only one film has been made from this series: *Master and Commander: The Far Side of the World* (2003), which draws on events from three of the books. Please join me again next month for another Splendid Book Chat.

## Conway Council on Aging

Council on Aging meetings are held on the first Wednesday of the month at 9:00 a.m. in Town Hall. There will be no July meeting. For more information, contact Patricia Ann Lynch, COA chair, at 369-4284 or email [patricialynch@earthlink.net](mailto:patricialynch@earthlink.net).

### Senior Calendar for July

**"First Friday" Walk-in Wellness Clinics** Clinics are held on the first Friday of the month in Conway Town Hall from 9:00 a.m. to 12:00 noon. Regional public health nurses Lisa White, RN, and Meg Ryan, RN, staff the clinic. There are no out-of-pocket costs to residents for this service, which is provided through the town's membership in FRCOG Cooperative Public Health Service. For more information, call 413-774-3167 x 156 (Lisa) or x 158 (Meg).

**Monthly Foot Care** Foot clinics are usually held on the first Monday of the month in Town Hall **BY APPOINTMENT ONLY**. Clinic hours are 8:30 a.m. to 4:00 p.m. The fee is \$25.00. A 48-hour notice is required for cancellations; without such notice, you will be responsible for the fee. NOTE: Reservations are taken at each month's clinic for the following month. Reserve a space now for the August clinic. For information or to schedule an appointment, call Pat Kocot at 369-4248 or 413-775-3629.

**Senior Meals** In most months meals are held at Town Hall on the second and last Thursdays of the month. Meals may be eaten in or picked up at noon. For more information or to be added to our email or phone list for announcements, call Carolyn Thayer at 413-559-0282.

**Senior Strength & Balance Classes** Classes meet on Tuesday from 9:00 to 9:45 a.m. and Friday from 9:00 to 9:30 a.m. on Zoom. Each class includes upper body, lower body, and core strength exercises with dumbbells and body weight and balance training. This Healthy Bones & Balance program is sponsored by RSVP.



Contact leader Gary Fentin at 369-0001 for information or for the Zoom link.

**Walking Group** The walking group meets in front of the library every Monday, weather permitting, for walks around town. to enjoy companionship and friendly conversation while engaging in healthful exercise. For more information and the summer meeting time, contact Phylis Dacey, 369-4326.

**Yoga for Seniors** Led by Jody Smith-Soles on Wednesdays in person at the library and on Zoom. Class times: mat yoga 10:00-11:00 a.m., chair yoga 11:15 a.m.-12:00 noon. Call Jody at 413-824-9435 for information or for the Zoom link.

### **Senior Services**

**Durable Medical Equipment Loans** The COA has items of durable medical equipment available for loan, including wheelchairs, transfer chairs, walkers, crutches, canes, tub and shower chairs, commodes, and raised toilet seats. Call Hank Horstmann at 413-522-9240 to borrow equipment NOTE: Please, when loaned equipment is no longer needed, call Hank to return it.

**SHINE Counseling** The SHINE (Serving the Health Insurance Needs of Everyone) Program provides free health insurance information and counseling to all Massachusetts residents with Medicare and their caregivers. People who have Medicare or who are about to become eligible for Medicare can meet with a counselor to learn about benefits and options available. A counselor will review programs that help people with limited income to pay health care costs.. SHINE counseling is available by calling LifePath at 773-5555 or by contacting Meg Ryan, one of Conway's public health nurses, at 774-3167 x 158.

**Transportation for Medical Appointments & Shopping** The Shelburne Senior Center provides curb-to-curb van transportation within Franklin County for seniors 60 and over for in-county medical appointments and grocery shopping. Call the center at

625-2502 to make an appointment at least 48 hours in advance or for information about reservations and fees. An application with a copy of a photo ID is needed to be pre-approved for ridership. For rides to out-of-county medical appointments, call the FRTA at 774-2262 x 163 for information and reservations.

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## Currents Advertisements & Notices

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Rates for ads up to 150 words are: one month \$8.50, three months \$16.50; six months \$26.50, twelve months \$45.50. For cost of longer ads or to include images (limited), call or email Louise at 413-559-1180 or [lmbeckett@crocker.com](mailto:lmbeckett@crocker.com). Pay by checking account or credit card through the town's website <https://conwayma.gov/> > How do I . . .? > Pay for > Newsletter Advertising; or send a check to made out to **Town of Conway with Conway Currents in the memo section, PO Box 240, Conway, MA 01341**. Please send the text of your advertisement to Louise by email at [lmbeckett@crocker.com](mailto:lmbeckett@crocker.com). **Deadline is the 15<sup>th</sup> of the preceding month.** If you want to discuss your ad or have any questions, please call or email [lmbeckett@crocker.com](mailto:lmbeckett@crocker.com).

**Double-bowl stainless steel sink** - with faucet and sprayer. In good condition. FREE! Call or text Adria at 413-325-4882. We'd hate to see it go to the dump!



**As You Like It Cleaning Service** - is looking for 1 or 2 new clients once or twice a month. I have been serving the Conway area since 1982 and have sterling references available upon request. Please call 413 325 5777 for more information.

**Personal Care Aide (PCA)/Caregiver Needed** - in center of Conway. What does it take to keep an elderly person out of a nursing home? -- Everything you can think of: caring, dedicated, responsible people to do PCA care, laundry, trash removal, cleaning, shopping, help with personnel tasks, cooking and so much more. **We are**



**currently looking for backup PCAs. Specifically we need someone to fill in when someone needs a day off or has an emergency at home. We can offer two evening shifts a week as steady income and any shifts that may come up.** Requirements: Must pass a CORI check. Current pay is \$19.50 hour and we are working with MASS Health at this time. Variable hours depending on shift. If this is something you might want to do now or in the future, think about it and call David at 413-768-8751. The population in Conway is getting older and we all may need help in the future!

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**The Conway Inn** - Open for pizza, chicken wings, and breadsticks, Friday and Saturday, 4 - 10 p.m.; Sunday 5 - 8 p.m. Call 413-369-4428 for takeout. Live music jams, second and fourth Fridays at 7 p.m., and third Thursday - starts around 6 p.m. - each month! Look for the blue flag on the porch.

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**Baker's Country Store** - open seven days a week for all-day take-out breakfast and lunch: Monday-Friday 6 a.m.-6 p.m.; Saturday 7 a.m.-5 p.m.; **Sunday 7 a.m.-3 p.m. Open Fourth of July 7 - 5.** Find a variety of homemade desserts and baked goods and a large selection of last-minute items. Need catering? Call Helen for pricing. Check us out on Facebook: [facebook.com/Bakers-Country-Store](https://facebook.com/Bakers-Country-Store) for today's specials or call 413-369-4936.

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**Natural Roots Farm** - We are a horse-powered CSA farm located along the South River right here in Conway. Enjoy this beautiful, bountiful farm and the vibrant community that we feed. Our farm store is open to the public year-round, self-serve during daylight hours. We offer eggs from our own pastured hens as well as other local items including beef, chicken, pork, dairy, baked goods, honey, maple products, coffee, tea, ice cream, snacks, beverages and more! Details on our website: [www.naturalroots.com](http://www.naturalroots.com). Natural Roots, 888 Shelburne Falls Rd., Conway, MA 01341, 413-369-4269, [farmers@naturalroots.com](mailto:farmers@naturalroots.com).

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**House Above The Hollow** - Need accommodations for visiting family or friends? House Above The Hollow is a charming one-bedroom apartment in a lovely Greek Revival home overlooking the historic Pumpkin Hollow. For more info visit [airbnb.com](https://airbnb.com) House Above The Hollow.

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**Old Parsonage Flowers** - Need a unique gift or something to brighten your home? Old Parsonage Flowers has a variety of

Conway-grown pressed flowers as well as vases, candle holders, small made-to-order signs and tiles and framed items, many incorporating decoupage; almost all using upcycled materials. Have a special request? Let's see if we can help. Check out our [FaceBook](#) page or email us at [oldparsonageflowers@gmail.com](mailto:oldparsonageflowers@gmail.com). Open by chance on Upper Baptist Hill when the flowers start blooming!

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**It's July and summer is heating up!** - Time to harvest your lowbush blueberries? We have blueberry rakes handmade in Maine, in 12" and 15.5" widths. Weeds love the warm weather too; we have an extensive inventory of tools that will help you stay ahead of them. Our GrowTech weeding sickles and hand hoes, designed and made by master craftsmen in Japan, come in a variety of styles and handle lengths. And don't forget the ever-popular Cobrahead weeder/cultivator, one of our favorite all-purpose garden tools! Grab a collapsible nylon Spring Bucket from Barnel (available in three sizes) for easy weed collection and clean-up. Call or stop by to talk to our knowledgeable sales staff and don't forget to grab a copy of our latest catalog while you're here. Shop where the pros shop and thanks for buying locally! OESCO, Inc. (Orchard) M-F: 7-5; 369-4335



**Jan & John Maggs Antiques and Art** - 17th-century English oak furniture, Queen Anne and Georgian jewelry, artwork, carpets, small accessories, and more. Open by chance or appointment. Visit us online at [maggs.com](http://maggs.com). To arrange a visit, email [jmaggs@jmaggs.com](mailto:jmaggs@jmaggs.com), or call 369-4256. Feel free to knock whenever you see the blue doors on the front of the barn.



**Singing Lessons!** - The School of Trusting the Voice by Peter Barley. Confidence building: use your unique voice; expand your range and quality of sound. Enjoy singing and optional guitar lessons. For students of all ages and levels, including those who think they can't sing, are tone deaf, or are afraid of singing or have voice injuries. The school of trusting the voice with Peter Barley. Referrals available. Come to my studio in Conway or visit



online. Conway has been my home town since 1985. First lesson half off. 413-695-0375.

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**Debra Hoyle Studio/gallery Is Accessible** - Stop by! Deb's studio and gallery is open by chance and by appointment. Browsers welcomed, and workshops offered for small groups. No experience needed, and it's a fun way to spend an afternoon with family or friends! \$60. each for a 3 hour session with all materials included. *Gift certificates available.* Call 413-325-5579 or find me on [instagram.com/debhoyle.art.rockpaperscissors](https://www.instagram.com/debhoyle.art.rockpaperscissors) One of Deb's paintings will be part of The Banner Project presented by Northampton Center for the Arts. 50 artists were chosen, and 25 banners will adorn Main Street in Northampton this summer. Take a drive and enjoy downtown Northampton!

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**Attention Lifelong Learners** - Five Colleges Learning in Retirement (FCLIR) is an organization established in 1988 and sponsored by the Five Colleges. Its mission is to serve the lifelong learning interests of retired and semi-retired people living in the Pioneer Valley. It offers member-led seminars, interest groups and hands-on workshops via Zoom and in person. Ranging in length from 2-10 weeks, our seminars have explored such diverse topics as artificial Intelligence, utopian societies, Bob Dylan, great disasters, zombies and memoir writing. Several interest groups meet throughout the year and there are regularly scheduled social events. To learn more about FCLIR pick up our brochure at the town hall or library or visit [fclir.org](http://fclir.org).

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**Summer Drawing Studio at 46 Delabarre!** - Wednesday evenings 6-8pm, July 9-August 27. Come draw at Hannah Harvester's studio by the river! Hannah will provide drawing materials, still-life objects and individualized guidance for artists at any level of experience. Students are welcome to bring their own chairs or easels for drawing outdoors if desired. Plein-air painters welcome with their own materials and easels. Sliding scale of \$25-35 per lesson. Pre-registration required; sign up at [HannahHarvester.com](http://HannahHarvester.com) or contact Hannah at [hannahharvesterfineart@gmail.com](mailto:hannahharvesterfineart@gmail.com) for more info.

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