

Volume 6, Number 1 - January 20245

Notes from the Town Administrator

There were just three applicants for the Senior and Veterans Tax Work-off Program, and the town has two additional slots available. The deadline has therefore been extended to January 31. This is your chance to perform volunteer work for the town and earn a deduction of up to \$1,500 from your real estate tax bill. Details and applications are on the town website, <u>conwayma.gov</u>.

At its November 18 meeting, the selectboard voted to change the fee schedule at the transfer station. Discussions concerning these fees, particularly for items in the bulky waste dumpster, have been going on for a few years, and as of January 1, 2025, the following price list will be in effect. Although there will now be a charge for everything going into the bulky waste dumpster, there will be no charge for anything going into the scrap metal dumpster.

Please note that all materials going into the compactor must be in *sealed* bags with stickers attached, including styrofoam. Please make sure that your bags are sealed and tagged before you get to the transfer station, as doing this while there holds up traffic. If you have styrofoam that you would like to recycle, there is a place in Agawam called Gold Circuit E-Cycling – <u>.goldcircuit.io/</u> – where you can drop off certain types of expanded polystyrene (styrofoam), which will be converted through heat and pressure into logs that are then converted into such things as car bumpers and picture frames.

One last word for our hard-working attendants: Please be kind to them; they are merely doing their jobs and carrying out the policies set by the selectboard. They will have handouts available with more details about the fee schedule changes as well as other educational materials. There will also now be a cash register in their shed, and they will check off what you are bringing while you are at the shed and then hand you a receipt upon payment.

Bulky Item	Fee
Appliances with CFCs	15.00
Bookcase, end table.	. 5.00
Bureau	10.00
Cabinets, doors	. 5.00
Carpet pad	. 5.00
Carpet, (area) 10 x 10	10.00
Carpet, (larger) 12 x 20	20.00
Chair, upholstered	. 5.00
Couch (fits more than 2)	15.00
CRT TV	30.00
Futon	10.00
Kitchen/dining table	. 5.00
Laptop	15.00
Loveseat (2 person)	10.00
Monitor (flat screen)TV or computer	15.00
Sleeper Sofa	35.00
Tires* =/< 19"	. 5.00
Tires* > 19"	20.00
Toilet, tub or sink	10.00

*Passenger tires only \$20 per cubic yard if not listed above No Construction & Demolition debris allowed

By Price:

\$5.00 items: bookcase, end table, kitchen/dining table, upholstered chair, carpet pad, cabinets, doors, tires* up to 19" w or w/o rim

\$10.00 items: bureaus, loveseats (2 person), futon, 10 x 10 carpet, toilet, tub or sink

\$15.00 item: appliances with CFCs, couch (seats more than 2), laptops & flat screen TVs and monitors

\$20.00 items: 12 x 20 carpet, large screen TVs >36", tires* > 19"

\$30.00 items: CRT TV & TVs over 36"

\$35.00 item: Sleeper Sofa (ok to keep mattress inside)

Last minute update: Conway received a \$6,000 grant from MassDEP to put toward a new Conway Mall swap shop building. We will also receive \$3,500 in recycling dividend points (RDP), so we are well on our way to being able to purchase a new building for our beloved Mall!

Thank you and Happy New Year!

Véronique

Third Annual Dog-of-the-Year Contest

The town clerk's office will be holding its Third Annual Dog-ofthe-Year Contest. Three dogs will be chosen (1st, 2nd, and 3rd place), and these dogs will have their license fees waived for three years, two years, or one year, respectively. They will also have their photos published in *Conway Currents* and posted on the town website and the



Moo-Moo, 2024 1st place winner!

town clerk's Facebook page. Please submit a photo of your beloved **licensed** pooch(es) to the town clerk's office by March 3, 2025, for consideration. If your dog(s) aren't currently licensed, come to the town clerk's office, get your pup(s) licensed, and submit your photo(s). Our local Boy Scout troop will be choosing the winners.

Please mail your submission to the Conway Town Clerk, PO Box 240, Conway, MA 01341; hand-deliver to the town clerk's office at Town Hall, 5 Academy Hill Road; or email to clerk@conwayma.gov.

The Annual Town Census

Why sign and return the annual town census? To help ensure that you and your family are safe! If there is an emergency at your house, such as a fire or another type of emergency, the Fire Department and the Police Department are given a list of everyone who lives in your house.

Where does this list come from? The annual Town Census! Are all of your family members listed, especially the children? Another good reason: It's the law. See Massachusetts General Law, Chapter 51, § Section 4.

Housing Rehabilitation Loan Program

The Franklin County Regional Housing and Redevelopment Authority (HRA) administers the Housing Rehabilitation Program on behalf of many of the municipalities of Franklin County. This program offers loans that are 0% interest, deferred payment (meaning you make no monthly payments), and forgivable over a 15-year period. The program can provide an affordable means for homeowners to bring their homes into compliance with building codes, perform needed repairs, and weatherize their homes. Depending on the severity of the building code violations on the property, applicants may be eligible for loans of up to \$60,000.

Eligibility Guidelines There are four areas of eligibility for the program:

- An annual gross household income equal to or less than 80% of the area median income (\$61,350 for one person, \$70,100 for two, \$78,850 for three, and so on). For multifamily properties, at least 51% of the units (or at least one household in a two-unit property) must be occupied by households whose income falls at or below these guidelines.
- The household must be up to date on all municipal payments: property taxes, water and sewer bills, etc.
- The project must address code violations, and the completed work must bring the property into code compliance.
- The property must be the homeowner's primary residence and be located in one of the towns served, one of which is Conway.

How to Sign Up Follow the link to our <u>online portal</u>, register your email address, and answer the waitlist questions. If you are curious or have questions, please contact: Mike Blasco at 413-223-5228 or <u>mblasco@fcrhra.org</u>, or watch an informational video: <u>Home</u> Modification Loan Program (HMLP) – HRA (fcrhra.org).

Please note that funding may not currently be available in your town. If your town does not currently have funding, you will be notified when funds do become available. Many towns have established revolving funds for this program. A revolving fund is replenished whenever a prior program participant repays their loan, and that money is then loaned out again to a new participant.

Moderator Musings

by Jimmy Recore

The town warrant you receive before town meeting is the town's way of informing you that they have articles that need to be acted on by way of a town meeting. The warrant informs you of the time and place of the annual or special town meeting. It also contains the articles that are going to be acted on during the meeting. Only articles that are listed on the warrant can be entertained during a town meeting.

But where do the articles come from? The selectboard generates most of the articles on their own, but many people are involved in the making of the articles, and it's important that you as citizens understand how they come about. Articles may pertain to something as simple as funding a new fire truck, but they could help the town cope with new and complex zoning rules for cellphone towers or solar installations. These are things that twenty years ago Conway didn't have a need for, but now we do.

In the instance of funding the new fire truck, the process most likely starts with the fire chief bringing up the need for the truck to the selectboard. From then on there can be input from the town administrator, the finance committee, the town counsel, or a committee appointed to make specifications on building a truck that fits our needs. Many hands are at work on the article long before it appears on the town warrant.

In the instance of the article on zoning regulations for a cell tower, that probably originated as a request from the zoning board to the selectboard when they realized the need for rules to set a fair standard for both the town and cellphone company. In this instance even more hands may be involved in the process.

My point in all of this is that the warrant articles you read when you receive the warrant have already had much effort put into them by many hands. Next time I will explore how we act on those articles correctly at town meeting.

News from the Board of Health

Last month, Franklin County remained in a state of "critical drought." Across the state, areas had precipitation deficits of 8 to 11 inches. With over four months of drought conditions across the state, private well owners can play an active role in conserving water to help ensure access to freshwater.

In our rural area, many homes use private wells for a water source. In typical years, rainwater can be counted on to replenish underground freshwater sources. This year, with sustained drought, multiple Massachusetts agencies note that groundwater levels are decreasing. This can negatively impact private wells, as it may change the chemical or bacterial concentrations in the water. Water conservation is strongly recommended: Reduce or eliminate outdoor water use. Indoors, heavily decrease water use by running dishwashers and washing machines only at full capacity, taking shorter showers – consider using a timer, and fixing any leaks immediately.

Find more resources on:

- Monitoring drought conditions through <u>mass.gov/info-details/drought-status</u>
- Private wells at <u>mass.gov/info-details/information-for-</u> private-well-owners-during-a-drought
- Conserving water tips at <u>mass.gov/conservemawater</u>

Information from the Conway BOH is focused on our shared public health. Please consult your healthcare provider for your personal healthcare guidance. For the most up-to-date information, please see the town website <u>conwayma.gov</u> and the BOH webpage <u>conwayma.gov/g/42/Board-of-Health</u>.

Conway Grammar School Directory

Would you like to be more involved in our local school? Our community includes so many people who are committed to supporting our teachers and students, and we have an abundance of skills and knowledge in our town. Our educators want to connect with you!

- Are you a bird biologist who would like to talk to a class about the migratory patterns of our Western MA songbirds?
- Are you passionate about gardening? Can you talk about the life-cycle of winter squash?
- Are you an artist who would like to share your skills in the classroom with a hands-on demonstration?
- Do you know a farmer who might want to visit the school and talk about the local food system?

These are just a few examples of how you might contribute to children's learning experiences at Conway Grammar School. This

directory will be available to teachers as a resource for bringing community members into the school to present their talents to the students in support of their curriculum and learning. We invite those interested to please fill out our Google form at bit.ly/4iy4UR8. You can also access this form using



the QR code. Please contact <u>conwaygrammarpto@gmail.com</u> with any questions.

We are so grateful to have the support of our community and are excited to invite you to join us in our mission to support Conway Grammar School. Thank you!

Update from the Friends of the FML

The Field Memorial Library's Giving Tree donations show what a generous and caring community we live in. Collections of gift cards and cash reached over \$1,400 with a full week of donations to go before our final trip to the Hilltown Churches Food Pantry on December 22. Gifts – which included books, games, toiletries, stuffed animals, art supplies, clothing, ornaments, candles, and boxes and bags of baking and cooking supplies – showed wonderful imagination and thoughtfulness. Thank you all for thinking of others during this holiday season.

We are doing it again! The Friends Chili Cook-Off will be on Saturday, February 8. It's been five years since our last very successful Chili Cook-Off. We'll provide more details about this much-anticipated event in the February issue of *Conway Currents*. Get your recipes ready!

History Chats

The Historical Commission's monthly research sessions during the winter, December through March, will be by appointment, some on the fourth Friday, some not, to avoid cancellations due to poor driving conditions. Please stay in touch if you have a topic that you'd like researched or have researched yourself. Contact Bill Burnett at <u>maplefarm116@gmail.com</u>.

Scouting in the Western Hilltowns

The members of Cub Pack 4018 and Scout Troop 18 have had a busy late summer and autumn. August included a Court of Honor for Eagle Scout Henry Herland and selling donuts at the Cummington Fair. Our cubs participated in the Franklin County Fair parade and the Conway Festival of the Hills parade. This was followed by the pack and troop providing donuts and cider to our loyal customers at Ashfield's Fall Festival. The highlight of a busy fall was when the troop and Arrow of Light members of the pack joined with nearly 200 other scouts from around the region for a Fall Camporee at the council's Camp Moses in Russell. Here the scouts enjoyed two nights of camping and trying a list of skills tests and fun events, including fire building, climbing a wall, building a raft, making a rope, playing volleyball, and learning about flying a plane. When all was said and done, our scouts' patrol finished in first place overall among 26 patrols.

Our last event to date was a food drive. Our cubs and scouts collected over 500 pounds of nonperishable food from their neighbors for distribution by the Hilltown Churches Food Pantry. If you would like to join with our scouts for friendship, fun, learning, and enjoying the outdoors, go to <u>beascout.scouting.org</u> for information on how to join.

The National Crazy Eights Championship Returns

Mark your calendar! The National Crazy Eights tournament/fundraiser returns to Conway on Saturday, January 18, from 6:00 p.m. to 9:00-ish p.m. at the Conway firehouse on Route 116, opposite OESCO. All proceeds from the evening go to the Conway Firemen's Auxiliary Scholarship Fund.

For those who have participated in past tournaments, you know what a fun evening this is. For folks who are new to Conway and to those who were unavailable for past tournaments, here's what it's all about:

- If you've ever played Uno, Rummy, or Go Fish, you can play this twisted version of Crazy Eights. Don't know how to play or can't remember the rules of this version? Not to worry, there's a pretournament tutorial, and we'll send you the rules if you wish.
- Don't eat beforehand! Everyone brings a dish to share, and if

the past tourneys are an indicator, this becomes a gourmet feast! We provide plates, utensils, water, iced tea, and lemonade. You're welcome to bring your own drink preference.

• We've simplified things this year: We've done away with chips. There will be a \$20.00 buy-in (\$10.00 for players under 18). For the buy-in you will get 24 raffle tickets, plus the chance to win more to use in our bizarre raffles after the awards ceremony.

Come and join the quest for the coveted jacket, oversized trophy, endorsements, afterlife perks, and cult-like adoration that come with being crowned the World Class Professional Crazy Eights Association (WCPCEA) National Champion. Please text me, Sir Reginald Buttwinker, at 413-537-9149 with questions and an indication of whether you plan to attend. If you provide your email, I can send you a program of the evening's events and a set of game rules.

Roaring Brook Camp

by Yulia Stone

In the early 1930s, when the Great Depression was ravaging the country, two New Yorkers of German origin, Eduard (Edward) Maier and John Lengauer, bought property on Roaring Brook Road two miles from its intersection with Route 116. Two years later, after obtaining Lengauer's half-interest, Maier and his wife, Irene, became the sole owners of land on both sides of Roaring Brook Road at its intersection with the south side of Whately Glen Road. In 1946 Edward Maier started Roaring Brook Camp, a private summer camp for nonresident children. Facilities included living quarters, horse stalls, a pavilion, a playground, and a pond.

The camp was remembered by neighbors as a noisy affair with loud "hollering" and "bands playing" at odd hours: very early in the morning and late at night. Young campers were taught horseback riding and target shooting. Mr. Maier gave out badges as awards and scolded the children if they failed. Memories of the rough treatment campers experienced were still present 65 years later. The only fond memories from that summer were fishing and swimming in the little pond on the other side of the road.

Around 1952 the Maiers sold about 100 acres, in two tracts divided by the road, to the General Assembly Church, which still owns the property. A few small cabins are barely visible today through the overgrown weeds and shrubs. In the deed, the Maiers described the property as "Roaring Brook Camp." Land on the west side of the road made up Parcel 1, and on the east side, land plus the "swimming pond" and a right-of-way for parking made up Parcel 2. It appears that there was some dispute between the church group and the Maiers, which led to a lawsuit about two years later. In 1961 the Maiers sold the remaining 50 acres with their house on Whately Glen Road and presumably left Conway for good.

There is much to this story that is still unknown, and I hope to someday get a chance to fill in the gaps in this fascinating piece of Conway history. I am grateful to the members of the Conway Historical Commission for contributing the information for this piece.

Sir Reggie's Homemade Jeopardy Quiz

Come up with the right answers to the questions in the category "Body Part(s)." Answers on page 18.

- 1. What can be pennies or finishers?
- 2. What is an extra-long tube of beef?
- 3. What was once someone else's that is now yours?
- 4. What are "Peter Piper picked a peck of pickled peppers" and others like it called?
- 5. Don't be fooled by its name, this doesn't play music.

Remembering Shut-Ins

The *Visitor* – the monthly UCC newsletter that served our town for many years – once had a monthly column requesting residents to "take time from your busy schedule to remember those who cannot get out and about with a card, a letter, or a visit. Your thoughtfulness and time can bring some much-needed cheer to these individuals." What followed was a list of Conwayites in care settings. *Conway Currents* is considering reviving this tradition.

If you know of anyone who might enjoy being included in such a list, please send their contact information to <u>newsletter@conwayma.gov</u>. Be assured that we will respect persons' privacy and will not list anyone who does not want to be.

Conway Council on Aging

Council on Aging meetings are held on the first Wednesday of the month at 9:00 a.m. in Town Hall. The next meeting will be February 5. (There will be no January meeting.) For more information, contact Patricia Ann Lynch, COA chair, at 369-4284 or email patricialynch@earthlink.net.

Senior Calendar for January

"First Friday" Walk-in Wellness Clinics Clinics are held on the first Friday of the month in Conway Town Hall from 9:00 a.m. to 12:00 noon.Regional public health nurses Lisa White, RN, and Meg Ryan, RN, staff the clinic.There are no out-of-pocket costs to residents for this service, which is provided through the town's membership in FRCOG Cooperative Public Health Service.For more information, call 413-774-3167 x 156 (Lisa) or x 158 (Meg).

Monthly Foot Care Foot clinics are usually held on the first Monday of the month in Town Hall BY APPOINTMENT ONLY. Clinic hours are 9:00 a.m. to 3:30 p.m. The fee is \$25.00. A 48-hour notice is required for cancellations, or you will be responsible for the fee. For information or to schedule an appointment, call Pat Kocot at 369-4248

or 413-775-3629.

Senior Meals In most months meals are held at Town Hall on the second and last Thursdays of the month. Meals may be eaten in or picked up at noon. For more information or to be added to our email or phone list for announcements, call Carolyn Thayer at 413-559-0282.

Senior Strength & Balance Classes Classes meet on Tuesday from 9:00 to 9:45 a.m. and Friday from 9:00 to 9:30 a.m. on Zoom. Each class includes upper body, lower body, and core strength exercises with dumbbells and body weight and balance training. This Healthy Bones & Balance program is sponsored by RSVP. Contact leader Gary Fentin at 369-0001 for information or for the Zoom link.

Yoga for Seniors Led by Jody Fontaine on Wednesdays in person at the library and on Zoom. Class times: mat yoga 10:00-11:00 a.m., chair yoga 11:15 a.m.-12:00 noon. Call Jody at 413-824-9435 for information or for the Zoom link.

Senior Services

Durable Medical Equipment Loans The COA has items of durable medical equipment available for loan, including wheelchairs, transfer chairs, walkers, crutches, canes, tub and shower chairs, commodes, and raised toilet seats. Call Hank Horstmann at 413-522-9240 to borrow equipment NOTE: Please, when loaned equipment is no longer needed, call Hank to return it

SHINE Counseling The SHINE (Serving the Health Insurance Needs of Everyone) Program provides free health insurance information and counseling to all Massachusetts residents with Medicare and their caregivers. People who have Medicare or who are about to become eligible for Medicare can meet with a counselor to learn about benefits and options available. A counselor will review programs that help people with limited income to pay health care costs.. SHINE

counseling is available by calling LifePath at 773-5555 or by contacting Meg Ryan, one of Conway's public health nurses, at 774-3167 x 158.

Transportation for Medical Appointments & Shopping The

Shelburne Falls Senior Center provides curb-to-curb van transportation within Franklin County for seniors 60 and over for in-county medical appointments and grocery shopping. Call the center at 625-2502 to make an appointment at least 48 hours in advance or for information about reservations and fees. An application with a copy of a photo ID is needed to be pre-approved for ridership. For rides to out-of-county medical appointments, call the FRTA at 774-2262 x 163 for information and reservations.

Currents Advertisements & Notices

Rates for ads up to 150 words are: one month \$8.50, three months \$16.50; six months \$26.50, twelve months \$45.50. For cost of longer ads or to include images (limited), call or email Louise at 413-559-1180 or Imbeckett@crocker.com. Pay by checking account or credit card through the town's website https://conwayma.gov/ > How do I . . .? > Pay for > Newsletter Advertising; or send a check to made out to *Town of* Conway with Conway Currents in the memo section, PO Box 240, Conway, MA 01341. Please send the text of your advertisement to Louise by email at Imbeckett@crocker.com. Deadline is the 15th of the preceding month. If you want to discuss your ad or have any questions, please call or email lmbeckett@crocker.com.

Personal Care Aide (PCA)/ Caregiver - needed in center of Conway. They say it takes a village to raise a child. Well it takes a village to keep an elderly person out of a nursing home as well. What does it take? It takes caring, dedicated, responsible people to do laundry, trash removal, cleaning, shopping, help with personnel tasks, cooking and so much more. We have had a good response finding people in Conway since the ad in Conway Currents has been running, but we still need PCAs for some shifts. Hours and days of the week are flexible: You could work as little as 1.5 hours to 25 hours a week. We also need some people to fill in when someone is sick, needs a personal day or vacation. Depending on

the situation it could be 9-14 hours in advance or scheduled weeks in advance. Multiple people in this position would be ideal. Duties include: Assist with ADL's daily; some shopping, cooking and companionship; PCA care; Pass a CORI check; Pay is \$ 19.50/hour. We are currently working with MassHealth. Please contact David if interested. 413-768-8751.

Odd job man - for small projects, repairs, painting etc. Custom wood and metalworking available. Insured. Over 25 years experience. Call or email John; we can talk. 413-369-4064; spell938@earthlink.net

The Conway Inn - Open for pizza, chicken wings, and breadsticks, Friday and Saturday, 4 - 10 p.m.; Sunday 5 - 8 p.m. Call 413-369-4428 for takeout. Live music jams, second Friday 7 p.m. and third Thursday - starts around 6 p.m. - each month! Look for the blue flag on the porch.



Baker's Country Store - open seven days a week for all-day take-out breakfast and lunch: Monday-Friday 6 a.m.-6 p.m.; Saturday 7 a.m.-5



p.m.; Sunday 7 a.m.-3 p.m. Open New Year's day 7-5. Find a variety of homemade desserts and baked goods and a large selection of last-minute items. Check us out on Facebook: facebook.com/Bakers-Country-Store for today's specials or call 413-369-4936.

Natural Roots Farm - We are a horse-powered CSA farm located along the South River right here in Conway. Enjoy this beautiful, bountiful farm and the vibrant community that we feed. Our farm store is open to the public year-round, self-serve during daylight hours. We offer eggs from our own pastured hens as well as other local items including beef, chicken, pork, dairy, baked goods, honey, maple products, coffee, tea, ice cream, snacks, beverages and more! Details on our website:

www.naturalroots.com. Natural Roots, 888 Shelburne Falls Rd., Conway, MA 01341, 413-369-4269, farmers@naturalroots.com.

Your Home Town Realtor - Sarah Newman with Coldwell Banker Community Realtors. A Conway resident since 2002, I provide local, attentive and trustworthy service for home/land buyers and sellers throughout Franklin and Hampshire counties. To learn more about me, my services and brokerage company, please go to my website at Sarahnewmanrealtor.com. Here you will also find past client reviews and recommendations. Contact me directly at 413-548-6525 or <u>sarah.newman@cbcommunityrealtors.com</u> with any real estate questions you may have. I'd love to hear from you!

House Above The Hollow - Need accommodations for visiting family or friends? House Above The Hollow is a charming one-bedroom apartment in a lovely Greek Revival home overlooking the historic Pumpkin Hollow. For more info visit <u>airbnb.com</u> House Above The Hollow.

Happy New Year! - January is here and so is winter pruning season! Choose from our large selection of pruners and saws to help get the job done. From hand saws to pole saws, we



have them all! The ARS LongReach[™] pruners, available in 3 lengths, give you the extra reach you need while providing great cutting leverage and long-lasting sharpness. Need more power? We offer a variety of Campagnola and FELCO battery-operated and pneumatic hand pruners, and optional extensions for added length. We even carry replacement parts, and other handy essentials, like sharpeners and blade cleaners! The Pruning Book and The Pruning Answer Book are excellent guides for those looking to learn more about pruning. Call or stop by to talk with Gemma, Rebecca, or Tim. Shop where the pros shop and thanks for buying locally! OESCO, Inc. (Orchard) M-F: 7-5; 369-4335

Jan & John Maggs Antiques and Art - 17th-century English oak furniture, Queen Anne and Georgian jewelry, paintings, carpets, and small accessories in our shop in Pumpkin Hollow. Although our OPEN flags won't be visible during the winter months, we're in the office, at our computers, or on the phone daily. We invite you to visit us online on



our website – <u>jmaggs.com</u> – or by calling or emailing to arrange a visit. There's plenty to see, and we're always happy to show visitors around and answer questions about the things we sell. 413-369-4256; or jmaggs@jmaggs.com - Happy New Year!

Pottery Class - Offered during the quiet cold of

winter at the studio of Megan Hart in Conway. Wheel throwing for all levels of experience. Small class, lots of individual attention. Thursdays 1:00 - 3:00 p.m. beginning January 16th for eight weeks. Cozy wood heated studio. Come make pots and drink tea. To register or more information, contact me at hartpottery@gmail.com or 413-522-6707.

Knabe Baby Grand Piano - primarily used for instruction. Wellmaintained with Dampp-Chaser system. \$1,000 or will consider donation to school or other non-profit Text (preferred) 423-230-4996, or 413-559-1180 or email (response may be delayed) astridsanderson@yahoo.com February & April Vacation/Summer 2025 Piano Programs - for Kids 5+ - Are you looking for fun activities during school breaks? We've got you covered at Glover Piano Studio in South Deerfield, MA! Join us Monday-Thursday from 9 a.m.-noon during February and April vacation, and Monday-Friday 9 a.m.-noon during the summer. Each day is packed with group & individual lessons, fun games, free play, movement, and even arts and crafts. Plus, we offer early drop off and late pick up at no extra charge for your convenience. For more information, or to reserve your spot, contact Dorothy Claire Glover at 601-421-5032 or visit gloverpianostudio.com.

Singing Lessons! - Confidence building: use your unique voice; expand



your range and quality of sound. Enjoy singing and optional guitar lessons. For students of all ages and levels, including those who think they can't sing, are tone deaf, or are afraid of singing or have voice injuries. The school of trusting your voice with Peter Barley. Referrals available. I can come to your home or teach online. Conway has been my home town since 1985.
First lesson half off. Gift cards available. 413-695-0375.

Jeopardy Quiz answers:

- 1. Nails
- 2. A foot-long hotdog
- 3. A hand-me-down
- 4. Tongue twisters
- 5. An armband



Debra Hoyle Studio and Gallery - 46 Main Street Conway - open by chance or appointment. Visitors and browsers are always welcome and the studio is accessible. Monthly Saturday collage play workshops continue. January is full, but there's still space in the February 22 workshop. No experience needed, group of 2-4. \$60 includes materials; 12 noon -3 p.m.. Text or call 413-325-5579 with questions or to register. The Greenfield Redevelopment Authority has recently chosen 12 local artists whose work will be displayed January through June. The work of two artists will be shown for one month in the two windows of the First National Bank, Bank Row, Greenfield. I'm excited to have been selected to show my painting *The Party Always Happens in the Kitchen* during February. When you're in Greenfield please take a moment to take a look at the beautiful Art Deco facade of the bank building!

Qigong Class for All - Qi ("Chi") is energy, vital force. Part of traditional Chinese medicine Qigong is about mastering your own energy. When you have sufficient and balanced Qi, you have no fire; you are at peace. When you have too much, Qigong practice can balance its excess. Qigong coordinates body movements, dynamic and static postures, breathing exercises and meditation. Acupressure protocols are used to alleviate blockages. Qigong is energy cultivation: it's about aligning body, mind and spirit in one, to help bring clarity, awareness, balance, longevity, peace and fun. Just bring a mat and water! Class led by Alexandre Pazmandy, LMT- Every Saturday 10-11 a.m., Town Hall Gymnasium (2nd floor), 5 Academy Hill Road, \$25; Walk-ins welcome. 413-362-5173 - https://ap.massagetherapy.com

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CONWAY, MA 01341

BOXHOLDER

ECRLOT