

Volume 5, Number 10 - October 2024



Important Parking Update! Festival parking this year will look a little different. Please check the website festivalofthehills.com for updated parking locations before you drive into town.

Saturday, October 5

9:00 a.m. - 2:00 p.m. **Festival Bake Sale** - Town Common, in front of the library

9:00 a.m. - 3:30 p.m. Friends of the Field Memorial Library Fall Used Book Sale - Field Memorial Library

10:00 a.m. - 1:00 p.m. **Visit the Historic Boyden Schoolhouse** - by the Conway Grammar School

5:30 p.m. **Firemen's Auxiliary Turkey Dinner** - Conway Grammar School. Takeout begins at 6:30 p.m. To reserve call 369-4636

Sunday, October 6

8:45 a.m. - 9:40 a.m. **Registration for Covered Bridge Classic 10k Road Race**

9:00 a.m. - 3:00 p.m. Friends of the Field Memorial Library Book Sale

9:00 a.m. - 3:00 p.m. Art Exhibit - Field Memorial Library

9:15 a.m. - United Congregational Church Communion Service - Ballfield

10:00 a.m. **Covered Bridge Classic 10k Road Race** - Field Memorial Library

10:00 a.m. - 4:00 p.m. Information Booth, Café Conway, Festival Merchandise & Raffle Tables, Fried Dough with Maple Cream, Cider & Donuts, Homemade Candy - Town Center

10:00 a.m. - 4:00 p.m. Food Vendors, Children's Activities, Craft Fair, Exhibitors - Ballfield

10:00 a.m. - 4:00 p.m. "Love's Sweet Afterglow" - Conway Historical Society Museum, 50 Main Street

10:15 a.m. - 11:00 p.m. Music: Dan Kennedy - Ballfield

11:15 a.m. - 12:00 p.m. **Music: Young Musicians Showcase** - Ballfield

11:30 a.m. Log-Splitting Contest - Ballfield

12:00 p.m. - **Presentation of Tricia Donovan Scholarship** - Music Tent

12:00 p.m. - 1:00 p.m. **Music: Daybreak Rhumba Band** - Ballfield

1:00 p.m. Parade Starts at OESCO

1:30 p.m. - 3:00 p.m. **Music: Janet Ryan & Straight Up** - Ballfield

2:00 p.m. Skillet Toss Contest - Ballfield

3:15 p.m. - 4:15 p.m. **Music: Katherine First & Kitchen Party** - Ballfield

4:00 p.m. Festival Raffle Drawing - Town Hall

2. Conway Currents, Volume 5, No. 9, September 2024

120 Festival Volunteers Needed! The Festival of the Hills needs you! Our beloved town festival can't happen without your help. On Sunday, October 6, there will be a parade, live music, an art exhibit, adults' road races, kids' games, raffles, exhibits, crafts, wood-splitting and skillet-toss contests, delicious food, homemade candy, local apple cider, and fried dough – IF enough brave souls toe the line to offer their assistance. All it takes is a couple of hours of your time on the day of the festival to make it a success. If you plan to attend anyway, will you help set up the parade route? Will you monitor and referee the children's games? Will you help keep the festival eco-conscious and ensure compost and recycling go in the right place? Will you help sell the delicious homemade baked goods, candy, and apple cider? Please consider giving some of your time to this town tradition so that we can continue to pass this on to future generations. It really does take a village!

There are three ways you can sign up:

- Visit <u>festivalofthehills.com</u>, click the "VOLUNTEER" heading, and fill out the online form
- Visit the Conway branch of Greenfield Savings Bank or the Field Memorial Library and put your name on the signup sheet.
- Call Marlene Znoy at 369-4406

Festival of the Hills Bake Sale

Saturday, October 5, 9:00 a.m. to 2:00 p.m. Town Common, in front of the library

The annual Saturday FOH bake sale is looking for donations of baked goods: cookies, pies, cakes, breads, etc. The food must be wrapped and labeled for nuts, GF, etc. Food can be dropped off the morning of the sale after 8:00 a.m. We will also have coffee, tea, and cider for sale. All proceeds from the bake sale are for the benefit of the Festival of the Hills Scholarship Fund for Conway graduating high school seniors.

No time to bake? Please stop by and purchase some baked goods for the weekend, holiday company, or your freezer. Thank you for supporting the festival and Conway students. Call Gail Connelly at 369-4287 if you have questions.

Age-Friendly Conway at the FOH

Age-Friendly Conway (AFC), the town committee that brought you the senior prom in June, will be at the Festival of the Hills again this year. Stop by, get our new brochure, and see what we have planned for next year. Tell us what you think would help you age in place; grab a give-away item; vote for the best place in town to locate a newly purchased, user-friendly bench; or just stop and chat.

AFC is part of the Franklin County effort to plan ways to ensure that older adults are well served in our community and can more easily age in place. As we plan how to make Conway a better place for seniors, we have been surveying residents and exploring ways to address issues that have been raised, things such as a local Uberlike transportation service, making it easier to find tradespeople to help with home repairs, and providing more outdoor exercise facilities. This is part of a statewide effort, Mass in Motion. Visit frcog.org/project/mass-in-motion/ to learn more. Srop by our tent at the festival on October 6 and get in on the discussion for making Conway more age friendly.

Conway Festival of the Hills Raffle 2024

Tickets: \$1.00 each or six for \$5.00. Proceeds from the raffle benefit the Festival of the Hills Scholarship Fund. The drawing will be held at 4:00 p.m. on October 6. You don't need to be present to win.

Grand Prize \$200: Thanks to the generosity of Baker's Country Store, Conway Fine Arts, YUP Coffee Roasters, D&S Scuba, the Conway Inn, Joanie Schwartz Real Estate, Integrity Development & Construction, Jerry Sawma family

Hand-Thrown Vase: Bob Green

1/2 Gallon of Maple Syrup: Howard and Jeanne Boyden

Handwoven Item: Lisa Hill, Plain Weave

Framed Cross Stitch: Phylis Dacey

Gardening Items: Orchard Equipment and Supply Co.

Handcrafted Pottery: Megan Hart Pottery

Goodies from Provisions: Benson Hyde, Provisions

Child's Sweater: Nancy Winter

CISA Membership and Products: CISA

Framed Black-and-White Photo: Geoffrey Bluh

Baby Sweater: Susan Fentin

Felted and Silk Scarf: Weave and Weft, Sue McFarland

Artwork: Debra Hoyle, Conway Healing Arts

Janet Ryan CDs: Janet Ryan

Hand-Forged Bottle Opener: Bob Compton/Rising Sun Forge

Andy Jaffe Jazz CDs: Andy Jaffe

Necklace and Earrings: Denise Dwelley

Handmade Cards: Robin Yerkes

2 Pounds YUP Coffee: YUP Coffee Roasters

Children's JoJo Books: Peter Rosnick

Pillow Pal Doll, Yankee Candle Gifts: Karen Allyn

Firemen's Auxiliary Turkey Dinner

The Conway Firemen's Auxiliary annual turkey dinner will be held on Saturday, October 5, at the Conway Grammar School. As in past years, this will be a traditional turkey dinner with all the fixings, including a choice of pies. There will be one sitting at 5:30 p.m. Pickup time for takeouts starts at 6:30 p.m. Please, no early birds! The cost, for either eat in or take out, is \$20 per adult, \$12 per child.

Space in the cafeteria is limited, and so is the number of takeouts, so reserve early! Call Baker's Country Store at 369-4936 for reservations or stop by the store at 101 River Street.

Proceeds from the dinner help fund the annual Firemen's Auxiliary Scholarship, awarded to graduating Conway seniors each May. Donations to the fund are always welcome and may be made to Conway Firemen's Auxiliary, PO Box 46, Conway, MA 01341.

Notes from Conway Grammar School

Lunch and Story Time for Seniors The staff and students at Conway Grammar School would like to invite our town's seniors to join us for lunch and story time on Thursday, October 24, from 11:45 a.m. to 1:00 p.m. Jeanne Jouannet will be cooking up her famous turkey dinner for \$5.00 a plate, and the students would love to have special guests to enjoy lunch with them. We as a staff would like to welcome you to see our magical school and students. Please RSVP to emily.sweet@frsu38.org by October 16 if you are interested.

Veterans Day Celebration CGS welcomes veterans and their families on Friday, November 8, to honor our local veterans in a special celebration. There will be an all-school assembly, a lovely lunch prepared by Bruce Jouannet, and time in classrooms to speak with students. This was a highlight for our students last year and an honor for our school community. RSVP by October 24 to gayle.farrick@frsu38.org if you would like to attend.

Notes from the Town Administrator

This month I am making a plea for more volunteers to our town committees. We have roughly 100 people who work as volunteers in Conway on various committees, and some of those valiant volunteers do duty on more than one committee. This work is absolutely vital to the successful running of the town, and these volunteers also save the town an incredible amount of money by keeping committees functional that are in fact required by state law. So it is with the deepest gratitude that I thank those of you

serving and ask any others of you out there who have not become involved in your town to consider stepping up to one of the committees. The vacancies are kept updated on the home page of the town's website, <u>conwayma.gov</u>. If you are interested please feel free to reach out to the chair of the committee or to me. You can learn more about each committee's function on its webpage.

Current openings are:

- Agricultural Commission: currently inactive because there are no members; if interested please contact me
- Cable Advisory Committee: 2 vacancies
- Capital Improvements Planning Committee: 1 vacancy
- Community Preservation Committee: 2 vacancies
- Conservation Commission: 1 vacancy
- Forest and Trails Committee: 1 vacancy
- Open Space Committee: 1 vacancy
- Planning Board: 1 vacancy plus one associate member vacancy

Thank you again to all who serve Conway!

Véronique

Conway Cultural Council Grants

The grants cycle for the Conway Cultural Council opens on September 1 this year and closes on October 16. The Cultural Council, as a local council, receives funding from the Mass Cultural Council. The mission of the Mass Cultural Council is to promote excellence, education, diversity, and inclusion in the arts, humanities, and sciences to foster a rich cultural life for all Massachusetts residents.

Local grants are given to support a variety of cultural projects that will benefit the people of Conway. Programs in the arts, humanities, and sciences – including exhibits, festivals, field trips,

short-term artist residencies, performances in schools, workshops, and lectures – are the type of projects that are considered. In November 2023 the Conway Cultural Council voted to provide grant money to twenty-three individuals and organizations to support programs that would provide Conway residents with a variety of enriching cultural experiences throughout 2024.

The Conway Cultural Council gives preference to applicants from Conway and/or programs that take place in Conway and also considers the number of residents served. We attempt to fund programs that address the interests and ages of Conway residents; with limited funding from the state, typical grant amounts range from \$150 to \$500.

For more information about the Conway Cultural Council's priorities and how to apply for a Cultural Council Grant, please visit www.mass-culture.org/Conway. The Conway Cultural Council is made up of volunteers who are appointed by the selectboard. If you are interested in serving on the council or if you have other questions about the grant process, please email conwayculturalcouncil@gmail.com to let us know.

News From the Board of Health

Fall Vaccination The start of fall marks the beginning of a new respiratory illness season. Getting annual flu and COVID vaccines can reduce the risk of serious illness and death.

The CDC recommends everyone aged 6 months and older receive the 2024-2025 flu and COVID vaccines. Both vaccines have been formulated to give you the best protection from circulating strains of the viruses. And, both vaccines are recommended, even if you have had flu or COVID in the past.

With the number of human cases of avian influenza in other parts of the US (bird flu), it is important for people who regularly

interact with dairy cows or live poultry to receive a flu vaccine. While the seasonal flu vaccine will not protect against getting bird flu, a seasonal flu vaccine can prevent co-infection with both viruses.

Vaccination clinics offering both flu and COVID vaccines are scheduled across Franklin County. See the full schedule and sign up online at frcog.org/project/vaccine-information/ Please bring your ID and insurance card, if you have one. You can receive both shots during the same visit.

West County clinics include Tuesday, October 22, at Hawlemont Elementary from 3:30 – 7 p.m. and on Wednesday October 30, at Mohawk Trail Regional School from 3:30 – 7 p.m.

The MA Department of Public Health also offers free in-home vaccination for COVID and flu across the Commonwealth for anyone (aged 6 months and up) who has difficulty getting to or using a community vaccination location. For more information, please visit this page: mass.gov/info-details/in-home-vaccination-program-covid-19influenza

COVID Test Kits households will once again be able to order free COVID test kits through the US government: aspr.hhs.gov/covid-19/test/Pages/default.aspx

Information from the Conway BOH is focused on our shared public health. Please consult your healthcare provider for your personal healthcare guidance. For the most up to date information, please see the Town website conwayma.gov and the BOH webpage conwayma.gov/g/42/Board-of-Health

Conway Historical Society News

In conjunction with its summer program, "Love's Sweet Afterglow: A History of Death and Dying," the Conway Historical Society invites you on a tour of Howland Cemetery on Saturday, October 26, from 2:00-4:00 p.m. We'll view gravestones from several time periods and hear stories about the people buried there: an early settler, a Civil War soldier, a centenarian, and a former enslaved person, among others. Wear comfortable shoes and feel free to bring a lawn chair.

The museum will be open on October 6 for the Festival of the Hills between 10:00 a.m. and 4:00 p.m. In addition, the Boyden schoolhouse will be open on Saturday, October 5 between 10:00 a.m. and 1:00 p.m.

Neighborhood History Chats

The Conway Historical Commission is holding informal research sessions in the Town Hall General Purpose Room on the fourth Friday of each month at 1:00 p.m. If you have any information or photos pertaining to the history of your neighborhood, we could scan the material for you. Historical family or neighborhood information will likely contain missing pieces of a larger puzzle that we're researching, which we can detail for you in return. If anyone is interested in participating in oral-history interviews – or knows someone who is – we are beginning to refocus on those too. For more information, please contact Bill Burnett by email at maplefarm116@gmail.com or by phone at 413-768-1353.

Update from the Field Memorial Library

Fall Book Sale The Friends of the Field Memorial Library will hold their annual fall book sale on Saturday, October 5, and Sunday, October 6, at the library, 1 Elm Street, from 9:00 a.m. to 3:30 p.m. The sale coincides with Conway's Festival of the Hills, which is on Sunday. A large selection of books and puzzles will be available. Proceeds benefit the library's educational and cultural programs. We hope to see you at the sale. You will be excited by

the wide selection and perhaps find the book you remembered so dearly and hoped to find again.

We are now accepting donations of books; we especially welcome donations of fiction and nonfiction, local history, puzzles, and recent books of all genres. Donations – in good condition, please – can be brought to the library during open hours (Monday 3:00-6:00 p.m., Wednesday 2:00-7:00 p.m., Saturday 10:00 a.m.-2:00 p.m.). Check the library website, <u>fieldmemoriallibrary.org</u> for more information.

Story Walk The Friends will host our October story walk on the weekend of the Conway Festival of the Hills. The walk will be set up along the path leading to the book sale in the library's community room. It will be set up on Saturday, October 5 and stay up until 4:00 p.m. on Sunday, October 6. This last story walk for the year is *Fall Leaves Fall* by Zoe Hall. Activity kits will be available in a plastic container, first come, first served. Just help yourselves. We are able to do this with the generous support of the Union 38 Family Networks.

Staff Update The staff and community of the Field Memorial Library extend their gratitude to all patrons who have donated to our fall book sale. We have been fortunate to pull some titles from these donation piles and contribute them to our collection. Alongside this endeavor, we have ordered new titles as well. Please come browse and see what new items the library is currently offering.

Help for Orphaned Black Bear Cubs

During bear-hunting season, black bear cubs are sometimes left orphaned. Anyone who finds one should contact the New Hampshire Fish and Game Department, which receives cubs from New Hampshire, Vermont, and Massachusetts. In turn, they take the cubs to the Kilham Bear Center, located in Lyme, NH.

This center rehabilitates and releases injured, orphaned, and abandoned black bear cubs. It is not open to the public, because minimizing human contact is required for a successful transition when the cubs are returned to the wild. Information at New Hampshire Fish and Game Department, Wildlife Division, wildlife@wildlife.nh.gov 603-271-2461; Kilham Bear Center, Kilhambearcenter.org, 603-795-4135.







Mergansers on the South River, Summer 2024, Steve Thomas

LifePath's 32nd Annual Walkathon

Saturday, October 19; 10:00 a.m. to 1:00 p.m.; Franklin County Fairgrounds

This annual fundraiser for LifePath provides a great opportunity to get together with family and friends and to support our Meals on Wheels program, among other life-changing programs. Check-in and registration will begin at 9:30 a.m., with our official start of the event at 10:00 a.m. This family-friendly event will have games, activities, and information tables from LifePath, as well as our community partners and event sponsors. In addition, there will also be music and entertainment, food, refreshments, and much more.

Register now as a walker or event sponsor: <u>lifepathma.org/event-workshops/walkathon</u>. Can't join us to walk? Donate using the link or mail checks to LifePath, 101 Munson Street, Suite 201, Greenfield, MA 01301.

Sir Reggie's Homemade Jeopardy Quiz

Come up with the right answers to the questions in this category: "Things That Have the Word *Green* in Them." Answers on page 19.

What is:

- 1. Well groomed, irregular in shape, and has a flag?
- 2. An early superhero who lit the way?
- 3. An early TV show with out-of-place city folk?
- 4. A phrase that includes one of the seven deadly sins?
- 5. The popular name for Civil War currency?

Conway Council on Aging

Council on Aging meetings are held on the first Wednesday of the month at 9:00 a.m. in Town Hall. The next meeting will be

October 2. For more information, contact Patricia Ann Lynch, COA chair, at 369-4284 or email patricialynch@earthlink.net.

Senior Calendar for October

"First Friday" Walk-in Wellness Clinics Clinics are held on the first Friday of the month in Conway Town Hall from 9:00 a.m. to 12:00 noon. Regional public health nurses Lisa White, RN, and Meg Ryan, RN, staff the clinic. There are no out-of-pocket costs to residents for this service, which is provided through the town's membership in FRCOG Cooperative Public Health Service. Both flu and the latest COVID vaccines will be available at the November 1 clinic. For more information, call 413-774-3167 x 156 (Lisa) or x 158 (Meg).

Healthy Bones & Balance Classes Classes meet on Tuesday from 8:30 to 9:15 a.m. and Friday from 8:30 to 9:00 a.m. on Zoom. Contact leader Gary Fentin at 369-0001 for information and the Zoom link.

Monthly Foot Care Foot clinics are usually held on the first Monday of the month in Town Hall BY APPOINTMENT ONLY. Clinic hours are 9:00 a.m. to 3:30 p.m. The fee is \$25.00. For information or to schedule an appointment, call Pat Kocot at 369-4248 or 413-775-3629.

Senior Meals In most months meals are held at Town Hall on the second and last Thursdays of the month. Meals may be eaten in or picked up at noon. For more information or to be added to our email or phone list for announcements, call Carolyn Thayer at 413-559-0282.

Walking Group The walking group has been enjoying its members' conversation and companionship while engaging in healthful exercise. Join the group every Monday, weather permitting, in front of the library at 9:00 a.m. For more information, contact Phylis Dacey at 369-4326.

Yoga for Seniors Led by Jody Fontaine on Wednesdays in person at the library and on Zoom. Class times: mat yoga 10:00-11:00 a.m., chair yoga 11:15 a.m.-12:00 noon. Call Jody at 413-824-9435 for information or for the Zoom link.

Senior Services

Durable Medical Equipment Loans The COA has items of durable medical equipment available for loan, including wheelchairs, transfer chairs, walkers, crutches, canes, tub and shower chairs, commodes, and raised toilet seats. Call Hank Horstmann at 413-522-9240 to borrow equipment NOTE: Please, when loaned equipment is no longer needed, call Hank to return it.

SHINE Counseling The SHINE (Serving the Health Insurance Needs of Everyone) Program provides free health insurance information and counseling to all Massachusetts residents with Medicare and their caregivers. People who have Medicare or who are about to become eligible for Medicare can meet with a counselor to learn about benefits and options available. A counselor will review programs that help people with limited income to pay health care costs.. SHINE counseling is available by calling LifePath at 773-5555 or by contacting Meg Ryan, one of Conway's public health nurses, at 774-3167 x 158.

Transportation for Medical Appointments & Shopping The Shelburne Falls Senior Center provides curb-to-curb van transportation within Franklin County for seniors 60 and over for in-county medical appointments and grocery shopping. Call the center at 625-2502 to make an appointment at least 48 hours in advance or for information about reservations and fees. An application with a copy of a photo ID is needed to be pre-approved for ridership. For rides to out-of-county medical appointments, call the FRTA at 774-2262 x 163 for information and reservations.

Currents Advertisements & Notices

Rates for ads up to 150 words are: one month \$8.50, three months \$16.50; six months \$26.50, twelve months \$45.50. For cost of longer ads or to include images (limited), call or email Louise at 413-559-1180 or lmbeckett@crocker.com.

Pay by checking account or credit card through the town's website

https://conwayma.gov/ > How do I . . .? > Pay for > Newsletter Advertising; or send a check to made out to *Town of Conway* with *Conway Currents* in the memo section, PO Box 240, Conway, MA 01341. Please send the text of your advertisement to Louise by email at lmbeckett@crocker.com. Deadline is the 15th of the preceding month. If you want to discuss your ad or have any questions, please call or email lmbeckett@crocker.com.

Personal Care Aide (PCA)/ Caregiver - needed in center of Conway. They say it takes a village to raise a child. Well it takes a village to keep an elderly person out of a nursing home as well. What does it take? It takes caring, dedicated, responsible people to do laundry, trash removal, cleaning, shopping, help with personnel tasks, cooking and so much more. We have had a good response finding people in Conway since the ad in *Conway Currents* has been running, but we still need PCAs for some shifts. Hours and days of the week are flexible: You could work as little as 1.5 hours to 25 hours a week. We also need some people to fill in when someone is sick, needs a personal day or vacation. Depending on the situation it could be 9 - 14 hours in advance or scheduled weeks in advance. Multiple people in this position would be ideal. Duties include: Assist with ADL's daily; some shopping, cooking and companionship; PCA care; Pass a CORI check; Pay is \$ 19.50/hour. We are currently working with MassHealth. Please contact David if interested. 413-768-8751.

Odd job man - for small projects, repairs, painting etc. Custom wood and metalworking available. Insured. Over 25 years experience. Call or email John; we can talk. 413-369-4064; spell938@earthlink.net

The Conway Inn - Open for pizza, chicken wings, and breadsticks, Friday and Saturday, 4 - 10 p.m.; Sunday 5 - 8 p.m. Call 413-369-4428 for takeout. Live music jams, second Friday 7 p.m. and third Thursday - starts around 6 p.m. - each month! Look for the blue flag on the porch.



Baker's Country Store - open seven days a week for all-day takeout breakfast and lunch: Monday-Friday 6 a.m.-6 p.m.; Saturday/Sunday 7 a.m.-5 p.m. Find a variety of homemade desserts and baked goods – freshly baked cakes, muffins, pies, and cookies – and a large selection of last-minute items. Right now, for pies, please

STORE

call in advance. Try a flavored iced coffee, smoothie, or an ice cream dish or cone! Order your

Thanksgiving Diemand turkey here - deadline is **November 4.** Check us out on Facebook: facebook.com/Bakers-Country-Store for today's specials or call 413-369-4936.

Your Home Town Realtor - Sarah Newman with Coldwell Banker Community Realtors. A Conway resident since 2002, I provide local, attentive and trustworthy service for home/land buyers and sellers throughout Franklin and Hampshire counties. To learn more about me, my services and brokerage company, please go to my website at Sarahnewmanrealtor.com. Here you will also find past client reviews and recommendations. Contact me directly at 413-548-6525 or sarah.newman@cbcommunityrealtors.com with any real estate questions you may have. I'd love to hear from you!

House Above The Hollow - Need accommodations for visiting family or friends? House Above The Hollow is a charming onebedroom apartment in a lovely Greek Revival home overlooking the historic Pumpkin Hollow. For more info visit airbnb.com House Above The Hollow.

Airbnb - South Shirkshire Road, just 3 miles from Shelburne Falls. Head to the Airbnb site to "A Country Retreat" to see the enhanced studio apartment. Pet-friendly, well-appointed with conveniences and artwork. Are family or friends visiting during Fall Foliage? Is someone in need of a quiet retreat? Available for single nights up to a month's rental and beyond with consideration. Check it out!

It's October - and cider season is here! Be sure to stop at OESCO for all your harvest and cider supplies. The Corona Fruit Picker, with its extendable aluminum pole, is perfect



for getting that hard-to-reach tree fruit. Pair it with one of our Wells & Wade picking buckets or bags to make harvesting even easier. We have plenty of cider making supplies available to stock up on your last-minute needs. Don't forget to mark your calendar for the 2024 Franklin County Cider Days. OESCO will be at Clarkdale Fruit Farm on November 2nd for our annual Lancman Water-Operated Cider Press demonstration. There will be plenty of delicious, freshly pressed cider to taste - we hope you can join us! Call or stop by to talk with Gemma, Rebecca, or Tim. Shop where the pros shop and thanks for buying locally! OESCO, Inc. (Orchard) M-F: 7-5; 369-4335.

End of Season Sale at Wilder Hill Gardens! - Sat. Oct. 12& Sun. Oct. 13 Buy one, get one free! Flowering Perennials \$5. Healthy flowering shrubs, evergreens, trees, native plants, perennial flowers and herbs, propagated and grown right here at Wilder Hill Gardens. We have plants for sun and shade, vines to climb up your trellises,

and all manner of interesting plants to WILDER HILL beautify your landscape. Come early for best gardens selection. Have questions about a plant? Consult with an experienced landscape designer. 351 South Shirkshire Road,

Conway, MA; lilianjackman@gmail.com; wilderhillgardens.com; 413-772-9065.

Knabe Baby Grand Piano for sale - Serial No. 196960 - primarily used for instruction. Well-maintained with Dampp-Chaser system. Does need some work. \$1,000 or will consider onation to school or other non-profit group. for sale. Text (preferred) 423-230-4996, or 413-559-1180 or email (response may be delayed) astridsanderson@yahoo.com

Jan & John Maggs Antiques and Art - 17thcentury English oak furniture, Queen Anne and Georgian jewelry, artwork, carpets, small accessories, and more. Open by chance or appointment. Visit us online at jmaggs.com, email jmaggs@jmaggs.com, or call 369-4256.



And feel free to knock whenever you see the blue doors on the front of the barn. We'd love to see you.

They're back... - One-afternoon weekend workshops available in collage techniques for groups of 2-4 participants. \$60 per person, 3

hours, materials provided. Contact Deb to schedule or inquire: 413-325-5579. A fun way to spend an afternoon with family or friends! Come to the Festival of the Hills Art Exhibit on Sunday, October 6 at the Field Memorial Library from10-4! Deb and other talented Conway artists and craftspeople will be showing their work on this special day. So much creativity happens in our small town! Debra Hoyle Studio and Gallery 46 Main Street is accessible and welcomes all. Visit by chance or by appointment. 413-325-5579; instagram.com/debhoyle.art.rockpaperscissors

Qigong Class for All - Qi ("Chi") is energy, vital force. Part of traditional Chinese medicine Qigong is about mastering your own energy. When you have sufficient and balanced Qi, you have no fire; you are at peace. When you have too much, Qigong practice can balance its excess. Qigong coordinates body movements, dynamic and static postures, breathing exercises and meditation. Acupressure protocols are used to alleviate blockages. Qigong is energy cultivation: it's about aligning body, mind and spirit in one, to help bring clarity, awareness, balance, longevity, peace and fun. Just bring a mat and water! Class led by Alexandre Pazmandy, LMT- Every Saturday 10-11 a.m., 86 Main Street, \$25; Walk-ins welcome. 413-362-5173 - https://ap.massagetherapy.com

Jeopardy Quiz Answers

- 1. A golf green
- 2. The Green Lantern
- 3. Green Acres
- 4. Green with envy
- 5. Greenbacks



Town of Conway
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conway Currents, the newsletter for Conway residents, is funded by the Town of Conway, our advertisers, and generous donations from our readers. To have an article published in Currents, send to newsletter@conwayma.gov by the 15 of the preceding month.

Thanks for your support of Conway Currents!

To place an ad or a notice, contact Louise at

Imbeckett@crocker.com by the 15

the preceding month.

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