



**Volume 5, Number 9 - September 2024**



## Conway Festival of the Hills and Road Race

It takes a village to create a festival! Help put on and enjoy the 62nd Festival of the Hills, Sunday, October 6, from 10:00 a.m. to 4:00 p.m., rain or shine, at the town ballfield in Conway.

Some volunteers are already getting things ready to make this year's festival especially fun. But the festival is an all-volunteer effort – raising scholarship money for the town's high school graduates – and needs your help. The festival can't happen without the help of 120 volunteers. You could be one of them. If you're planning to attend anyway, will you help set up the parade route? Will you sit in the booth at the art exhibit? Will you monitor and referee the children's games? Will you help keep the festival eco-conscious and ensure compost and recycling go in the right places? Will you help sell the delicious homemade baked goods, candy, and apple cider? Please consider giving some of your time to this town tradition so that we can continue to pass this on to future generations.

It's easy to sign up, and coordinators will contact you, fit your schedule, and not ask for more than you can offer. Go to [festivalofthehills.com](http://festivalofthehills.com) and click on "Sign Up to Volunteer" or email us at [festivalofthehills@yahoo.com](mailto:festivalofthehills@yahoo.com). No computer/internet?

Volunteer by phone and call Marlene Znoy, 369-4406. You can also visit the Conway branch of Greenfield Savings Bank, the Field Memorial Library, or OESCO and put your name on the sign-up sheet.

On October 6 festival goers will enjoy a wide range of exhibits, activities, and demonstrations, including live music, a craft fair, blacksmithing, food vendors, local products, the famed log-splitting contest and skillet toss, and of course, fried dough with maple cream. As always there will be lots of fun activities for kids and tweens. Admission, parking, and almost all festival activities are free of charge. Finally, the Green Team will help keep things better for the environment!

Going to be away? Donate what you might spend at the festival to the scholarship fund. Go to [festivalofthehills.com](http://festivalofthehills.com) and click on "Donate" at the top of the page to make a tax-deductible donation. Your \$25 more-or-less will support a young person's education and spare you the "fried dough with maple cream" calories! Or send a check payable to Festival of the Hills to PO Box 431, Conway, MA 01341.

In addition to the festival on Sunday, there is a full weekend of activities: art exhibit, book sale, and road race. A complete schedule of weekend activities, course maps, and other detailed information is available on the festival website. You can also find the festival on Facebook.

Runners: Don't miss the Covered Bridge Classic 10K road race. Online registration for the race is at [Runreg.com](http://Runreg.com), through October 4. You can also register on the day of the race, October 6, in front of Conway's Field Memorial Library until 9:40 a.m. The race starts at 10:00 a.m. The fee for the 10K is \$35 (\$45 day of). For a child with a parent also entered, the fee is \$5.

## Annual Festival of the Hills Bake Sale

Saturday, October 5, 9:00 a.m. to 2:00 p.m.  
Town Common, in front of the library

The annual Saturday FOH bake sale is looking for donations of baked goods: cookies, pies, cakes, breads, etc. The food must be wrapped and labeled for nuts, GF, etc. Food can be dropped off the morning of the sale after 8:00 a.m. We will also have coffee, tea, and cider for sale. All proceeds from the bake sale are for the benefit of the Festival of the Hills Scholarship Fund for Conway graduating high school seniors.

No time to bake? Please stop by and purchase some baked goods for the weekend, holiday company, or your freezer. Thank you for supporting the festival and Conway students. Call Gail Connelly at 369-4287 if you have questions.

## Conway Cultural Council Grants

The grants cycle for the Conway Cultural Council opens on September 1 this year and closes on October 16. The Cultural Council, as a local council, receives funding from the Mass Cultural Council. The mission of the Mass Cultural Council is to promote excellence, education, diversity, and inclusion in the arts, humanities, and sciences to foster a rich cultural life for all Massachusetts residents.

Local grants are given to support a variety of cultural projects that will benefit the people of Conway. Programs in the arts, humanities, and sciences – including exhibits, festivals, field trips, short-term artist residencies, performances in schools, workshops, and lectures – are the type of projects that are considered. In November 2023 the Conway Cultural Council voted to provide grant money to twenty-three individuals and organizations to support programs that would provide Conway residents with a variety of enriching cultural experiences throughout 2024.

The Conway Cultural Council gives preference to applicants from Conway and/or programs that take place in Conway and also considers the number of residents served. We attempt to fund programs that address the interests and ages of Conway residents; with limited funding from the state, typical grant amounts range from \$150 to \$500.

For more information about the Conway Cultural Council's priorities and how to apply for a Cultural Council Grant, please visit [www.mass-culture.org/Conway](http://www.mass-culture.org/Conway). The Conway Cultural Council is made up of volunteers who are appointed by the selectboard. If you are interested in serving on the council or if you have other questions about the grant process, please email [conwayculturalcouncil@gmail.com](mailto:conwayculturalcouncil@gmail.com) to let us know.

## News from the Board of Health

**Recovery Month** September is Recovery Month, dedicated to celebrating the gains made by people in recovery or substance use treatment for drug and alcohol addictions as a path to a healthy and rewarding life. It also celebrates support given by families, friends, and service providers who make recovery possible in all its forms. Recovery is an active process of change, as individuals improve their health, live a self-directed life, and strive to reach their full potential. Links to further information are on the Board of Health website (below) Reminder: Narcan kits are available on the foyer table in town hall. Two outdoor Narcan cabinets will be installed in town later this fall.

**Rabies Information** The health district that supports your Board of Health has responded to numerous potential rabies exposures this year. Rabies is a virus that almost always causes death, and you cannot tell if an animal has rabies simply by looking at it.

Rabies has been found in over 5,000 animals in Massachusetts since 1992. Most U.S. cases of rabies in humans are caused by bats; any possible contact with bats should be taken seriously. This may be a

bite, scratch, and/or finding or waking up with a bat in the room, especially in the case of a young child or someone who may be mentally incapacitated. Bat teeth are small, so you may not realize that you have been bitten.

If bitten or scratched by a bat or other wild animal, immediately wash the wound with water and soap for ten minutes. Call your healthcare provider and the Cooperative Public Health Service that serves your local board of health at 413-774-3167 x 106. The health service will get in touch with your town's animal control officer and/or inspector. If your pet is bitten or scratched, call a veterinarian and your town's animal control officer. More information and prevention tips can be found on [mass.gov/rabies](https://mass.gov/rabies).

**2024-2025 COVID Vaccines** This year's updated COVID vaccines are expected to come out in early September. Detailed information from the CDC will be posted on the town website when it is available.

**Mosquito Bites** Illnesses carried by mosquitoes will continue to be a risk until after the first frost. Eastern Equine Encephalitis has been diagnosed in a horse in Plymouth County. Two human cases of West Nile Virus have occurred, one each in Hampden and Middlesex counties. While currently the risk in Franklin County is low, the best way to avoid possible illness is to take precautions to avoid mosquito bites.

**Measles** The first confirmed case of measles in Massachusetts since 2020 was reported in Worcester County in early July. It was diagnosed in an adult who had recently traveled internationally. The state Department of Public Health urges anyone who does not know their measles immunization status to contact their healthcare provider to get at least one dose of the MMR (Measles-Mumps-Rubella) vaccine. Learn more about measles at [mass.gov/info-details/measles](https://mass.gov/info-details/measles).

**New PERC Test Application** The Board of Health has a newly updated "Application for Soil Percolation Test." This application can be found on the Board of Health page of the town website. You can also email [boardofhealth@conwayma.gov](mailto:boardofhealth@conwayma.gov) or call 369-4235 x 8 to request a copy.

Information on this site is focused on our shared public health. Please consult your healthcare provider for your personal healthcare guidance. For the most up-to-date information, please see the town website and the BOH webpage: [conwayma.gov/g/42/Board-of-Health](https://conwayma.gov/g/42/Board-of-Health).

## Conservation Commission Vacancy

The Conservation Commission has an open vacancy and is seeking residents to serve on this volunteer commission. The commission ideally consists of five members who meet – generally on the second and fourth Tuesdays of each month at 6:00 p.m. at Town Hall – to review projects and assist property owners. Commissioners may do site visits, respond to emergency calls, discuss residents' questions concerning wetlands on their property, and review building permits that involve wetland issues. Experience is helpful but not required. Volunteers are eligible for reimbursed training on Wetland Protection Act regulations. The commission works with the Massachusetts Department of Environmental Protection (DEP) authorities and other Conway committees and commissions.

As the local representative of the Commonwealth DEP, the commission is charged with the primary enforcement of the Wetlands Protection Act and the Rivers Protection Act. An important goal of the commission is to work with landowners to balance their needs and rights with the requirements of these acts. This process is done through the commission's interpretation of the regulations that have been promulgated by the commonwealth upon inquiry by citizens and landowners by means of formal Requests for Determination of Applicability of the Acts or a Notice of Intent to work within a designated area of jurisdiction.

Questions and requests for further information may be directed to the Conservation Commission at [ConCom@conwayma.gov](mailto:ConCom@conwayma.gov).



## Conway Needs EMTs!

Conway's ambulance service is a volunteer department; currently it includes six Emergency Medical Technicians (EMTs.) The ambulance department answers calls for medical emergencies, automotive accidents, and other critical situations. It works closely with the Conway fire and police departments, along with the ambulance, fire, and police departments of neighboring towns.

EMTs respond to calls as they can, when they are free from other commitments. Some have prior medical experience; others just want to help the town. The department pays members for each call they answer, covers the cost of EMT licenses for those members who regularly respond to calls, and reimburses the cost of Massachusetts licensing classes for new, active EMTs.

The department is looking for new members! Conway Ambulance will reimburse EMTs for their class expenses and state testing fees if they become a Conway EMT. The department also offers to pay up front the costs of an EMT class and state exams for anyone who agrees to get their EMT license and work on the ambulance crew for a minimum of one year. For more information or to apply, contact [ambulance@conwayma.gov](mailto:ambulance@conwayma.gov) or leave a message at 413-369-4235 x 9.

## Conway Mall Update

As you know, the Conway Mall has been closed for several weeks and is currently cordoned off. There were several reasons for this sudden, unexpected closure, among them the lack of sufficient volunteers to cover the scheduled hours of operation. *No one* who works at the Mall is paid for the time they put in. However, the principal reason was the failure of some residents to comply with the Mall's few restrictions by bringing items not appropriate to the season – and in many cases not in good, usable condition, requiring the few available volunteers to spend more time disposing of these items than tending the Mall – and, most serious of all, leaving as “donations” hazardous chemicals that endangered the community, especially young Mall visitors.

The good news is that while Mall activity has been suspended, the transfer station attendants have given me contact information from potential volunteers, which we desperately need. We will be coordinating with the selectboard to come up with a workable procedure to prevent people from dropping off useless, unclean, or dangerous items. We do not yet have a precise date for reopening the Mall, but every effort is being made to get it open as soon as possible.

We Mavens look forward to seeing all of you back for your shopping pleasure soon.

## Household Hazardous Waste Collection Day

Franklin County Solid Waste District will hold the 2024 household hazardous waste collection on Saturday, September 21, at Greenfield Community College (GCC) and the Orange Transfer Station.

**Residents and businesses must preregister by September 13** at [franklincountywastedistrict.org](http://franklincountywastedistrict.org). Mail-in registration forms are available at town transfer stations. Participants will be assigned an appointment time and provided with instructions by mail after registration is processed. The collection is free for residents of most of the district's 21 member towns. Businesses may participate but must pay disposal costs. For business registration information, call 413-772-2438.

This event provides an opportunity to dispose of hazardous items that should not be put in the trash, such as leftover oil-based paints, stains, thinners, pesticides, herbicides, pool chemicals, motor oil, antifreeze, household cleaners, and other household chemicals. A more complete list of acceptable items is at [franklincountywastedistrict.org](http://franklincountywastedistrict.org).

Batteries and mercury-containing items such as fluorescent light bulbs, thermometers, and thermostats are not accepted at this collection. These items should never be put in trash or recycling. Handle them carefully, bring them to a municipal transfer station or a [Regional Hazardous Waste “Super Site”](#) and hand to the attendant. In addition, fluorescent light bulbs are accepted at Lowe's Stores (all types) and Home Depot (CFLs only).

For more information visit [franklincountywastedistrict.org](http://franklincountywastedistrict.org) or contact the district at [info@franklincountywastedistrict.org](mailto:info@franklincountywastedistrict.org) or 413-772-2438. MA Relay for the hearing impaired: 711 or 1-800-439-2370 (TTY/TDD). The district is an equal opportunity provider.

## Notes from the Town Administrator

I've been going through all the old files in the town administrator/selectboard office, trying to finally get them organized and maybe get rid of some very old files that are no longer necessary. Doing this has given me a much greater appreciation of Conway's history. I have files on long-ago issues where citizens have questioned the town's priorities, and that has made me remember (we all need reminders from time to time) exactly why I am here. It's true that no matter what, not everyone will be happy with decisions that are made or answers they receive about why an issue is resolved in a particular way. It's a balancing act between the needs and desires of residents and the dictates of the laws and regulations that the town must follow. The one thing that stands out most for me in perusing these old files is that residents, YOU, should question what happens in your town government. In my mind, the key to true balance in government is hearing concerns from all involved and being as transparent as possible in the response to those concerns.

Please know that I am here to answer your questions and concerns, to hear when I do not live up to your expectations, and with that feedback make a change for the better. Above all, I hope you will become involved in your town government: You truly are the ones for whom we are all working.

Véronique

## Friends of the Field Memorial Library

**Fall Book Sale** The Friends of the Field Memorial Library will hold their annual fall book sale on Saturday, October 5, and

Sunday, October 6, at the library, 1 Elm Street, from 9:00 a.m. to 3:30 p.m. The sale coincides with Conway's Festival of the Hills, which is on Sunday. A large selection of books and puzzles will be available. Proceeds benefit the library's educational and cultural programs. We hope to see you at the sale. You will be excited by the wide selection and perhaps find the book you remembered so dearly and hoped to find again.

We are now accepting donations of books; we especially welcome donations of fiction and nonfiction, local history, puzzles, and recent books of all genres. Donations – in good condition, please – can be brought to the library during open hours (Monday 3:00-6:00 p.m., Wednesday 2:00-7:00 p.m., Saturday 10:00 a.m.-2:00 p.m.). Check the library website, [fieldmemoriallibrary.org](http://fieldmemoriallibrary.org) for more information.

**Thank You** The Friends give thanks for all the friends and neighbors who donated approximately \$3,000 to our third annual appeal on the occasion of the library's 123<sup>rd</sup> anniversary and the Friends' 11th anniversary. We gladly accept donations throughout the year. It all helps to make the library a wonderful place and resource for our town. For information or to make an additional donation, go to the library website or write to Friends of the Field Memorial Library, PO Box 189, Conway, MA 01341. Again, thank you!

**Story Walk** The Friends will host our September story walk on the weekend of September 18-20. The walk will be set up in Veterans Memorial Park opposite Town Hall at 2:00 p.m. on Friday and stay up until 4:00 p.m. on Sunday. This month's story walk is *The Biggest Apple* by Steven Kroll. You can walk from one sign to the next to read the story. Activity kits will be available in a plastic container, first come, first served. Just help yourselves. More story walks will happen on the third weekend of each month. We are able to do this with the generous support of the Union 38 Family Networks.

## Neighborhood History Chats

The Conway Historical Commission is holding informal research sessions in the Town Hall General Purpose Room on the fourth Friday of each month at 1:00 p.m. If you have any information or photos pertaining to the history of your neighborhood, we could scan the material for you. Historical family or neighborhood information will likely contain missing pieces of a larger puzzle that we're researching, which we can detail for you in return. If anyone is interested in participating in oral-history interviews – or knows someone who is – we are beginning to refocus on those too. For more information, please contact Bill Burnett by email at [maplefarm116@gmail.com](mailto:maplefarm116@gmail.com) or by phone at 413-768-1353.

## News from the Conway Historical Society

The Historical Society Museum will be open for the Festival of the Hills, spotlighting its summer exhibition, "Love's Sweet Afterglow." A full itinerary of the society's events will appear in the October issue of *Conway Currents*.

**Historic Deerfield Passes** The society has two season passes to Historic Deerfield and makes them available to all Conway residents throughout the season. Each pass admits up to four people. To reserve, contact Joe Zadroga at 413-824-2719; it's best if you can give 24-48 hours notice. Note: Passes should be picked up either the day before or the day of your planned visit and must be returned immediately following your use so that others may enjoy them. For more information on Historic Deerfield, including hours, see [historic-deerfield.org](http://historic-deerfield.org).

Visit our website at [conwaymasshistory.org](http://conwaymasshistory.org) for information on events, to search the collection, or to learn more about this volunteer organization.

## Conway Sportsman's Club News

August and September are the club's busiest months. The beginning of August saw the club sponsor a 3-D bow shoot. Twenty-six archers sought out thirty three-dimensional targets featuring prey and predators ranging in type from alligator to wildcat. FYI: No real animals were used or harmed during the event, but many were consumed in the form of burgers and hotdogs.

At the August sporting clays shoot, well over 100 shooters strove to achieve the perfect score of 100. Thousands of clay pigeons were downed during the shoot, but again – FYI – none was consumed.

The annual picnic for Conway seniors was held on the 29th, as always a good time. The club's pavilion was beautifully decorated and alive with celebration during two private events in August. This month the club will host another private event on the 14th and a second sporting clays shoot on the 15th.

If anyone wishes more information about joining the Conway Sportsman's Club, how to sign up for events, facility rental, classes, our scholarship program, and so on, please go to our website: [conwaysportsmans.org](http://conwaysportsmans.org). Old hunter saying: "If a ferret bites you, it is nearly always your own fault."

## Sir Reggie's Homemade Jeopardy Quiz

Come up with the right answers to the questions in this category: "Candy Land." Answers on page 18.

What is:

1. A French fencing trio?
2. A failed cow product?

3. Something that has a lot of pull in Istanbul?
4. Something that's not quite a laugh out loud?
5. Something that's almost a laugh?
6. A star group that's not a constellation?

## Conway Council on Aging

Council on Aging meetings are held on the first Wednesday of the month at 9:00 a.m. in Town Hall. The next meeting will be September 4. For more information, contact Patricia Ann Lynch, COA chair, at 369-4284 or email [patricialynch@earthlink.net](mailto:patricialynch@earthlink.net).

### Senior Calendar for September

**"First Friday" Walk-in Wellness Clinics** Clinics are held on the first Friday of the month in Conway Town Hall from 9:00 a.m. to 12:00 noon. Regional public health nurses Lisa White, RN, and Meg Ryan, RN, staff the clinic. There are no out-of-pocket costs to residents for this service, which is provided through the town's membership in FRCOG Cooperative Public Health Service. For more information, call 413-774-3167 x 156 (Lisa) or x 158 (Meg).

**Healthy Bones & Balance Classes** Classes meet on Tuesday from 8:30 to 9:15 a.m. and Friday from 9:00 to 9:30 a.m. on Zoom. Contact leader Gary Fentin at 369-0001 for information and the [Zoom link](#).

**Monthly Foot Care** Foot clinics are usually held on the first Monday of the month in Town Hall **BY APPOINTMENT ONLY**. The next clinic will be on September 2. Clinic hours are 9:00 a.m. to 3:30 p.m. The fee is \$25.00. For information or to schedule an appointment, call Pat Kocot at 369-4248 or 413-775-3629.

**Senior Meals** In most months meals are held at Town Hall on the second and last Thursdays of the month. Meals may be eaten in or picked up at noon. For more information or to be added to our email or phone list for announcements, call Carolyn Thayer at 413-559-0282.

**Walking Group** The walking group has been enjoying its

members' conversation and companionship while engaging in healthful exercise. Join the group every Monday, weather permitting, in front of the library at 9:00 a.m. For more information, contact Phylis Dacey at 369-4326.

**Yoga for Seniors** Led by Jody Fontaine on Wednesdays in person at the library and on Zoom. Class times: mat yoga 10:00-11:00 a.m., chair yoga 11:15 a.m.-12:00 noon. Call Jody at 413-824-9435 for information or for the [Zoom link](#).

### Senior Services

**Durable Medical Equipment Loans** The COA has items of durable medical equipment available for loan, including wheelchairs, transfer chairs, walkers, crutches, canes, tub and shower chairs, commodes, and raised toilet seats. Call Hank Horstmann at 413-522-9240 to borrow equipment **NOTE:** Please, when loaned equipment is no longer needed, call Hank in order to return it.

**SHINE Counseling** The SHINE (Serving the Health Insurance Needs of Everyone) Program provides free health insurance information and counseling to all Massachusetts residents with Medicare and their caregivers. People who have Medicare or who are about to become eligible for Medicare can meet with a counselor to learn about benefits and options available. A counselor will review programs that help people with limited income to pay health care costs.. SHINE counseling is available by calling LifePath at 773-5555 or by contacting Meg Ryan, one of [Conway's public health nurses](#), at 774-3167 x 158.

**South County Senior Center Hybrid Program: Knitting Circle** Project for both novice and advanced knitters to create full-size or lap blankets. Time and dates: 2:00-3:30 p.m., September 3 and 27. Classes are held both online and in person at the SCSC, 22 [Amherst Road, Sunderland](#). Register at 665-2141.

**Transportation for Medical Appointments & Shopping** The Shelburne Falls Senior Center provides curb-to-curb van transportation within Franklin County for seniors 60 and over for in-county medical appointments and grocery shopping. Call the

center at 625-2502 to make an appointment at least 48 hours in advance or for information about reservations and fees. An application with a copy of a photo ID is needed to be pre-approved for ridership. For rides to out-of-county medical appointments, call the FRTA at 774-2262 x 163 for information and reservations.

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## Currents Advertisements & Notices

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Rates for ads up to 150 words are: one month \$8.50, three months \$16.50; six months \$26.50, twelve months \$45.50. For cost of longer ads or to include images (limited), call or email Louise at 413-559-1180 or [lmbeckett@crocker.com](mailto:lmbeckett@crocker.com). Pay by checking account or credit card through the town's website <https://conwayma.gov/> > How do I . . .? > Pay for > Newsletter Advertising; or send a check to made out to **Town of Conway with Conway Currents in the memo section, PO Box 240, Conway, MA 01341**. Send the text of your advertisement to Louise by email at [lmbeckett@crocker.com](mailto:lmbeckett@crocker.com). **Deadline: 15<sup>th</sup> of the preceding month.**

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**Personal Care Aide (PCA)/ Caregiver** - needed in center of Conway. They say it takes a village to raise a child. Well it takes a village to keep an elderly person out of a nursing home as well. What does it take? It takes caring, dedicated, responsible people to do laundry, trash removal, cleaning, shopping, help with personnel tasks, cooking and so much more. We have had a good response finding people in Conway since the ad in *Conway Currents* has been running, but we still need PCAs for some shifts. Hours and days of the week are flexible: You could work as little as 1.5 hours to 25 hours a week. We also need some people to fill in when someone is sick, needs a personal day or vacation. Depending on the situation it could be 9 – 14 hours in advance or scheduled weeks in advance. Multiple people in this position would be ideal. Duties include: Assist with ADL's daily; some shopping, cooking and companionship; PCA care; Pass a CORI check; Pay is \$ 19.50/hour. We are currently working with MassHealth. Contact David if interested. 413-768-8751.

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**Odd job man** - for small projects, repairs, painting etc. Custom wood and metalworking available. Insured. Over 25 years experience. Call or email John; we can talk. 413-369-4064; [spell938@earthlink.net](mailto:spell938@earthlink.net)

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**The Conway Inn** - Open for pizza, chicken wings, and breadsticks, Friday and Saturday, 4 - 10 p.m.; Sunday 5 - 8 p.m. Call 413-369-4428 for takeout. Live music jams, second Friday 7 p.m. and third Thursday - starts around 6 p.m. - each month! Look for the blue flag on the porch.

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**Baker's Country Store** - open seven days a week for all-day take-out breakfast and lunch: Monday-Friday 6 a.m.-6 p.m.; Saturday/Sunday 7 a.m.-5 p.m. Find a variety of homemade desserts and baked goods – freshly baked cakes, muffins, pies, and cookies – and a large selection of last-minute items. Right now, for pies, please call in advance. We have local summer squash, zucchini, cukes, tomatoes, blueberries and peaches from Pine Hill Orchard. Try a flavored iced coffee, smoothie, or an ice cream dish or cone! Check us out on Facebook: [facebook.com/Bakers-Country-Store](https://facebook.com/Bakers-Country-Store) for today's specials or call 413-369-4936. **A special thanks to all who have expressed their concern or have contributed to the GoFundMe - Bob and I are grateful! - Helen**

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**Natural Roots Farm** - We are a horse-powered CSA farm located along the South River right here in Conway. Enjoy this beautiful, bountiful farm and the vibrant community that we feed. Our farm store is open to the public year-round, self-serve during daylight hours. We offer eggs from our own pastured hens as well as other local items including beef, chicken, pork, dairy, baked goods, honey, maple products, coffee, tea, ice cream, snacks, beverages and more! Details on our website: [www.naturalroots.com](http://www.naturalroots.com). Natural Roots, 888 Shelburne Falls Rd., Conway, MA 01341, 413-369-4269, [farmers@naturalroots.com](mailto:farmers@naturalroots.com).

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**House Above The Hollow** - Need accommodations for visiting family or friends? House Above The Hollow is a charming one-bedroom apartment in a lovely Greek Revival home overlooking the historic Pumpkin Hollow. For more info visit [airbnb.com](https://airbnb.com) House Above The Hollow.

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**Your Home Town Realtor** - Sarah Newman with Coldwell Banker Community Realtors. A Conway resident since 2002, I provide local, attentive and trustworthy service for home/land buyers and sellers throughout Franklin and Hampshire counties. To learn more about me, my services and brokerage company, please go to my website at [Sarahnewmanrealtor.com](http://Sarahnewmanrealtor.com). Here you will also find past client reviews and recommendations. Contact me directly at 413-548-6525 or [sarah.newman@cbcommunityrealtors.com](mailto:sarah.newman@cbcommunityrealtors.com) with any real estate questions you may have. I'd love to hear from you!

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**September is a great time** - to think about fall cleanup! Our lightweight Groundskeeper II rake is great for cleaning up leaves, sticks and brush; and a pair of German-made LOWE loppers, a Silky saw or an ARS pole saw will make cleaning and trimming limbs a breeze. With harvest and cider seasons right around the corner, you may want to gather all the essential tools you'll need. We have picking buckets and bags, fruit

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pickers, and a variety of sheers, snips, and stem clippers to choose from. Interested in making cider? Our easy-to-use Lancman Water-Operated Cider Presses come in several sizes making them a great choice for the home cidemaker or larger operations alike. We have great resources right at your fingertips so stop by and talk with Gemma, Rebecca or Tim! Shop where the pros shop and thanks for buying locally! OESCO, Inc. (Orchard) M-F: 7-5; 369-4335

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**Fall Classes at Wilder Hill Press - Woodblock Printing Workshop:**

Saturday, Sept. 21, 9 a.m.-4 p.m. Learn the basics of relief printmaking in this intensive workshop. Design and carve a Japanese Shina plate, before printing your images with non-toxic aqua inks on our Charles Brand Press. Students will acquire skills to print at home without a press. Pre-registration required. \$160; all materials included.

**Cyanotype Printing and Bookmaking Workshop:** Saturday, Sept. 28, 9 a.m.- 4 p.m. Explore the historical process of cyanotype printing from the fields of Wilder Hill Gardens to produce gorgeous, Prussian blue images using solar energy! Students can also bring photographic negatives to print. We will then fashion the images into a significant book type, the Codex. The addition of text, collage, threading, and toning will be covered. Pre-registration required. \$160; all materials included. Contact: Lilian Jackman. 351 South Shirkshire Road. Conway, MA. [wilderhillpress.com](http://wilderhillpress.com); [lilianjackman@gmail.com](mailto:lilianjackman@gmail.com); [wilderhillgardens.com](http://wilderhillgardens.com); 413-772-9065.

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**Pottery Class** - Tuesday evening wheel throwing classes for beginning and intermediate students taught by Megan Hart in her Conway studio beginning September 10, 6:00-8:00 p.m. for six weeks. Emphasis will be on creating functional forms and shapes by first learning the art of centering. More advanced students can refine their skills working on forms they have previously made or attempting more challenging pieces. Classes are small which allows lots of individual attention. Materials and firings are included as well as an additional time during the week, decided by the class, to work on your own. For more information or interest in registering, please contact me by email or phone. [hartpottery@gmail.com](mailto:hartpottery@gmail.com) 413-522-6707.

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**Mosaic Art Workshops for Adults** - Christine Kenneally, Conway resident and mosaic artist, with 18 years teaching experience, is now offering workshops at her home studio on North Poland Road. Small classes, personalized instruction, creativity coaching. Learn to work with various materials to create a work of art, one piece at a time, all using

hand tools. One day classes, as well as 4 and 6 week series. One-on-one mentorship sessions offered. Connect with the artist that you are! For details, visit [www.christinekenneally.net](http://www.christinekenneally.net)

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**Knabe Baby Grand Piano for sale** - Serial No. 196960 - primarily used for instruction. Well-maintained with Dampp-Chaser system. Does need some work. \$1,000 or will consider onation to school or other non-profit group. for sale. Text (preferred) 423-230-4996 or email (response may be delayed) [astridsanderson@yahoo.com](mailto:astridsanderson@yahoo.com)

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**Jan & John Maggs Antiques and Art** - 17th-century English oak furniture, Queen Anne and Georgian jewelry, artwork, carpets, small accessories, and more. Open by chance or appointment. We'd love to see you. Visit us online at [jmaggs.com](http://jmaggs.com), email [jmaggs@jmaggs.com](mailto:jmaggs@jmaggs.com), or call 369-4256. And feel free to knock whenever you see the blue doors on the front of the barn.

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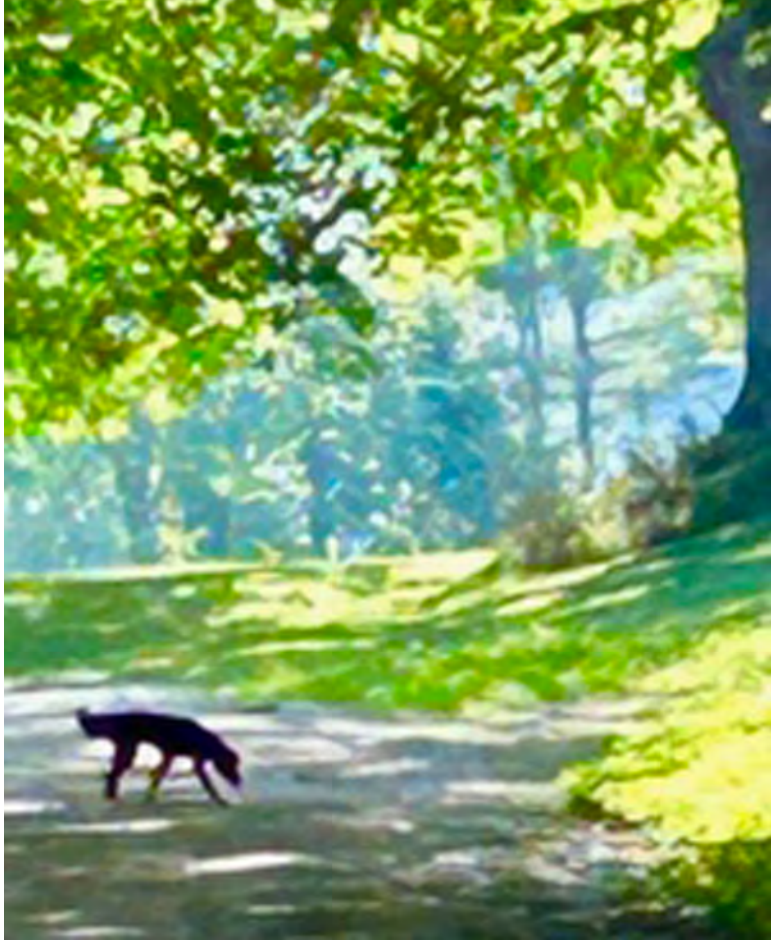
**Qigong Class for All** - Qi ("Chi") is energy, vital force. Part of traditional Chinese medicine Qigong is about mastering your own energy. When you have sufficient and balanced Qi, you have no fire; you are at peace. When you have too much, Qigong practice can balance its excess. Qigong coordinates body movements, dynamic and static postures, breathing exercises and meditation. Acupressure protocols are used to alleviate blockages. Qigong is energy cultivation: it's about aligning body, mind and spirit in one, to help bring clarity, awareness, balance, longevity, peace and fun. Just bring a mat and water! Class led by Alexandre Pazmandy, LMT- Every Saturday 10-11 a.m., 86 Main Street, \$25; Walk-ins welcome. 413-362-5173 - <https://ap.massagetherapy.com>.

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## Jeopardy Quiz Answers

1. Three Musketeers
2. Milk Duds
3. Turkish Taffy
4. Snickers
5. Chuckles
6. Milky Way





*Dog Days of Summer*; Mike Haley

Town of Conway  
P. O. Box 240  
Conway, MA 01341

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