



Volume 5, Number 6 - June 2024

New Assistant Assessor



My name is Steven J. KaCey and it is my pleasure to introduce myself as your assistant assessor. I look forward

to learning about your community and your homes. I appreciate the opportunity to be of service to you all. I encourage everyone to call, email, or stop by with any assessment questions or just to say hello. Lee Whitcomb will be staying on the board of assessors and will work with me through this transition. If there is a matter that I'm not fully equipped to address, rest assured that I have incredible support here as well as at my home office in Leominster, MA. Currently my office hours are Wednesday 12:30 - 5:00 p.m. and Thursday 8:30 a.m. - 12:30 p.m. Outside of these hours you may reach me via email at assessors@conwayma.gov or 413-247-4119.

I have lived in the valley for 25+ years and am happy to call Amherst, MA, my home. When I'm not at work you can find me browsing through libraries, playing music, and enjoying a game of pickup soccer. Fun fact: I hope to adopt an Australian shepherd/border collie mix named Jack.

Notes from the Town Administrator

Don't forget!

TOWN MEETING Saturday, June 1
at the Conway Grammar School at 10:00 a.m.

TOWN ELECTIONS Thursday, June 6
at Town Hall from 11:00 a.m. to 7:00 p.m.

Just a reminder to all that the new transfer station vehicle decals will become available on June 3 at the town offices *only*, not at Town Hall, and we will be open on Saturdays from June 8 through July 13 from 8:00-11:00 a.m. to accommodate those who have difficulty getting to the town offices during the workweek. Everyone will again receive 104 bag stickers to go with the new vehicle decal, and if you have any stickers leftover from this year, they are still good. See the town website, conwayma.gov, for more details.

As another fiscal year closes out, I am reminded of how many amazing, talented, and dedicated individuals volunteer and work together to keep our town running. I am truly grateful for the approximately one hundred of you who devote your energy and your time to the town; indeed, the town could not possibly function without you, and I thank you. And if anyone would like to become more involved with the town, there are a number of openings on different committees and boards. Please feel free to call me if you would like to find out more!

Happy June!

Véronique



New Senior Transportation Program

by Phil Kantor

I am pleased to announce the start of a new Conway senior transportation service that I hope will help Conway seniors to more easily age in place and continue to live in this town past the point at which they are no longer willing or able to drive themselves. I have reached an agreement with Tina Cote, the administrator of the Franklin County Transit Authority (FRTA), which will provide the funding and administrative staffing for this program. This is a pilot program intended to gauge the demand for such a service in Conway. If enough people utilize the service, FRTA will, in the next fiscal year, buy a wheelchair-accessible passenger van and pay its driver for exclusive use by Conway's older residents.

This program is grant-funded by FRTA and will not cost the Town of Conway anything. In order for this service to be successful, we need Conway residents over the age of 60 to use it regularly, and we need volunteer drivers to take those people where they want to go. What makes this program special is that rides will not be limited to medical appointments and set grocery shopping days within Franklin County. Clients can use this service for any reason and can travel anywhere within Massachusetts, as long as a driver is willing to take them.

Drivers will be reimbursed by FRTA at the IRS reimbursement rate, which is currently 67 cents per mile, plus tolls and parking fees. Drivers must have a legal and insured vehicle for this purpose. They must pass an initial fingerprint and CORI background check as well as an FRTA vehicle inspection and keep mileage logs and submit them to FRTA for reimbursement. FRTA will provide umbrella liability insurance coverage above and beyond the driver's personal insurance limits.

Riders will be billed by FRTA 40 cents per mile traveled at the end of each month, but their own guest(s) can travel with them at no

extra charge. All clients must be registered in advance with FRTA and must call FRTA with their ride requests. FRTA will call the drivers on their Conway list and match riders with the driver willing and able to take them. Clients can ask for a specific driver when they call FRTA to request a ride, and FRTA will call that driver first. The more drivers we have enrolled, the more responsive this service will be. With a dozen drivers, we should be able to accommodate same-day and even some same-hour requests, but the greater the advance notice given to FRTA, the greater the chance will be of having a ride when you want one.

Whether you are considering driving or riding, the place to start is with a telephone call or email to either me at 413-475-4305, philkantor@conwayma.gov or Town Administrator Véronique Blanchard at 369- 4235 x 3, townadmin@conwayma.gov, and you will be sent the initial forms you need to complete. Alternatively, you may pick up the forms at the town office or Town Hall during business hours. Please consider either volunteering as a driver or registering to use this service. This town has never offered anything like this program. If it is not supported, we are unlikely to have such a program in the future.

Senior Prom Reminder

Last-minute reminder: On Saturday, June 1, all of Conway's older adults are invited to a Senior (60+) Prom from 5:00 to 8:00 p.m. at the Field Memorial Library, 1 Elm Street. Music by Katie Clarke and Larry LeBlanc, food by Little Bird Bakery, and beverages will be provided. In addition there will be an exhibit of artworks by your senior neighbors and a raffle that includes gift cards to Baker's Country Store, the Conway Inn, and Natural Roots Farm. The prom is free for all Conway seniors. Wondering about attire? Come as you are. Be comfortable. Feel free to be festive. For more information contact Robin Yerkes at RBYerkes@gmail.com or 413-575-7816 or 413-369-4170.

The Senior Prom is made possible by the financial support of Mass in Motion, a statewide movement that promotes opportunities for healthy eating and active living, and by the Mass in Motion Franklin County initiative led by partners LifePath and the Franklin Regional Council of Governments, as well as the support of the trustees and Friends of the Field Memorial Library and the Age-Friendly Conway Committee.

Watch for Kestrels Near the New Boxes!

Perhaps you've noticed some handsome new bird boxes around town in Pumpkin Hollow, at the Conway Swimming Pool, in Bigelow Meadow, or on Main Poland, North Poland, Roaring Brook, and Shelburne Falls roads. They are part of the Kestrel Box Project sponsored by Conway's Open Space Committee. See conwayma.gov/files/Kestrel_Conservation_MassWildlife.pdf for pictures and an explanation of what we hope to emulate.

American kestrels (aka sparrow hawks) are in decline. They rely on old woodpecker holes, natural tree hollows, nooks in human structures, and the like but will readily use boxes provided for them. It will take some time for the kestrels to notice the boxes and hopefully nest there. Keep your eyes out for these beautiful birds, sometimes found perching on telephone lines. Please report any sightings to openspace@conwayma.gov or Janet at 413-768-7416.

Special thanks to a great volunteer team: Andy Benko for constructing the boxes; Nelson Shifflett for securing, transporting, and managing erection of the 15-ft local locust posts; and Zee, Jon Westcott, Val Anderson, and Robert Catlin for installation assistance.



UCC Community Event

Katie Clarke and Larry LeBlanc present “An Evening of Old-Time Country and Bluegrass Classics” on Saturday, June 8, at 7:00 .p.m at the UCC Church of Conway. Katie and Larry will perform a mix of old country and bluegrass duets along with a few of Katie's old-times originals thrown in. The duo features Katie’s sparkling vocals and Larry's multi-instrumental wizardry on mandolin, guitar, and dobro. Tickets are on a sliding scale from \$20.00 to \$10.00 or pay as you are able. Proceeds will benefit the Pumpkin Hollow Bluebird Trail project! Tickets can be reserved by emailing Katie at kclarkewaddell@gmail.com or bring cash the evening of the show. See you there!

Neighborhood History Chats

The Conway Historical Commission is holding informal research sessions in the Town Hall General Purpose Room on the fourth Friday of each month at 1:00 p.m. If you have any information or photos pertaining to the history of your neighborhood, we could scan the material for you. Historical family or neighborhood information will likely contain missing pieces of a larger puzzle that we're researching, which we can detail for you in return. If anyone is interested in participating in oral-history interviews – or knows someone who is – we are beginning to refocus on those too. For more information, please contact Bill Burnett by email at maplefarm116@gmail.com or by phone at 413-768-1353.

Field Memorial Library Update

The library now has a fabulous museum passes board to showcase our many passes to some of the most popular museums in the area. Come in to see what’s on offer. We have passes to Historic Deerfield, the Clark Art Institute, Mass MoCA, and the Eric Carle Museum of Picture Book Art, as well as parking passes to the DAR State Forest and other locations.

The library will be hosting Age-Friendly Conway's Senior Prom on Saturday, June 1, from 5:00-8:00 p.m. Information has been sent to all Conway seniors and more is included in this issue of *Conway Currents*. This event will be successful only if you come to it! It's a chance to enjoy your neighbors, hear live music, and experience great food and art.

On Saturday, June 8, at 3:00 p.m. a New Blue Jazz Band will perform a free outdoor concert at the library. We once again have the great good fortune to host this spectacular group of performers at the library. This program is supported by the Mass Cultural Council, a state agency, and is accessible to all. Bring chairs. Refreshments will be provided.

The Friends of the Field Memorial Library will host a story walk on the weekend of June 14-16. The walk will be set up at 2:00 p.m. on Friday and stay up until 4:00 p.m. on Sunday at Veterans Memorial Park opposite Town Hall. If you can't see it on that weekend, it will be set up at Natural Roots Farm the following week. You can walk from one sign to the next to read the story. June's story is *Is Your Mama a Llama?* by Deborah Guarino. Activity kits will be available in a plastic container. Just help yourselves, first come, first served. More story walks will happen on the third weekend of each month. We are able to do this with the generous support of the Union 38 Family Networks.

On Saturday, June 29, at 2:00 p.m. the library will celebrate the sea and the diverse heritage of the New England Coastal Region and maritime folklore by presenting a performance by Parents' Choice Award-winning storyteller Davis Bates, with our own David Whittier accompanying. Titled "Sea Songs and Stories: From Shore to Deep Water," the program will involve the audience in a variety of cultural traditions. It will include ghost ballads and sea chanteys, Indigenous stories, folktales, and family tales. There will be plenty of sing-alongs and even a short lesson in how to play music with spoons from a kitchen drawer. Be sure not to miss this

program celebrating the magic and power of the sea. This program is funded in part by a grant from the Conway Cultural Council, a local agency supported by the Mass Cultural Council, a state agency.

Library Staff Notes: Come visit the Conway Seed Library! We have a great collection of vegetable, herb, and flower seeds to add to your garden. All seeds are organic, free, and organized in card catalog drawers located in the rotunda area of the library. In time we hope patrons will not only grow the crop but also save seeds from it and return those to the library to start a local seed bank. For more information contact your librarians or speak to them in person during our open hours. Happy gardening!

Phoebe Hynes, Director, Field Memorial Library
director@fieldmemoriallibrary.org 413-369-4646

Thank You from Conway Grammar School

The Conway Grammar School PTO would like to thank all the community members who came out to support our Second Annual Spring Fling. It was such a joy to see so many families and neighbors join together to celebrate community and springtime! Thank you to everyone who volunteered their time and talents to contribute to the day's festivities. And thank you to all the local folks and businesses who donated goods for our raffle baskets and participated in the event:

Ashfield Hardware - Atlas Farm - A2Z Science and Learning Toy Store - Artbug Illustrations - Baker's Country Store - Bark Happy - Big Y - Bread Euphoria - Checkerspot Farm - Conway Fire Department - Conway Forest and Trails Committee - Conway Historical Society - Conway Inn - DayBreak Rumba Band - Earthwork Programs - Field Memorial Library - Foxtrot Farm - Gardener's Supply Company - Greenfield Garden Cinema - Hannah Harvester - Herrell's Ice Cream and Bakery - High Five

Books - Ice Cream Alley - Imaginary Bookshop - Janet Ryan
Piano - Kestral - Leah Ewing and the Quiet-Loud Machine - Leo's
Table - Maya Machin - Mycoterra Farm - Nasami Farm - Natural
Roots Farm - Notehouse - OESCO, Inc. - Old Friends Farm -
Pekarski's Sausage - People's Medicine Project - Real Pickles -
Rise Above Bakery - Rogue Rooster Farm - Roundabout Books -
Shelburne Falls Coffee Roasters - South River Miso - Sugarloaf
Gardens - The Baker's Pin - The Old Fashioneds - Thyme Herbal -
Tom Ricardi - Tree House Brewing Company - Wholey Farm -
Wing and a Prayer Nursery - Wild Roots - Wolfie's Restaurant

Special thanks to Greenfield Savings Bank for helping to sponsor
our event!

From Conway's Kitchens

Faye's Mac-N-Cheese

*This recipe came from Faye Allis - she always made it for family
gatherings, pot-lucks and other get-togethers. Even when illness
prevented her from attending the Conway Inn annual pig roast
during the Festival of the Hills, she always sent a large pan of it to
Barbara for the feast. The following is half the recipe Faye used,
and we have updated the method slightly.*

Sauce

½ cup flour
½ tsp. White pepper
2 tsp. Dry mustard
½ cup butter (1 stick)
1 qt. milk
1-1/2 - 2 lbs. grated cheese: Faye always insisted on Cabot
'Seriously Sharp', which I also use.

- Sift (or just mix with a spoon) the dry ingredients together in a small bowl.
- Heat the milk a little in the microwave or on the stove on medium low so it's just warm.
- In a medium saucepan (3 qt.) , melt the butter, and add the flour mixture. Cook on low heat, at least 2 minutes, stirring constantly until you have a smooth roux. Cooking the roux well will avoid a 'floury' or pasty taste, and guarantee a smooth lump-less sauce.
- Slowly add the warm milk, stirring constantly over low heat. It will thicken slightly and look velvety when it's ready. Slow and steady is the key to avoiding lumps!
- Add the cheese a bit at a time and stir until fairly well melted and smooth.

Pasta - You can cook the pasta while you're making the sauce.

- 1 to 1-1/2 1 lb. Boxes of pasta. Faye used Muellers twists. I use Ronzoni Cavatapi or shells (medium or small). Cook al dente, following the package instructions, but test that the pasta is not over-cooked - it will cook again in the oven. Drain and run cold water over the drained pasta. Drain again.
- Set aside in a 9 x 13" or so pan until the sauce is ready.
- When both pasta and sauce are cooked, combine them. I usually ladle the sauce over the pasta section by section. Add a thin layer of Parmesan cheese if you like.

Topping

1/4 cup butter
1 tsp. minced garlic; fresh is best.
1 stack coarsely crushed Town House Original crackers

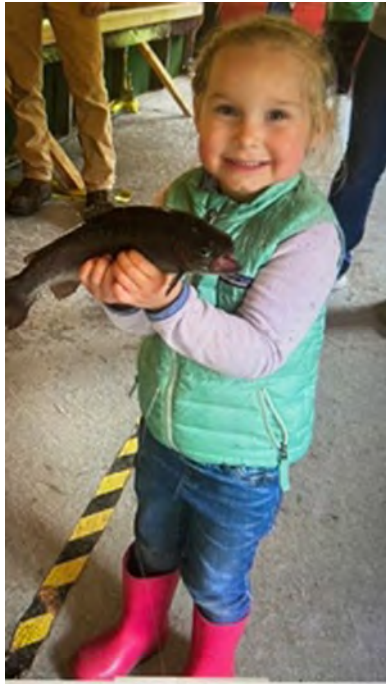
In a medium (10") fry-pan, saute the minced garlic in the melted butter. Toss crackers in the mixture, making sure to coat all the crackers. Spread over the macaroni and cheese.

Bake at 350 for 30-45 minutes, until the sauce bubbles and the topping is nicely browned.

Youth Day Returns!

The ever-popular Youth Day returns to the Conway Sportsman's Club on Sunday, June 2, from 10:00 a.m.-2:00 p.m. Here's a list of activities and demonstrations celebrating the great outdoors:

- A wild animal slide show.
- Fishing in our indoor trout pool: fishing gear and instruction provided; caught fish will be cleaned and packaged for kids.
- Tom Ricardi and his rehabilitated birds of prey
- Making plaster casts of animal tracks from molds of everything from a raccoon to a wolf.
- Building birdhouses (with help) that kids can take home.
- Beginner's archery with professional instructors guiding kids and their parents in techniques and safety.
- Shooting clay pigeons for older kids and their parents on our sporting clay range. Gun safety instruction provided.



Hot dogs, burgers, and drinks will be available. For more information and directions to the Conway Sportsman's Club, go to conwaysportsmansclub.org.

From the Archives of the Conway Historical Society

These men, women, and children are waiting at the trolley stop at Wildwood Park along the South River about 1900. The long-gone park at the end of today's Station Road was created when the



Waiting for the Trolley at Wildwood Park, Courtesy of the Conway Historical Society, gift of Grace Larson.

downtown to the confluence of the Deerfield and South rivers. The hydro dam that still stands off Station Road provided electricity for the trolley and the town for nearly a quarter century. The dam's impoundment was dubbed Lake Wequanock and became a principal feature of Wildwood Park, the town's recreation area of the day. This photograph shows the dress apparently appropriate for a day at the park: long dresses for the women and skimmer straw hats for men. Note someone's bike parked to one side. According to the *History of Conway 1767-1917*, the park, with its "excellent pavilion," was the scene of "innumerable picnics" and the "justly famed" Masonic clambakes. For more, go to conwaymasshistory.org.

Swimming Pool News

Opening day is June 1! To celebrate the opening we will have free ice cream for the first 50 pool visitors from 1:00-2:00 p.m. on June 8 (rain date June 16).

On July 27 from 11:00 a.m.-1:00 p.m. the Conway Parks and Recreation Committee and the pool committee are hosting an even livelier event with live music, a cookout, and again, ice cream. Save the date! We'd love to see many Conway residents, swimmers and non-swimmers, of all ages and from all corners of our town at this community gathering. This free event is our way of thanking you for your patience and support during the flood damage remediation.

While at the pool you will first notice our beautiful new pavilion, and then you'll be impressed with the improved walkways. You may not notice all the work that went into erosion control, but it's there and in many forms, one of which is a line of erosion-control rocks separating the lawn from the beach. Please help us keep these rocks in place. They may look lovely to throw and decorate sand castles with, but they play an important role in keeping the beach a beach. Thank you.

Fundraiser for Indigenous Nonprofits

A special showing of award-winning documentary *Powerlands*, followed by a virtual Q & A with the director and producer, will be held at 4:00 p.m. on June 16 at Memorial Hall in Shelburne Falls as a fundraiser for two Massachusetts Indigenous-led nonprofits: Native Land Conservancy and No Loose Braids. Filming over seven years on three continents, director Ivey-Camille Manybeads Tso, a young queer Navajo woman, tracks the forced relocation of Indigenous communities and the pollution of their land by international extractive corporations and the powerful Indigenous matriarch-led resistance to protect their land.

Native Land Conservancy focuses on land rescue through donation or title purchase, upholding conservation easements, and tending to its needs, as well as through cultural preservation. No Loose Braids is a Nipmuc-led organization focused on continuing and reviving Eastern Woodlands traditions and cultural practices.

Purchase tickets at powerlands.brownpapertickets.com. For more information email Info@FriendsOfNLCNLB.org.

Short-Term Lodging

from the FRCOG Public Health Team

Are you renting a portion of your property to guests on a short-term basis via Airbnb, Vrbo, or otherwise? Did you know that it is the responsibility of the Conway Board of Health to ensure that this housing for visitors meets local regulations? We do this with the aid of the Cooperative Public Health Service (CPHS) of the Franklin Regional Council of Governments (FRCOG). Through its annual permitting process, CPHS works with property owners to help ensure that their guests will be safe and that specific state requirements pertaining to drinking water, waste water, and living conditions are met.

If you own a short-term rental property and have not been permitted by CPHS in 2024, please initiate an application promptly at frcog.org/cooperative-public-health-service-online-permitting-scheduling/. Contact healthagents@frcog.org with questions about these regulations or about your property. Email CPHSoffice@frcog.org for technical help with the application or to suggest that we contact particular property owners to offer assistance and encourage compliance. As always, feel free to call a member of the Board of Health for more information.

COVID Vaccine

Are you up to date? In late February 2024, the CDC added a new recommendation that people aged 65 years and older should receive one additional dose of any updated (2023–2024 formula) COVID-19 vaccine (i.e., Moderna, Novavax, Pfizer-BioNTech). This additional dose, given at least four months after the first dose of 2023-2024 formula vaccine, is to boost protection during the summer months.

Cooperative public health nurses are providing Moderna COVID vaccine in home visits and at drop-in nursing hours through the spring and early summer by appointment only. If you would like to receive this additional dose, or if you still need a first dose of the 2023-24 formula that came out in Sept 2023, please contact Lisa White, RN, Franklin Regional Council of Governments Cooperative Public Health Service, 413-774-3167 x 156.

Conway Council on Aging

Council on Aging meetings are held on the first Wednesday of the month at 9:00 a.m. in Town Hall. The next meeting will be June 5. For more information, contact Patricia Ann Lynch, COA chair, at 369-4284 or email patricialynch@earthlink.net.

Senior Calendar for June

"First Friday" Walk-in Wellness Clinics Clinics are held on the first Friday of the month in Conway Town Hall from 9:00 a.m. to 12:00 noon. Regional public health nurses Lisa White, RN, and Meg Ryan, RN, staff the clinic. There are no out-of-pocket costs to residents for this service, which is provided through the town's membership in FRCOG Cooperative Public Health Service. For more information, call 413-774-3167 x 156 (Lisa) or x 158 (Meg).

Healthy Bones & Balance Classes Classes meet on Tuesday from 9:00 to 9:45 a.m. and Friday from 9:00 to 9:30 a.m. on Zoom.

Contact leader Gary Fentin at 369-0001 for information and the Zoom link.

Monthly Foot Care Foot clinics are usually held on the first Monday of the month in Town Hall **BY APPOINTMENT ONLY**. The next clinic will be on June 3. Clinic hours are 9:00 a.m. to 3:30 p.m. Please note that beginning in July, the fee will be \$25.00. For information or to schedule an appointment, call Pat Kocot at 369-4248 or 413-775-3629.

Senior Meals In most months meals are held at Town Hall on the second and last Thursdays of the month. Meals may be eaten in or picked up at noon. A strawberry shortcake lunch is planned for this month. For more information or to be added to our email or phone list for announcements, call Carolyn Thayer at 413-559-0282.

Walking Group The walking group has been enjoying its members' conversation and companionship while engaging in healthful exercise. Join the group every Monday, weather permitting, in front of the library. For the meeting time and more information, contact Phylis Dacey at 369-4326.

Yoga for Seniors Led by Jody Fontaine on Wednesdays in person at the library and on Zoom. Class times: mat yoga 10:00-11:00 a.m., chair yoga 11:15 a.m.-12:00 noon. Call Jody at 413-824-9435 for information or for the Zoom link.

Senior Services

Durable Medical Equipment Loans The COA has items of durable medical equipment available for loan, including wheelchairs, transfer chairs, walkers, crutches, canes, tub and shower chairs, commodes, and raised toilet seats. Call Hank Horstmann at 413-522-9240 to borrow equipment NOTE: Please, when loaned equipment is no longer needed, call Hank in order to return it

SHINE Counseling The SHINE (Serving the Health Insurance Needs of Everyone) Program provides free health insurance information and counseling to all Massachusetts residents with Medicare and their caregivers. People who have Medicare or who are about to become eligible for Medicare can meet with a counselor to learn about benefits and options available. A counselor will review programs that help people with limited income to pay health care costs.. SHINE counseling is available by calling LifePath at 773-5555 or by contacting Meg Ryan, one of Conway's public health nurses, at 774-3167 x 158.

Transportation for Medical Appointments & Shopping The Shelburne Falls Senior Center provides curb-to-curb van transportation within Franklin County for seniors 60 and over for in-county medical appointments and grocery shopping. Call the center at 625-2502 to make an appointment at least 48 hours in advance or for information about reservations and fees. An application with a copy of a photo ID is needed to be pre-approved for ridership. For rides to out-of-county medical appointments, call the FRTA at 774-2262 x 163 for information and reservations.

South County Senior Center Hybrid Programs

Classes are held both online and in person at the SCSC, 22 Amherst Road, Sunderland.

Calm Computing Classes Tuesdays at 10:00 a.m.: Navigating iPhone June 11, Android Telephone Overview June 18, Microsoft Word Tutorial June 25. To register contact Tom Patria at 665-9508 or scpa@town.deerfield.ma.us.

Knitting Circle Project for both novice and advanced knitters to create full-size or lap blankets. Time and dates: 2:00-3:30 p.m., June 14 and 28. Register at 665-2141.

Currents Advertisements & Notices

Rates for ads up to 150 words are: one month \$8.50, three months \$16.50; six months \$26.50, twelve months \$45.50. For cost of longer ads or to include images (limited), call or email Louise at 413-559-1180 or lmbeckett@crocker.com. Pay by checking account or credit card through the town's website <https://conwayma.gov/> > How do I . . .? > Pay for > Newsletter Advertising; or send a check to made out to **Town of Conway with Conway Currents in the memo section, PO Box 240, Conway, MA 01341**. Please send the text of your advertisement to Louise by email at lmbeckett@crocker.com. **Deadline is the 15th of the preceding month.**

Personal Care Aide (PCA)/Caregiver needed - in center of Conway. They say it takes a village to raise a child. Well it takes a village to keep an elderly person out of a nursing home as well. We have had very little luck finding people willing to travel to Conway despite our location on route 116. Do you have an hour or two a week to help prepare meals, do some dishes, mop the floor or vacuum? Flexible schedule is possible from one hour a week to multiple hours. We are currently working with LifePath but transitioning to MA Health shortly. What we need: Assist with ADL's daily and some shopping, cooking and companionship; Provide medication reminders; Pass a CORI check. \$19/hr.; 1 hr to 40 hours per week. Please contact David, 413-768-8751.

Baker's Country Store - open seven days a week for all-day take-out breakfast and lunch: Monday-Friday 6 a.m.-6 p.m.; Saturday 7 a.m.-5 p.m.; Sunday 7 a.m.-5 p.m. Find a variety of homemade desserts and baked goods – freshly baked cakes, muffins, pies, and cookies – and a large selection of last-minute items. Flavored iced coffee, smoothies, and hard ice cream are back! Vegetables and flower 6-packs and hanging flower baskets available. Check us out on Facebook: facebook.com/Bakers-Country-Store for today's specials or call 413-369-4936.

The Conway Inn - Open for pizza, chicken wings, and breadsticks, Friday and Saturday, 4 - 10 p.m.; Sunday 5 - 8 p.m. Call 413-369-4428 for takeout. Live music jams, second Friday 7 p.m. and third Thursday - starts around 6 p.m. - each month! Look for the blue flag on the porch.

Natural Roots Farm - We are a horse-powered CSA farm located along the South River right here in Conway. Enjoy this beautiful, bountiful farm and the vibrant community that we feed. Our farm store is open to the public year-round, self-serve during daylight hours. We offer eggs

from our own pastured hens as well as other local items including beef, chicken, pork, dairy, baked goods, honey, maple products, coffee, tea, ice cream, snacks, beverages and more! Details on our website:

www.naturalroots.com. Natural Roots, 888 Shelburne Falls Rd., Conway, MA 01341, 413-369-4269, farmers@naturalroots.com.

House Above The Hollow - Need accommodations for visiting family or friends? House Above The Hollow is a charming one-bedroom apartment in a lovely Greek Revival home overlooking the historic Pumpkin Hollow. For more info visit [airbnb.com](https://www.airbnb.com) House Above The Hollow.

Small Parcel Of Land To Sell? - Longtime Conway resident is looking to purchase 1-1.5 acres in Conway on which to build a modest home. Don't have land to sell? Maybe you know someone who does! Give a call or email: 413-210-1700 or erock42x@gmail.com

Your Home Town Realtor - Sarah Newman with Coldwell Banker Community Realtors. A Conway resident since 2002, I provide local, attentive and trustworthy service for home/land buyers and sellers throughout Franklin and Hampshire counties. To learn more about me, my services and brokerage company, please go to my website at Sarahnewmanrealtor.com. Here you will also find past client reviews and recommendations. Contact me directly at 413-548-6525 or sarah.newman@cbcommunityrealtors.com with any real estate questions you may have. I'd love to hear from you!

Hannah Harvester Fine Art - Offering drawing classes for children(afternoons) and adults (evenings) this summer with sessions starting Thursday June 20 and Thursday July 4. Classes are for all levels, from absolute beginner to advanced. Everyone can draw – really! – and drawing is a wonderful way to slow down and connect with the world around us. Come join me in my riverside barn studio, get quiet and focused, and do some drawing. See the “Classes” page on my website for details and to sign up: www.hannahharvester.com. And, a reminder that I am offering custom portraits and landscapes by freewill donation this summer. See my website for details, work samples, and to contact me.

It may be June already - but there are still plenty of crops to plant, and we have all the tools you need to get your planting done. Plant your lettuce, broccoli, and brussel sprouts with one of our USA-made Wilcox trowels and prepare for their harvest with one of our Zenport specialty harvest knives. Planting trees? Our Duckbill kits include anchors and cables to keep your trees secure, and are available in multiple sizes. Train your trees and vines using our long lasting, UV resistant rubber band tree

ties or vinyl tie tube. If you need to get to those hard-to-reach places, we have aluminum and wooden tripod ladders in stock and available in a variety of lengths! Call or stop by and talk with Gemma, Rebecca or Tim! Shop where the pros shop and thanks for buying locally! OESCO, Inc. (Orchard) M-F: 7-5; 369-4335

Jan & John Maggs Antiques and Art - 17th-century English oak furniture, Queen Anne and Georgian jewelry, artwork, carpets, small accessories, and more. Open by chance or appointment. Visit us online at jmaggs.com, email jmaggs@jmaggs.com, or call 369-4256 to arrange a visit. And feel free to knock whenever you see the blue doors on the front of the barn. We're downsizing our personal collections, and we'll do it through our website. Visit jmaggs.com in early June, where you'll find a link to ChezMaggs, which we hope will become an ongoing virtual tag sale. Antiques, fabric, vintage tableware, music, artwork, and much more – all online.

Debra Hoyle Studio and Gallery - Owner Debra welcomes visitors and browsers. The sign outside does say 'by appointment' but if the door's open or you see my car please stop by - a chance for me to take a break and talk about art with you! An appointment is fine, too, because I'm not there every day; no obligation on buying. A number of pieces are available for purchase, with some work specially priced to make room for newer work. Collage paintings are a fun addition to any home and they make wonderful gifts for others or for yourself! There's lots of art-making at 46 Main Street - hope to see you there! Summer exhibits are in the making - more on that later. In the meantime I'll have a couple of pieces up at the June 1 senior prom at Field Memorial Library. 413-325-5579 [instagram.com/debhoyle.art.rockpaperscissors](https://www.instagram.com/debhoyle.art.rockpaperscissors)

FREE! Native Plants Workshop - Saturday, June 8, 10am -11am. Workshop is sponsored by the MDAR and the Growing Wild program. Includes 2 free native plants grown right here at Wilder Hill Gardens. Learn how to use beautiful native plants in your own yard to provide food and habitat for pollinators, beneficial insects, and birds. Wilder Hill Gardens is open Saturday and Sunday 9-5. We propagate and grow our own flowering and evergreen shrubs, small fruits, trees, perennial flowers, annuals, herbs and cut flowers. Varieties are selected for foliage, flowers, habit and ease of cultivation, ensuring that you'll have plants especially suited for Conway's climate. Consultations, landscape design and installation services. 413-772-9065. lilianjackman@gmail.com; wilderhillgardens.com.

Summer string lessons - at Conway Fine Arts. Don't put that bow down - keep your violin, viola, or cello from Conway Grammar School over the summer and keep improving! Now enrolling group classes at our 86 Main Street studio of 3-5 students each: only \$20 student/ lesson. Openings for private lessons for children and adults of all levels, beginner to advanced. Study music with Geoffrey Archambeau, a professional classical violist and violinist with decades of experience performing and teaching. Improve how you play, listen, and hear. For more information, contact Geoffrey at conwayfinearts@gmail.com or 413-369-6068. Visit www.conwayfinearts.com for more information.

Singing workshop and concerts in June - Conway-based ensemble Tiny Glass Tavern presents an exciting program of folk, Celtic, early, and new music in their next program "Falling Asleep of Reason". Join us for our singing workshop and concerts Friday 6/7 at 5 p.m. (workshop) and 7 p.m. (concert) at the Adams Theatre in Adams, and Saturday 6/8 at 7:30 p.m. at Edwards Church in Northampton. Sophie Michaux: voice+accordion; Adam Simon: voice+mandolin+bass+guitar; Fiona Gillespie: voice+whistle; Paul Holmes Morton: voice+banjo+theorbo+baroque guitar. You'll hear an eclectic selection of music by Claudio Monteverdi, Connie Converse, Paul Holmes Morton, Fiona Gillespie, Adam Simon, Barbara Strozzi, and more. We'll include some sing-along elements, so get ready to sing with us! These events are made possible thanks to the support of the Massachusetts and Conway Cultural Councils. Information at www.tinyglasstavern.com.

Weeklong Summer Piano Programs for Kids - Glover Piano Studio in South Deerfield offers piano lessons for kids and adults of all ages. If you're interested in learning piano, book a free meet & greet lesson by contacting Dorothy Claire Glover at 601-421-5032, or email gloverpianostudio@gmail.com, or visit www.gloverpianostudio.com. Registration is now open for weeklong summer programs for kids ages 5+! The week includes group and individual piano lessons, with singing, movement, arts and crafts, and indoor and outdoor games. It's a gentle, fun approach to learning music alongside friends in a state-of-the-art studio. No prior experience in music or piano required, just a love of music. Each session runs M-F from 9 am - noon, with flexible drop off/pick up from 8 am - 1 pm at no additional cost. \$250 / students. For more information, visit www.gloverpianostudio.com.

Qigong Class for All - Qi ("Chi") is energy, vital force. Part of traditional Chinese medicine Qigong is about mastering your own energy. When you

have sufficient and balanced Qi, you have no fire; you are at peace. When you have too much, Qigong practice can balance its excess. Qigong coordinates body movements, dynamic and static postures, breathing exercises and meditation. Acupressure protocols are used to alleviate blockages. Qigong is energy cultivation: it's about aligning body, mind and spirit in one, to help bring clarity, awareness, balance, longevity, peace and fun. Just bring a mat and water! Class led by Alexandre Pazmandy, LMT- Every Saturday 10-11 a.m., 86 Main Street, \$25; Walk-ins welcome. 413-362-5173 - <https://ap.massagetherapy.com>

Archives, Collections, and Media Management - I offer design, management, and consultation for personal, ancestral, artistic, and community-oriented audiovisual archives. I also offer a range of media management and post-production support for documentaries, oral history projects, and digital storytelling projects. I am experienced in digitizing analogue materials, reformatting digital materials, and working with born digital materials. Beyond archiving, my professional background includes oral history and digital storytelling (video production, post-production, audio engineering, web design, and photography), which I put to use within archival, retouching, reformatting, and editing processes. I am particularly interested in projects involving marginalized voices and perspectives. Please send a brief outline of your project and how I might be able to support you to tendingcenter@pm.me. More info: www.tending.center

Elevate your wellness journey - with personal training by Christa Morrison! Dedicated to lifelong wellness, I offer personalized tailored sessions to achieve your goals. Whether you seek weight loss, muscle gain, or overall fitness, my holistic approach covers every aspect. With a focus on proper form, I empower you to build strength, endurance, and confidence. Visit me at Common Ground Fitness in Greenfield, MA, or contact 413-775-9944 info@commongroundfitness.com to schedule. Let's embark on this transformative journey together toward a healthier, happier you!



Northern Lights over Conway; Mike Haley

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