Conway Council on Aging Minutes, Meeting of December 4, 2024

Present: Gail Connelly, Pat Kocot, Kathy Llamas, Pat Lynch, Carolyn Thayer, Robin Yerkes

Absent: Hank Horstmann

Item 1: MINUTES The minutes of the November 6 meeting were approved.

Item 2: FINANCE REPORT

Here are the current balances:

Foot Clinic Yoga

a General Fund

\$4,297.22 \$2,868 \$1,588

Item 3: COA ACTIVITIES REPORTS

• Durable Medical Equipment Hank was absent, so no report.

- Foot Clinics Pat K spoke about the problem of cancellations made too late for her to fill the spot; we still have to pay the nurses for their time, so this is a cost for us. MOTION: To charge clients for late cancellations and no-shows. PASSED unanimously. After discussion about whether to present the reasons in *Currents*, we decided to simply state the new policy: Without 48-hours notice, clients will be responsible for the fee. Rather than passing the fee to Foot Care by Nurses, we will deposit it to our account.
- **Healthy Bones & Balance Classes** Well attended when Gary is in town. Participants have the option of attending the Amherst Zoom classes when he isn't here.
- Senior Meals Carolyn has 49 people booked for the dinner at the Whately Inn. Meals will return to a normal schedule in January.
- Yoga Well attended.

Item 4: OLD BUSINESS

- National Senior Citizens Day Kathy noted that those who attended our National Senior Citizens Day celebration enjoyed it, and she wants us to hold it again next year. Having more advance publicity was suggested, including a notice in the *Recorder*. Kathy will plan on doing that.
- Hybrid Program Interviews Kathy will talk to Adam Reed about getting her set up with the computer password and whatever else is necessary. She plans to talk to Bill Burnett of the Historical Commission, who has been conducting "Neighborhood Chats"—interviews with past and present Conway residents—who may have ideas about potential interviewees. Pat L suggested famous residents such as John Crowley or Ellen Watson or such long-time residents as Jim Moore and Maureen Chase.

Item 5: NEW BUSINESS

None.

Next meeting: February 5