Conway Council on Aging
Minutes, Meeting of September 2, 2026

Present: Gail Connelly, Hank Horstmann, Pat Kocot, Kathy Llamas, Pat Lynch, Robin Yerkes
Absent: Carolyn Thayer

ITEM 1: APPROVAL OF MINUTES The minutes of the August 5 meeting were **APPROVED**.

ITEM 2: FINANCE REPORT
Carolyn was not present, but she sent in her report.

Foot Clinic	Yoga	Town Appropriation	Donation acct.
$5,839.86	$2,222	$5,688	$100

Hank expressed a need for a more detailed finance report that shows expenditures, not simply the balance in each account. Pat L had, at the August meeting, stated that rather than splitting the Formula Grant between the foot clinic and yoga, which has led to unspent Formula Grant funds, these expenses should be combined. Discussion of COA finances was **TABLED** until the October meeting, since Carolyn was not present.

ITEM 3: ACTIVITIES REPORTS

- **Durable Medical Equipment** Hank**'s** report is the same: He delivers equipment when it is needed and picks it up when it is no longer needed.
- **Foot Clinics** Pat K reported a call from Kate of Foot Care by Nurses saying that several clients have requested that a second day be added for clinics. We cannot afford this. We discussed possible alternatives to adding another day.
- **Healthy Bones & Balance Classes** Well attended when Gary is in town. He was away in August for a week-long trip to the Grand Canyon and again for a two-week bike trip to Norway.
- **Senior Meals** Well attended as usual. Meals at the Sportsman's Club are popular and there will be one in September.
- **Yoga** Going well.

ITEM 4: AGE-FRIENDLY COMMITTEE REPORT

- Robin questioned why she is asked to submit this report. Pat L pointed out that the AFC Committee has to have a member who serves as its representative to the COA, and Robin had offered to be that rep. Robin didn't remember having done that. She asked about other AFC members. Pat explained that other than Kat—who had also offered to be the rep—they aren't COA members and can't serve in that role.
- There was no August AFC meeting. At the September meeting, the AFC will discuss how to use its grant money. Pat L suggested starting a tai chi class, which would be in the AFC's purview: physical exercise, socialization.

ITEM 5: OLD BUSINESS

- Kat will follow up on her tai chi instructor contact.

- Pat L distributed hard copies of the old bylaws and the suggested revised bylaws. Hank asked why she had done this, and Pat explained that the old bylaws were outdated.

Next meeting: October 7