

**Conway Council on Aging  
Minutes, Meeting of May 6, 2026**

Present: Hank Horstmann, Pat Kocot, Kathy Llamas, Pat Lynch, Carolyn Thayer, Robin Yerkes

**Item 1: APPROVAL OF MINUTES** The minutes of the April 1 meeting were approved.

**Item 2: FINANCE REPORT**

| Balances: | Foot Clinic | Yoga  | Town Appropriation |
|-----------|-------------|-------|--------------------|
|           | 63.90       | 1,622 | 3,665              |

The Finance Committee approved a \$2,500 transfer from the Reserve Fund. We have not yet heard from the Wells Trust about our grant application.

**Item 3: ACTIVITIES REPORTS**

- **Durable Medical Equipment** Everything is normal. Hank still needs to clear out excess equipment.
- **Foot Clinics** Clinics are fully booked, and there is a waiting list. The clinic has been serving 30 clients each month. We approved having a third nurse from 9:00 a.m.-1:00 p.m. for the June clinic.  
**MOTION:** To approve the purchase of a third reclining chair for the foot clinics.  
**APPROVED**
- **Healthy Bones & Balance Classes** Well attended. Gary will be moving to Northampton but will continue leading the classes.
- **Senior Meals** Well attended; more than thirty people sometimes. An inspector came to check out the kitchen and reported several violations. One was the need for a hand-washing station; Carolyn purchased plastic basins for that purpose.
- **Walking Group** The group is meeting at 9:30. In *Currents* the contact number will be changed to Carolyn's. She reported that they walk safely, facing traffic where there are no sidewalks. She noted that many town sidewalks are in need of repair.
- **Yoga** Going well.

**Item 4: OLD BUSINESS**

- **Senior Citizens Day** We will hold it on Saturday August 22, although the actual day is Friday, the 21<sup>st</sup>. Details will be firmed up at the next meeting.

**Item 5: NEW BUSINESS**

- Kat reported that a visiting group from Boston has created a new Disability Committee in the town; she, Véronique, and Mary McClintock are members. Kat will get more details and report back to us at our next meeting. Pat L pointed out that it would be important for this group to meet with the COA and the AFC Committee, because both groups can provide feedback on needs to be met by the town, such as sidewalk repairs and the heavy doors in public buildings such as Town Hall.
- Robin said that both Big Y and Whole Foods are making unlimited free home deliveries for a fee of \$10/month. She will get more details to confirm this and will report back.

**Next meeting:** June 3