

Board of Health Meeting

Monday December 22, 2025 @ 5:00 pm

Town Hall Office Meeting Space

* * * Meeting Minutes * * *

0. Meeting preliminaries

- Open meeting / take attendance
 - i. Meeting Opened at 5:05 pm
 - ii. Kat Llana, Gina McNeeley, Daniel Sheff, Hanna Sherman, and Hazel Goleman
- Approve the minutes of the December 8, 2025 meeting

Motion, by Hazel, to accept the minutes as written. Seconded by Hanna - Passed

1. Mail and Invoices

Naccho Monthly Newsletter

2. FRCOG inspections / report

Tabled, no representative from FRCOG present

3. Meetings / Trainings attended by board members

- i. Kat – monthly DPH meeting, began ICS-800
- ii. Gina – epidemiologist webinar – some topics were tick bombs, alpha gal syndrome, and a new drug causing dangerous withdrawals. Info on alpha gal and the new drug to be posted on the BOH page of the town website.
- iii. Hanna – reviewed slides from the monthly DPH meeting

4. Health and wellness report – **SEE ATTACHED**

5. Review “Action Plan”

A way to track initiatives. Laurie will share the template on Teams, which can be updated by members. Items discussed at meetings will be updated by Laurie.

Some items discussed are regular education sessions for the public, how to make homemade tick tubes, setting up a Facebook/Instagram page for the Board of Health as an additional way to reach the public with important health information.

6. Chairperson update

Upcoming tabletop exercise for emergency response – Gina and Kathy to attend

7. Clerk update

Teams – will remove and re-invite members as nobody other than Hazel can log on.

8. Unanticipated items of concern that arise after posting

CPHS budget options for FY2027. Motion by Daniel to vote in favor of Option B. Seconded by Kathy - Passed

9. Public comments

None

10. Meeting wrap-up

- Next meetings

- i. January 12, 2026, at 5:00 pm

- ii. January 26, 2026, at 5:00 pm

- Close meeting

Motion by Daniel, to close the meeting at 6:07 pm, seconded by Hazel - Passed